

# Easy way to heat your home for free forever !–Biomass briquettes

Posted on NOVEMBER 4, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Easy way to heat your home for free forever !–Biomass briquettes

Which is better: recycling all your paper, or soaking it and making briquettes to burn and so reducing the need for heating oil deliveries?

Every time we put out a kilogram of paper to be recycled we are effectively saving 3-4 kilowatt hours of energy – and 30 litres of water – from being used to make new paper out of virgin timber, according to environmental charity WasteWatch. That's the potential saving. But what it doesn't say is how much energy it takes to turn that old paper back into paper ready to be reused. (It's also worth bearing in mind that 51% of our recycled paper is sent abroad for processing.) Soaking, processing, and transporting recycled paper is clearly an [energy-intensive](#) business. Plus, the process isn't infinite: paper can only be recycled about five times before the fibres degrade beyond use. [\[Read more...\]](#)

Filed Under: [DIY](#), [SELF-SUFFICIENCY](#) Tagged: [BIOMASS BRIQUETTES](#), [BURNING A WOOD BRIQUETTE](#), [EASY WAY TO HEAT YOUR HOME FOR FREE FOREVER](#), [TECHNOLOGY OF BRIQUETTES](#)

## Vehicle Survival: How to Successfully Live in Your Car (By Someone Who's Done It)

Posted on OCTOBER 13, 2015 Written by [ERICH](#) [2 COMMENTS](#)



## Vehicle Survival: How to Successfully Live in Your Car (By Someone Who's Done It)

*The following is a guest post by Javier C. who spent over a year living successfully out of his car. He shares his insights in this article. Keep in mind many of these tactics Javier details here would easily apply if you were ever forced to bug out with your vehicle.*

From August 25th 2012 until over a year later, I slept and lived in my car in Los Angeles, California. I moved to Los Angeles for a dream and did not realize how expensive it was to live there. [\[Read more...\]](#)

Filed Under: [DIY](#), [YOU SHOULD KNOW](#) Tagged: [FOODS](#), [LIVE IN YOUR CAR](#), [PREPPER](#), [VEHICLE SURVIVAL](#)

## Things They Do not Want You to Know — Motorbike that runs on Water: 1 liter to travel 500km

Posted on JULY 27, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



Things They Do not Want You to Know — Motorbike that runs on WATER: 1 liter to travel 500km

A water-powered motorbike with the ability to travel up to 310 miles on a litre of H<sub>2</sub>O is turning heads in Brazil.

The 'T Power H<sub>2</sub>O' motorcycle was created by Sao Paulo-based public officer Ricardo Azevedo and can even be powered on polluted river water.

The design features a combination of water and a single external car battery, which is used to produce electricity and separate hydrogen from the water molecule.

[\[Read more...\]](#)

Filed Under: [DIY](#), [PREPPER](#) Tagged: [DIY](#), [MOTORBIKE THAT RUNS ON WATER](#), [PREPPER](#)

## The Multi-Fuel Generator: Don't Depend on Just Gas...

Posted on JULY 14, 2015 Written by [ERIC PETERS](#) [LEAVE A COMMENT](#)



## The Multi-Fuel Generator: Don't Depend on Just Gas...

Having a generator for back-up power is great – unless you don't have the *fuel* to run the generator. The irony of the portable back-up generator – most of them, at least – is that they run on gas. And what's the item that's usually hard to get when the power's down?

*Gas.*

About two weeks ago, a violent storm line called a [derecho](#) passed through our area; thousands of people lost power – not for a few hours, but in some cases, for a week or more. The lines queued up real fast at local gas stations – the ones with still-operable pumps, anyhow. You could not even buy a portable five gallon (or 1 gallon) gas jug at any Lowes or Home Depot in the area.

[\[Read more...\]](#)

Filed Under: [DIY](#), [PREPPER](#) Tagged: [ALUMINUM ADAPTER BLOCK](#), [EMP ATTACK](#), [MULTI-FUEL GENERATOR](#), [PREPPER](#), [SHTF-TYPE SCENARIOS](#)

# How To Make Your Own Smoke Bombs

Posted on JULY 2, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)





## How To Make Your Own Smoke Bombs

Smoke bombs are great for signalling if you are in distress or need a quickly concealed getaway. This video shows you how to make high volume smoke with ingredients you can find at your local Wal-Mart and eBay. If you're lost in the woods and spot a rescue plane a smoke bomb can save your life!

### Ingredients:

60g KNO<sub>3</sub> (Potassium Nitrate)

40g Pure Cane Sugar

2tbs Corn Syrup

1tbs Water

2" Visco Fuse

1 teaspoon Baking Soda (optional, makes the smoke bomb flameless)

[\[Read more...\]](#)

Filed Under: [DIY](#), [HOW TO...](#) Tagged: [HOW TO MAKE YOUR OWN SMOKE BOMBS](#), [SMOKE BOMBS](#), [SMOKE GRENADE](#)

[COOKING COCACOLA • AMAZING DIY](#)

# How TEG Power Generator & Thermoelectric Generator Work

Posted on MAY 29, 2015 Written by [AMY S. LEAVE A COMMENT](#)



## How TEG Power Generator & Thermoelectric Generator Work

Newly designed thermoelectric power generators (TEG), will operate at an industry leading 7-8% efficiency. Our research goal is to increase that to 10% net efficiency. First prototype elements were tested in February 2009 with some success. The new element design will eventually be manufactured on automated equipment, making them the first to be manufactured using full automation. The new elements are very high power in the 100 to 200 amp power range. The cost to produce these elements should be lower than present elements in large quantities with greater power output ability.

[\[Read more...\]](#)

Filed Under: [DIY](#) Tagged: [DIY](#), [POWER GENERATOR](#), [TEG POWER GENERATOR](#), [THERMAL ELECTRONICS](#), [THERMOELECTRIC GENERATOR](#)

# Free Energy & Development Plans Electricity Power Generator

Posted on MAY 2, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Free Energy & Development Plans Electricity Power Generator

