

BEESWAX RECIPES

Moisturing Vitamin E Cream

4 oz. sweet almond oil
1 oz. beeswax
2 oz. water
10 drops Vitamin E oil
10 drops lavender essential oil

Melt the oil and the wax in a double boiler, Remove from heat, add water, and stir thoroughly.

Add your Vitamin E, essential oil and stir continuously until cool. This cream is very moisturizing and emollient.

It is nice for rough, dry, or chapped complexions and should help promote healthy looking skin.

After you have added the essential oil and the cream is still warm enough to pour, carefully pour it into Salve Jars or Metal Tins, we offer both below.

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Antiseptic Balm (Use instead of antiseptic ointment, this is far superior!)

Ingredients:

2 ounces Beeswax
3 ounces Sweet Almond Oil
1 ounce Jojoba Oil
20 drops Wheatgerm Oil
20 drops Myrrh Essential Oil
20 drops Tea Tree Essential Oil

(Makes enough to fill 4 each 1 ounce salve jars or 1 ounce metal tins)

A rule of thumb is 2 parts oil to one part beeswax. Simply heat the Sweet Almond and Jojoba oil in a saucepan and add Beeswax. If you want a thin consistency (such as a cream or Vaseline) add only a little bit of Beeswax. Want it thicker like wax? Just add more Beeswax.

Allow the base to cool down to see what the consistency is like. If it's too thick, add more Sweet Almond oil and reheat, too thin?, add more Beeswax.

As the base is cooling add the essential oils to enhance the healing effect of the balm. These essential oils can be found in our Essential Oil List.

After you have added the essential oil and the lip balm is still warm enough to pour, carefully pour it into Salve Jars or Metal Tins, we offer both below.

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Herbal Salve

Make different Herbal Salves simply by changing/mixing different essential oils!

Ingredients:

2 ounces Beeswax
3 ounces Sweet Almond Oil
1 ounce Jojoba Oil
1/2 oz. Canola oil
40 drops total essential oil of your preference

(Makes enough to fill 4 each 1 ounce salve jars or 1 ounce metal tins)

Simply heat the Sweet Almond, Canola oil and Jojoba oil in a saucepan and add Beeswax. If you want a thin consistency (such as a cream or Vaseline) add only a

little bit of Beeswax. Want it thicker like wax? Just add more Beeswax.

Allow the base to cool down to see what the consistency is like. If it's too thick, add more Sweet Almond oil and reheat, too thin?, add more Beeswax.

As the base is cooling add the essential oils to enhance the healing effect of the balm. These essential oils can be found in our Essential Oil List. After you have added the essential oil and the lip balm is still warm enough to pour, carefully pour it into Salve Jars or Metal Tins, we offer both below.

- Use Bayleaf Essential oil for relieving rheumatism.
- Use Bergamot Essential oil for colds, bronchitis systems, i.e. chest rub.
- Use Caraway Essential oil for antiseptic quality.
- Use Cardamon Essential oil for aphrodisiac quality. Use Clary Sage Essential oil for anti-inflammatory, aphrodisiac and scalp problems
- Use Cedar Essential oil for relieving Chronic anxiety and stress.
- Use Citronella Essential oil for making a insect repellent salve.
- Use Eucalyptus Essential oil for chest rub, relieves congestion, eases breathing
- Use Frankincense Essential oil for asthma and other respiratory problems.
- Use Gardenia Essential oil for chest rub, said to relieve flu conditions, fever, hypertension and palpitations.
- Use Juniper Essential oil for emotionally cleansing effect. Calms the nerves.
- Use Orange Essential oil for a lighter body lotion, said to relax, relieve sexual apprehension, and is antiseptic and antibactericidal.
- Use Patchouli Essential oil for antiseptic, aphrodisiac qualities.
- Use Rosemary Essential oil for relieving tired muscles.
- Use Tea Tree Essential oil for Antiseptic, antifungal, antiviral qualities.