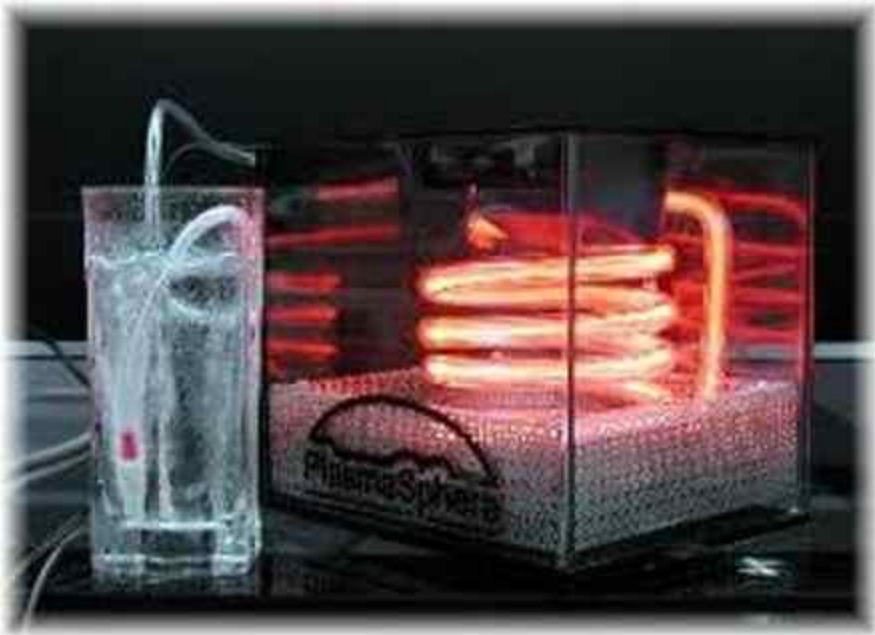
Many people are looking for green and free energy to power their homes. While searching online they get confused by the amount of information and offerings available. The big problem is knowing which one you can really trust. The average person doesn't have the time, energy or expertise to test these solutions. These solution,Liberty Generator (Build and make your own energy source) worked SO well that I managed to pull together enough electricity that could easily supply all the power needed for an average house. In a world of problems and solutions, few ideas spur both immediate hope and skepticism as the idea of free energy, and, on the brink of ecological disaster, nothing may be of greater importance to the human race.

[\[Read more...\]](#)

Filed Under: [DIY](#), [HOW TO...](#) Tagged: [FREE ENERGY & DEVELOPMENT PLANS ELECTRICITY POWER GENERATOR](#), [GENERATOR](#), [LIBERTY GENERATOR](#)

# MAKE A \$20 OZONE GENERATOR AN OZONE WATER INJECTOR

Posted on **APRIL 2, 2015** Written by [AMY S. LEAVE A COMMENT](#)



## MAKE A \$20 OZONE GENERATOR AN OZONE WATER INJECTOR

Need some cheap ozone? Here's an experimental ozone generator based on readily available parts that you can build cheaply to clean up the air in your surroundings or get rid of strong odours. I think the latter will appeal to the people who grow exotic herbs in their homes, or live in damp climates where mould is a problem.

This project generally works well, but it's output depends on the components used. It's also very much a bare-bones experimental device so you build it entirely at your own risk. [\[Read more...\]](#)

*Filed Under:* [DIY](#), [HOW TO...](#) *Tagged:* [MAKE A \\$20 OZONE GENERATOR AN OZONE WATER INJECTOR](#)

# How To Build A DIY Portable Solar Power Generator (For Under \$200)

*Posted on* **MARCH 31, 2015** *Written by* [MOUNTAIN MAN JOHN](#) [2 COMMENTS](#)





## How To Build A DIY Portable Solar Power Generator (For Under \$200)

*Have you ever gone on a camping trip with non preppers?*

This project was born from a camping with my better half and a group of friends. These friends are not of our prepper mindset and as such had no way to recharge their phones, batteries or run any kind of device that required power.

(Personally, I welcome the screen-free days.)

We were camping for 5 days so it wasn't long before they started to come to me to use my inverter. I normally have a small 150w stashed in the trunk for emergencies, or times like these.

On the last day of camping, we got into a discussion on the **number of batteries we had all gone through over the 5 days** and how much it had cost us...needless to say I wasn't happy at the final figure and decided that for the next trip, I would have something that would save us all money and would preferably be free.

The idea for a portable solar generator was born!

This was my first foray into solar power, and I wanted to share this with you to show **how easy it can be done**, and why you shouldn't be afraid to get your hands dirty with solar power.

How to make your own energy [Watch the video ▶](#)

## My Requirements

First up I made a list of my requirements;

1. **Has to be portable** – large deep cycle batteries were out unless I wanted to drag a trolley with me and that would pose a problem fitting it into the car.
2. **Has to power anything that requires a USB and/or DC connection** – I didn't need to power any A/C appliances such as a refrigerator or a television.
3. **Should look inconspicuous and not out of place in a home, car or tent** – this project was also for post SHTF moments and I wanted to have it to hand without guests asking questions.

Here is what I came up with – the finished product.



What follows is a list of materials and tools used to construct. *(note – all of the products were purchased via Ebay UK, the same or similar can be had from Ebay.com)*

## Materials List

- 4x Power Sonic 12v 7ah Deep Cycle Batteries
- 36x A Grade Solar Cells (inc Flux Pen, Tabbing Wire & Bus Wire)
- 20" Tool Box
- Hella Socket & Plug
- 12v DC Socket
- 12 AWG Wire Black (2m)
- 12 AWG Wire Red (2m)
- Inline Fuse Holder
- 10amp PWM Charge Controller
- Digital Watt Meter (Battery Power Analyser)

- 100x Male & Female Spade Connectors
- 4m 5mm Wide Bus Wire
- 8m Tapping Wire
- 2x Blue LED Rocker Switch
- 2x Red Rocker Switch
- Chocolate Block Connector
- 2.4w 12v Trickle Charger

## Tools Required

- Digital Multimeter
- 80w Soldering Iron

The total cost for the project so far is around \$200, including the 30 watt solar panel I am in the process of making. You can save money buying from the online auction sites such as Ebay.



**Stuned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

## The Build

Here we have all of the major elements that will be going into or onto the tool box.





Next a shot of 1 of the 4 batteries I used, these are 12v 7ah batteries, normally used to power electric bikes, scooters and toy cars.

**Lucas**



*The power of ENERGY*

**LSLA7-12 (12V 7Ah/20Hr)  
Valve Regulated Lead Acid  
Rechargeable Battery**

**CAUTION:**

- **Avoid short circuiting battery terminals**
- **Always charge in well ventilated conditions**
- **Always recharge after use**

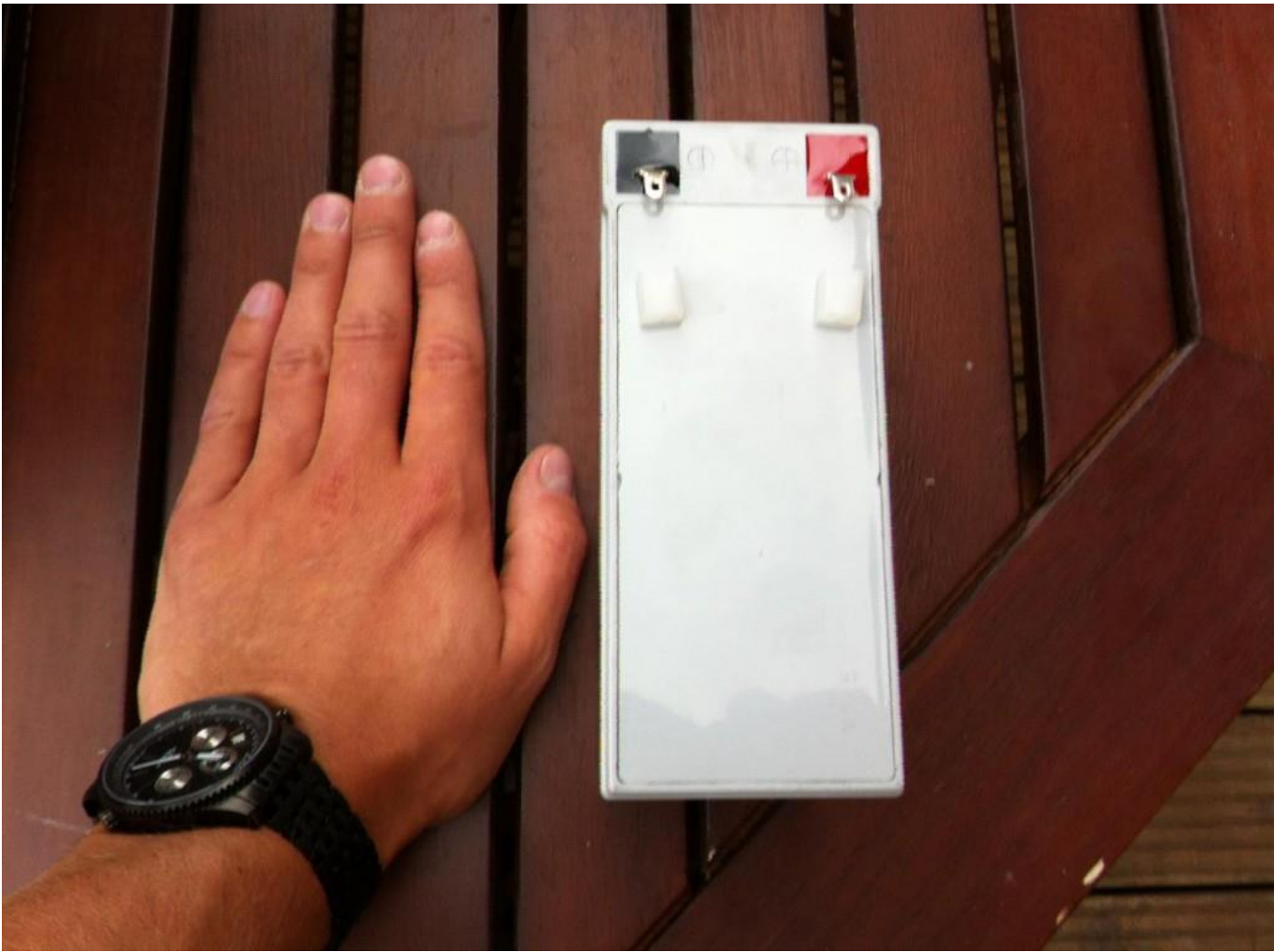


One for scale!



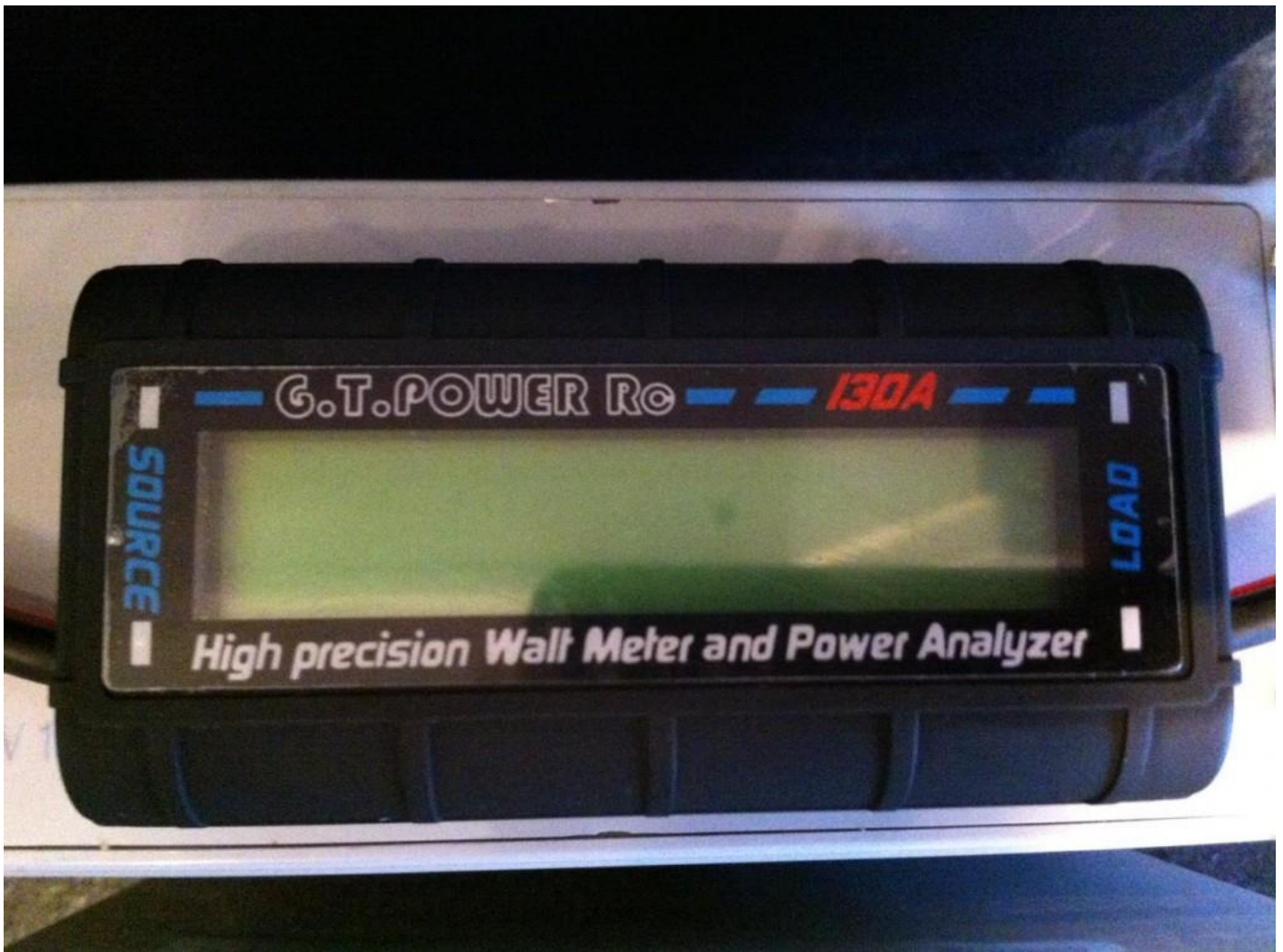
You can see the terminals used on the top which make connecting wires very easy with female spade connectors