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Itch Relief Salve (Good for posion ivy, posion oak)
1 pint Sweet almond Oil
2 ounces Beeswax
1 tablespoon Chickweed Powder
1 tablespoon Comfrey Powder

Put chickweed and comfrey powder into sweet almond oil and simmer 3 hours. Strain and add beeswax. Pour into salve jars or tins.

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Coconut Butter Body Moisturizer (Good for wind and sunburned skin)
Ingredients
2 tablespoons beeswax
2 teaspoons distilled water
4 oz. cocoa butter
4 tablespoons sweet almond
2 tablespoons coconut oil

Melt the beeswax over low heat with the water. Spoon in cocoa butter and blend. Gradually blend in oils. Pour into glass jar. The lotion will thicken as it cools.

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Vaseline Type Jelly

This makes a great vaseline type jelly.

1 ounce (weight) beeswax

1/2 cup baby oil

Melt the beeswax in a microwave or a double boiler. Stir in the baby oil.

Remove the mixture from the heat and stir until cool.

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Skin Cream (by Elaine White)

2 1/2 ounces (weight) beeswax

4 ounces (weight) lanolin

2/3 cup baby or mineral oil

3/4 cup water

1 teaspoon borax (sodium borate, CP)

Fragrant oil (optional)

Melt the oil, lanolin and beeswax to 160 degrees F. Heat the borax and water in a separate container to 160 degrees F. Be sure the beeswax is melted and the borax is dissolved. Add the water mixture to the oil mixture while stirring.

When a white cream forms, stir slowly until the mixture cools to 100 degrees F.

Pour the cream into small, wide-mouth jars.

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Pain Relief Salve

1 tablespoon Chickweed powder

1 tablespoon Wormwood Powder

10 drops Tea Tree oil

2 pints Sweet Olive Oil

3 ounces Beeswax

Mix together chickweed, wormwood powder, add the mixed herbs to sweet olive oil and simmer 3 hours. Strain and add beeswax and Tea Tree Oil. Pour into salve containers.

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HAND CREAM

2 ounces beeswax

1 cup sweet almond oil

1 cup water

10 drops essential oil (if desired, for fragrance)

Heat beeswax and sweet almond oil until the wax melts. In another container, heat water until warm. Both mixtures should be warm, but not so hot as to be uncomfortable to the touch.

Place warm water in a blender. Cover the blender, leaving open the small opening in the cover. With the blender running on high speed, slowly pour in the beeswax-oil mixture in a thin stream. When most of the oil has been added, the mixture should begin to thicken.

At this point, add the essential oil. Continue to add oil and blend until the mixture is sufficiently thickened. Turn off the blender. You should have a thick cream. Spoon into salve jars or metal tins.

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Body Lotion

This is a great recipe that does not spoil easily without the aid of refrigeration. It makes about 2 cups of lotion.

1 cup of aloe vera gel
1 teaspoon of lanolin
1 teaspoon of pure vitamin E oil
1/3 cup of coconut oil
1/2 ounce of beeswax
3/4 cup of almond oil
Up to 1 and 1/2 teaspoons of essential oil of your choice or more to prolong scent

Place aloe vera gel, lanolin and vitamin E oil in a blender or food processor. Place coconut oil and beeswax in a 2 cup Pyrex measuring cup, microwave on high for 30 seconds and stir. Repeat in ten second blocks until fully melted.

Stir in almond oil, reheating if necessary. Run blender at low to medium speed, then pour in melted oils in a thin stream. As the oils are blended in the cream will turn white and the blender's motor will begin to grind. As soon as you have a mayonaise-like consistency, stop motor, add essential oils and pulse blend. Do not overblend. Transfer cream to glass jars while still warm because it thickens quickly.