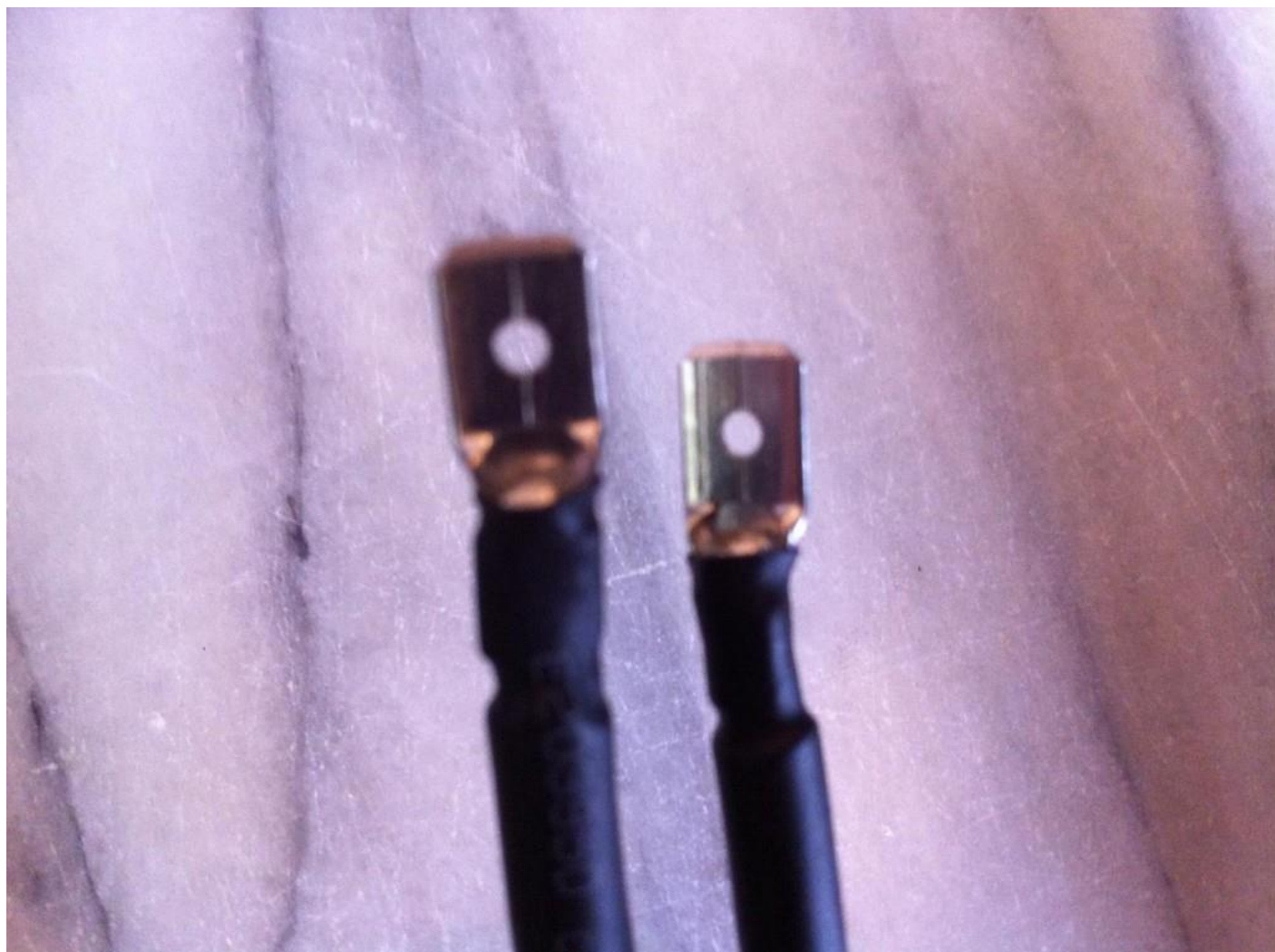


Here is a close up of the digital battery power meter I picked up for around \$25 on Ebay





It didn't come with any connectors so I had to add spade connectors and heat shrink to make it look nice!





Here is the second charge controller I bought as the first didn't work 



Charge Controller – Controls the power to and from the batteries and solar panel

Next up we have the Hella socket and plug





The 2v DC sockets and switches installed in the lid (which has the orange cover) My Dremel tool made this so easy!



My master power switch and power analyzer under the lid on the opposite side to the 12v DC plugs



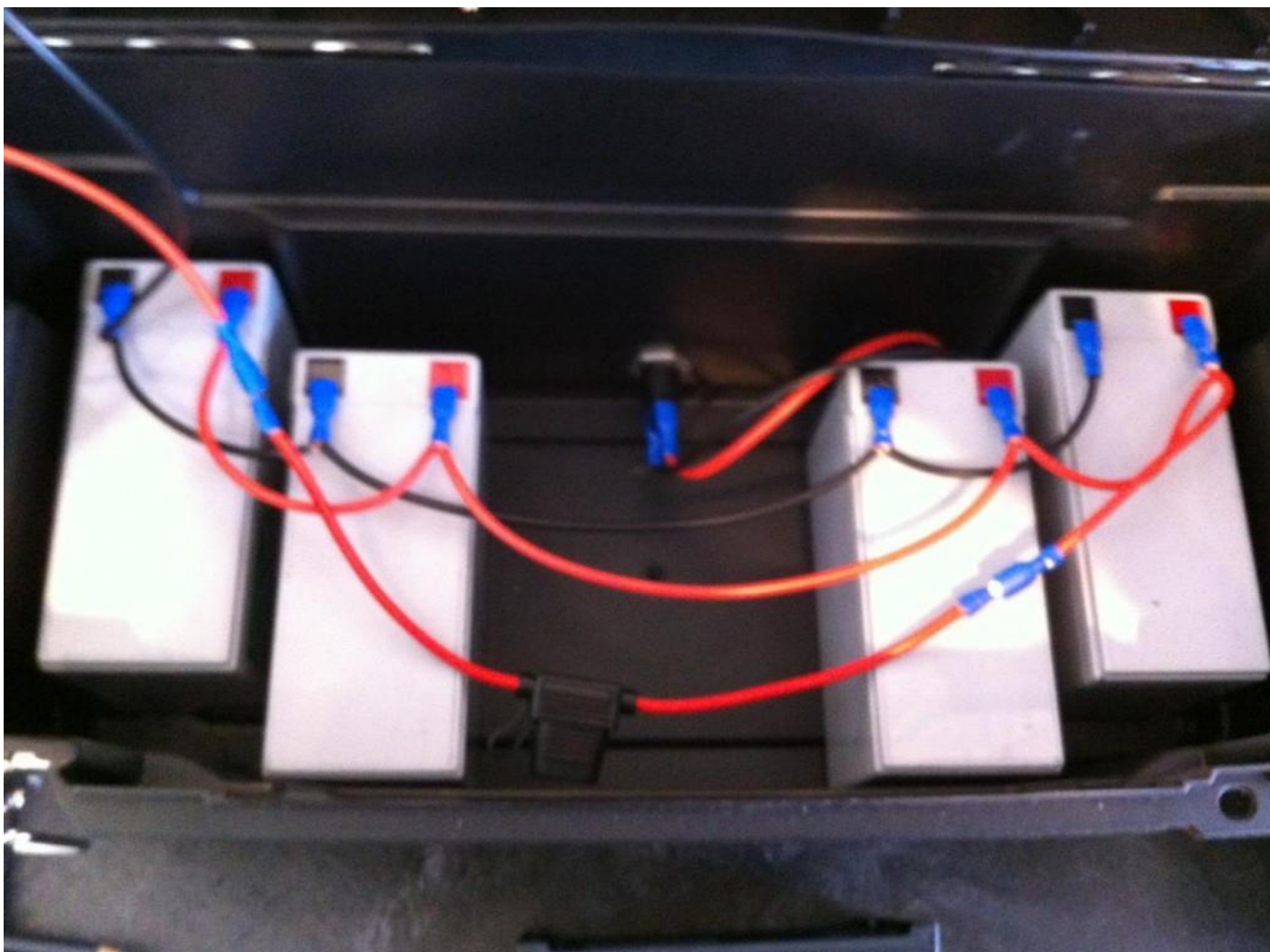
Here's how it looked underneath





Then I wired the 4 batteries in parallel (which keeps the voltage the same at 12v but multiply the amp hours (ah). 4x 7ah gives me 28ah...simples!





I also added a 12v inline fuse which you can see in the image above, this is between the battery bank and the master power switch.

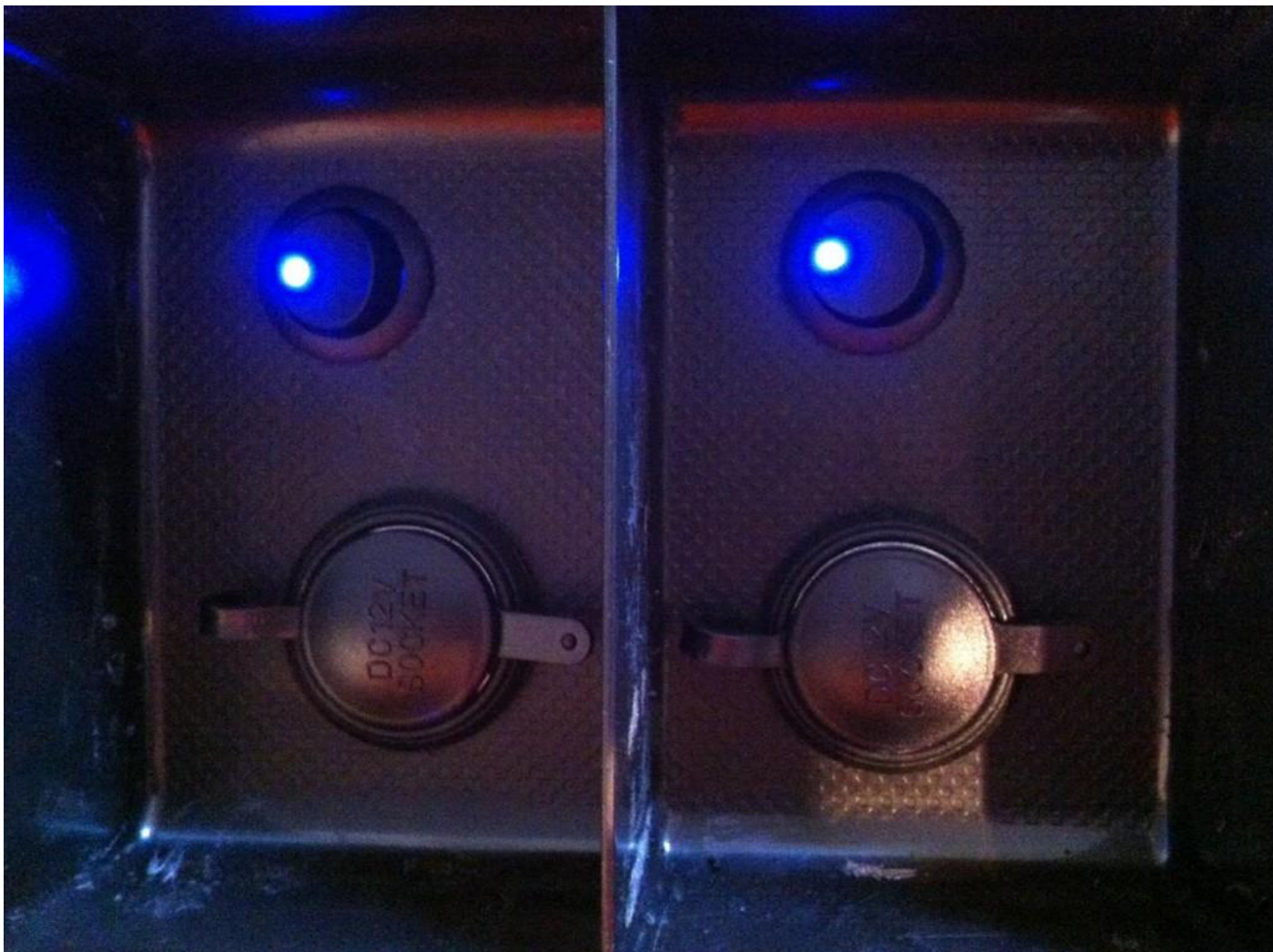
Here is a close up of the Hella socket installed





And one of the 2x 12v DC sockets along with blue LED switches to show me they are on and working!