This recipe was found in the Winter 97 issue of Handcraft Illustrated Magazine. The article was written by Amy Jenner

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Sweet Lavender Ointment

4 ounces sweet olive oil
3 to 4 ounces beeswax
1 ounce cocoa butter
15 drops vitamin e oil
25 drops lavender oil

Combine the sweet olive oil, beeswax, cocoa butter and heat thoroughly in the top of a double boiler. Remove from the heat. Add the vitamin e, lavender oil and beat well. Pour into salve jars and allow the mixture to cool before covering.

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Basic Lotion Bar

From an email from Patti's Pleasures

Ingredients:

3 ounces beeswax
2 ounces cocoa butter
3 ounces sweet almond oil

Melt and mix all ingredients thoroughly. Mold into desired shape.

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Rich Hand Cream

by Rosemary Gladstar in Tasha Tudor's Heirloom Crafts

Ingredients:

3/4 cup sweet almond oil
1/3 cup coconut oil or cocoa butter
1 Teaspoon lanolin
1/2 ounce grated beeswax

Melt ingredients together over low heat and cool to room temperature. When cool, add:

- 2/3 cup rosewater
- 1/2 cup aloe vera gel
- 1 - 2 drops rose blend EO
- 5 drops Vitamin E oil

Whip all ingredients to a smooth consistency. Store in a sterile covered jar.

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Solid Perfume

Ingredients:

- 3 parts Sweet Almond or Jojoba oil
- 2 parts White beeswax
- 1 part Cosmetic Grade Fragrance Oil, choose from our huge line of Rachel's Cosmetic Grade Fragrance Oils

Melt all ingredients over double boiler until well mixed and integrated. Pour in to containers and let cool.

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LIP GLOSS

- 2 teaspoons beeswax
- 2 tablespoons, sweet almond oil or coconut oil
- 5 drops essential oil (such as orange, lemon, grapefruit, tangerine, coconut or mint)
- 2 drops vitamin E capsule

(optional: to tint, up to 1/4 teaspoon lipstick)

Melt the oil and beeswax together. Remove from heat. If coloring, stir in the lipstick. When the mixture has cooled to lukewarm, stir in essential oil and the vitamin E. Transfer to a small container.

Stir occasionally while cooling. If a thicker gloss is desired, increase the amount of beeswax. (Experiment with other additions such as baking chocolate, crushed peppermint candy, cocoa butter, vanilla bean, oil of cinnamon, oil of camphor or eucalyptus for soothing chapped lips, wheat germ oil, etc.)

Add oil-based ingredients to the oil phase, and water-soluble ingredients to the water phase.) This is a great way to use up leftover or too-dark lipstick.

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BEESWAX WOOD FINISH (for bare wood)

- 1 pound beeswax
- 1 pint turpentine (odorless, if you can find it)
- 1 pint boiled linseed oil

Melt wax. Remove wax from heat source, then stir in turpentine and oil. Before applying to bare wood, warm the mixture to achieve better penetration. Apply with a soft cloth, let dry, then buff with a wool cloth. Old coats can be removed with an organic solvent such as turpentine. This can also be used on leather. (Another wood finish can be made with 1 pound beeswax and 1 pint turpentine, omitting the linseed oil.)

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BEESWAX WOOD CONDITIONER (for previously finished wood)

- 1 ounce beeswax
- 1 pint turpentine
- 2 cups water
- 1 ounce Ivory soap flakes

Shred wax into turpentine; cover and leave in a warm spot. Shake container from

time to time.

Bring 2 cups water to a boil.

Add soap and stir until dissolved. Add it to the wax/turpentine, stirring briskly until an emulsion forms.

IMPORTANT SAFETY TIP: Beeswax melts at 143-148 degrees. It is pliable at 100 degrees. All waxes will ignite explosively when they reach their flash point temperature. To melt beeswax safely, place it in the top of a double boiler, or place the container of wax in a larger container of hot water. Do not melt beeswax in a microwave, as it could become hot enough to ignite. Do not cover the beeswax while melting in a container of water, as steam may condense on the inside of the cover resulting in water in the wax.

MEASURING TIP : To measure a small amount of beeswax, grate it before melting.