Here is my second charge controller (working this time)



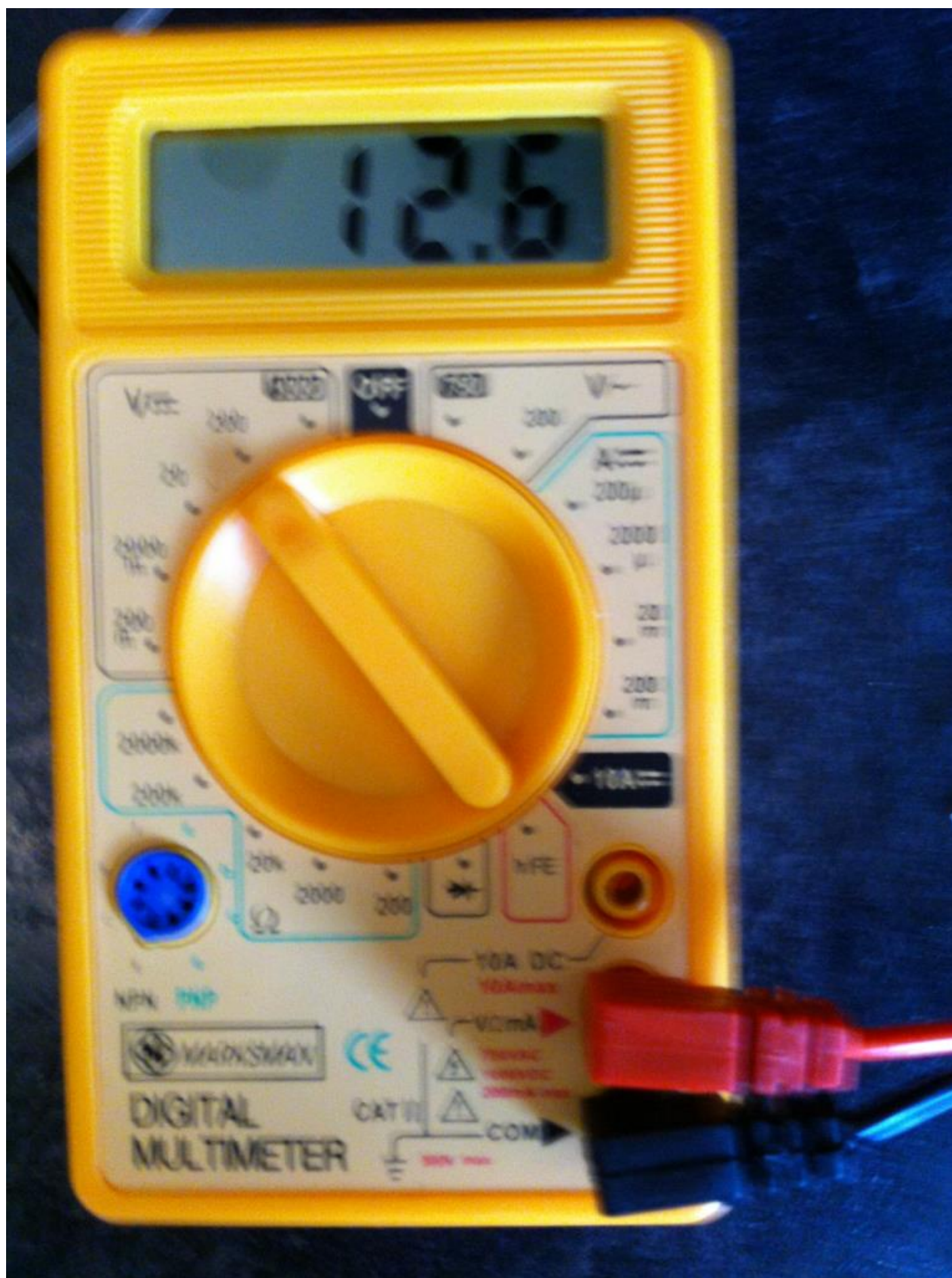


The Power Analyser installed next to the master switch...we have power!



Checking the power output





Here is the trickle charger and it plugged in (only a 2.4w panel)



Here is where the solar panel connects using the Hella Socket.





And the battery power analyzer telling me we're good to go

C.T. POWER Co

130A

100

0.00A

12.72V

0.001Ah

0.0W

LOAD

High precision Multimeter and Power Analyzer

The finished products....looking very unobtrusive....**OPSEC!**



The next stage will be to complete my solar panel which I have already started working on tabbing the cells together etc. I will share that with you all once completed.

Hope you enjoyed reading about my project as much as I have enjoyed building it.

If you're thinking about making your own I would encourage you to do so, you will learn a lot and if you have any question please ask in the comments below.



## Power Companies HATE This!



Energy companies are scared that people will learn how to produce Free Energy for their homes using this unique device.

### **Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

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SOURCE : [prepperzine.com](http://prepperzine.com)

## ‘Mountain Man’ John

‘Mountain Man’ John is a Survival and Preparedness enthusiast who loves everything outdoors. He has a passion for learning anything and everything to help sustain his and his families way of life post SHTF. He frequently shares his knowledge on a variety of topics from his hands on DIY projects, learning new skills such as hunting and trapping along with reviews on his Survival related purchases – Prepping has been in his family for generations, it’s in his blood. You can follow John by subscribing to his newsletter on the PrepperZine.com homepage, or by following him on Facebook.



Filed Under: [DIY](#), [PREPPER](#) Tagged: [BUILD A DIY PORTABLE SOLAR POWER GENERATOR](#), [GENERATOR](#), [HOW TO](#)

# Off The Grid Living – Rocket Stove Household Water Heater

Posted on MARCH 17, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Off The Grid Living – Rocket Stove Household Water Heater

If you don't already have an indoor wood burning stove that heats your water, this is a great way to get unlimited 'off the grid' hot water.

This system is super efficient, [heating the water with minimal fuel](#). It is also relatively straightforward to build. I also think that with some modifications you could also cook on this as well.

All in all this would make an excellent permanent addition to a homestead. It could also be built and used in an urban setting as well.



**I Was A Skeptic Of Free  
Energy Until I Saw This**

**[Click to Watch VIDEO](#)**

**Other useful resources:**

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*Filed Under:* [DIY](#), [HOW TO...](#) *Tagged:* [OFF THE GRID LIVING](#), [OFF THE GRID LIVING – ROCKET STOVE HOUSEHOLD WATER HEATER](#), [ROCKET STOVE HOUSEHOLD](#), [WATER HEATER](#)

# HOW TO LIVE OFF THE GRID: 8 THINGS YOU NEED NOW

*Posted on* **MARCH 16, 2015** *Written by* [OFF GRID WORLD](#) [LEAVE A COMMENT](#)



## HOW TO LIVE OFF THE GRID: 8 THINGS YOU NEED NOW

How to live off grid. It's simple really. Move to the woods, build a cabin, throw on some solar panels and wind turbine for power, drill a well, raise chickens, cows, and pigs, and sit on your front porch while sipping coffee and staring out at the beautiful natural wilderness around you. Easy right? Not really.

It takes a lot of planning and prepping and work to make the move off grid. And once you're off grid, the maintenance and upkeep of your homestead takes a lot of work. Let make this as simple as possible by breaking it down into a step by step process which explain the most important things you need. It all goes back to the basics and living a sustainable life while being self-sufficient is key.

First you'll need a good location. How do you find that? Well we wrote a good article detailing [How To Find Land For Living Off Grid](#). It goes into detail about how to find and pick the perfect property.

Here's how to live off the grid.

[\[Read more...\]](#)

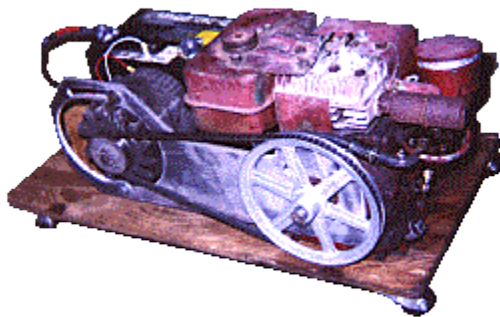
*Filed Under:* [DIY](#) *Tagged:* [FOOD](#), [LIVING OFF THE GRID](#), [POWER GENERATION SYSTEM](#), [POWER STORAGE SYSTEM](#), [SHELTER](#), [WILL TO LIVE OFF THE GRID](#)

# Building your own generator (on the cheap).

Posted on MARCH 10, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



**Building your own generator (on the cheap).**



We will discuss how to build your own generator that looks something like this.

This generator was built using a 3 horse power Briggs and Stratton horizontal shaft motor, a GM 65 amp automotive alternator (with built in voltage regulator), a used car battery, a pulley and V-belt, a 12 volt cigarette lighter outlet box with fuse, a DC to AC power converter, a low voltage control switch, a scrap of 3/4" plywood, a few scraps of 2 x 4 lumber, 4 wheels, and two battery cables. We also used a custom designed bracket manufactured for Epicenter to make it all come together in a snap.

In the photo above, we used an 8" pulley on the motor. Subsequent testing indicates that a 5" pulley is the correct size to use for this application. We have however, provided data (in the pulley discussion section) for 8", 6" and 5" pulley sizes.

Please note that a safety guard should be installed to cover the belt and pulleys! This guard is not installed so that the photographs show the most detail! If you plan to actually use a generator of this type, Please, Please make sure you install a safety guard!

[\[Read more...\]](#)

Filed Under: [DIY](#) Tagged: [BUILDING YOUR OWN GENERATOR](#), [COMPLETED GENERATOR](#), [DIY](#), [WHAT CAN THIS GENERATOR BE USED FOR](#)



# Building your own gun for SHTF-Bullet shortage? No problem: Make your own

Posted on FEBRUARY 26, 2015 Written by [AMY S. LEAVE A COMMENT](#)



## Building your own gun for SHTF

In prepping there are few things more important than protecting the lives of yourself and your loved ones. It's your duty to ensure their safety by any means necessary even in the toughest of times. As a prepper you probably own a firearm (or several) as a means of defense for you and your family.

What happens however, when the government comes to take away your guns? How will you protect the ones you care about the most? Most preppers will not last very long without an effective way to [protect their lives](#).

As you probably know, you are required to fill out several forms when purchasing a firearm and that information is passed on to the federal government. What if you could legally own a gun that doesn't

technically exist? California senator De Leon would call it a “Ghost Gun”.



## **Worse Than Putin** **Pentagon Officials Warn** **This Weapon Might Bring WW3** **Watch Shocking Video**

What exactly do I mean by this? In The United States, an [unlicensed individual may manufacture their own firearm](#) for their own personal use but not for sale or transfer. This means that an individual can build an AK-47 or a semi-automatic Browning m1919 completely off the books.

For preppers this means that you can build and set aside a weapon that only you know about. Best of all you do not have to even report to the government that it even exists. A little known fact is that you can purchase “80% receivers” for most common firearms including an AR-15 assault rifle.

An 80% receiver is an incomplete “paperweight” that requires the user to complete several functions in order to make it into a functioning firearm. Once completed, you can just order the rest of the parts online and build your desired firearm....All without ever needing to visit an FFL!



The completion of an 80% receiver does require some skill and patience but with the use of a quality jig and a good drill press, this can be done in about a days time. [A polymer 80% lower receiver](#) can be finished in a few hours with even less technical experience, a one time jig and some basic hand tools.

This is a must know for preppers who are worried about the current political atmosphere and the constant threat of losing their rights to keep and bear arms. Also, if you have a bug out location this would be a great place to store your firearm to keep it completely off the radar until it is needed.

We all dread the knock at the door telling us to turn in our guns but we should be able to sleep better at night knowing that we will always have a backup no matter what. Before deciding to build your own

gun you should always check your local laws because this can vary and you do not want to end up getting in trouble with the law.

Also, even though you can build your own firearm you may not legally manufacture “Class III” weapons such as suppressors and fully automatic firearms. I really hope this has been helpful to you guys out there and as always I encourage you all to [keep prepping](#).(source)

# Bullet shortage? No problem: Make your own

For a while now, ammunition has been in short supply, and many retailers have imposed limits on how much ammo a customer can buy. At Walmart, for instance, it's three boxes per day. At Hot Shot Sports in Shnecksville, Pa., it's five boxes per day. The store's owner, Walt Schneck, says the store is out of 9 mm ammunition.

“Demand right now is over the top,” he says, adding that it has been that way since the shooting at Sandy Hook Elementary School in Newtown, Conn. “People got panicky,” Schneck says. “They are coming out, buying guns and they're buying ammo, and everything is just going off the shelf.”

In the U.S., ammunition is a \$2 billion industry. “All of the manufacturers are operating 24 hours a day, seven days a week, to try to produce as much as they can to meet this unprecedented consumer demand,” says Lawrence Keane with the National Shooting Sports Foundation, the firearms industry's trade association. Last month, Remington announced it is expanding its ammunition factory in Arkansas.

Still, manufacturers haven't been able to keep up, and Walt Schneck says many of his customers at Hot Shot Sports have started to make their own ammo. They do it from scratch or they re-load casings from ammo they've shot. “As long as you can get the bullet, the powder, and the primer, and you have the casings, you're good to go,” Schneck says.

According to C. Rodney James, the author of “The ABCs of Reloading,” there are other benefits. For one thing, it's more precise, he says. You can tailor a round to an individual firearm. For another? “You can reduce the cost of your ammunition by about 60 percent if you basically assemble it yourself



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at home,” James says.

To do that, James says you need a press, dies and manuals to figure out how much powder to use. “You can put together a pretty good reloading outfit for a few hundred dollars — \$250, \$300,” he says.

Tim Miller, of Allentown, Pa., is one of Walt Schneck’s customers. He is a competitive shooter and a firearms instructor with STSK, who makes his own ammo. Miller teaches an eight-hour, \$250 class on how to do it. “This is all the stuff I picked up from when I shot,” he says, pointing to brass cases. “It needs to be cleaned first, because if you don’t clean it, it’ll clog up your dies, and can actually dent the cases.”

Today, Miller is making .38 specials for a revolver. He resizes the cartridge and puts in a new primer. That is what will ignite the gunpowder, which he puts in next. Then, he seats a projectile —the bullet. It is a precise process. In a matter of minutes, Miller cranks out round after round. He estimates he can make about 300 in one hour.

At Hot Shot Sports, Miller would have to pay almost \$250 for 500 rounds of factory-made .38 specials. He says he could make 500 rounds himself for \$77. At the store, he does the math: “So, you’re about \$7 for the powder, about \$50 for the bullets, and about \$20 for the primers, and that’s 500,” he says. ” So there’s a drastic difference.”

But it isn’t as easy to get those components as it used to be. “As there has been a run on guns and ammunition, there’s also been a similar run, although on a smaller scale, on reloading equipment and components,” C. Rodney James says. That includes the bullets — the projectiles that go into ammunition. So, some people also make those themselves.

Jim Finnerty is one of them. He lives in Groton, Mass. “You can really save a fortune by making your own bullets, as well,” Finnerty says. “Because after the brass case, which you get to reuse, the bullet or projectile is the second-most expensive component of the cartridge.”

Finnerty says he got into making bullets and ammo for economic reasons. Then, it became a hobby. “I mean, if I had taken up golf, I’d be at the driving range practicing every day, and if there was a shortage of golf balls, and there was a way to make my own, I’d probably do it.”

These days, more and more gun owners say it is becoming a necessity.([source](#))





**Other useful resources:**

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*Filed Under:* [DIY](#), [SURVIVAL](#) *Tagged:* [BUILDING YOUR OWN GUN FOR SHTF](#), [BULLET SHORTAGE](#), [DIY](#), [MAKE YOUR OWN BULLET](#), [PREPPER](#), [SURVIVAL](#)

# Vertical Farms Sprouting Up All Over The World Could Bring Food Local

*Posted on* **OCTOBER 3, 2014** *Written by* [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Imagine walking into a high rise building only to find out it was actually a vertical farm. As odd as this sounds, this type of building is popping up in different areas of the world as the idea promises new, environmentally friendly and [rapid ways to feed growing populations](#).

The first commercial vertical farm was built in Singapore by Jack Ng who is an entrepreneur looking to supply food to Singapore's densely populated city without having to buy a lot of highly priced land around the city. His vertical farm method is energy efficient, simple and mixes some ancient practices with new ones. The tower is modern and clear, so it looks great and allows sunlight into the the building for the plants. The produce grown in the building is sold under the name SkyGreens. You can find out more about how this vertical farm works in the video below. [\[Read more...\]](#)

*Filed Under:* [DIY](#), [GARDENING](#), [PREPPER](#) *Tagged:* [AQUAPONIC](#), [ECONOMIC COLLAPSE](#), [GROWING LOCALLY IS CERTAINLY THE MOST IDEAL WAY TO FEED THE WORLD](#), [SINGAPORE BY JACK NG](#), [VERTICAL FARM](#)

## Budget Preps: Underwater Pipe Cache Don't Have Scuba Gear? Never Fear, Budget Preps are Here!

*Posted on* **JULY 31, 2014** *Written by* [FORTRESS KEEPER](#) [1 COMMENT](#)



**You can make your own  
underwater pipe cache.**  
**Photograph by Rick Austin and Survivor Jane, Aleven Goats Media, Inc.**

Inspired by prepper Rodney Dial's extravagant underwater cache system, but don't have the means to travel by boat or have scuba gear laying around? We're bringing you budget versions of the preps inspired by our very own season three prepper builds.

**Problem:** It can be difficult to find secret buried caches of food, supplies, and ammunition once they are in the ground. And it can take too much time to dig them up, just when you need them the most.

**Solution:** Underwater Caches. By using waterproof PVC plastic piping to hide your supplies, your cache can be hidden in plain sight (under water in a pond, stream, water tank, etc.). And your cache can quickly be recovered when you need it most.



**Why put your life and stockpile at risk during a crisis?**  
Conventional defense that kills you

**Watch Video** 

One of the biggest hurdles preppers could face after disaster strikes is safeguarding their food, supplies, and ammunition from refugees and marauders. That is, unless they have a plan in place beforehand. Some preppers have buried their preps in underground caches, but even this has its problems. Landscapes change, a map is lost or misplaced, no digging tools are available when the time comes to retrieve the cache(s), or you are on the run with little time to dig something up.

As an alternative, you might want to consider underwater caches. While caching preps deep underwater, accessible only by scuba-gear, may seem like the ultimate solution (at least for prepper Rodney Dial), most of us do not have diving experience and gear. The good news is water caches do not have to be deep under water to be effective. Look around. Most of us have water around us. There are streams, ponds, rain barrels, and culverts – and anything that can hold water can also hold a hidden cache. The key is to place these underwater caches in areas with relatively shallow water, and



in the case of a pond, near the shoreline, anchored to the ground. You should be able to walk and retrieve it, and not have to dive down into the water to get it.

### **Consider What to Store:**



In determining the appropriate size for your underwater cache, first think about what you will be putting into the cache. As with all preps, focus on basic needs and include items such as food with a long shelf life, defensive weapons, emergency medical supplies, shelter items, bush-craft tools, and other immediate survival supplies. Some additional items to consider would be 550 foot paracord, map, knife, fire starter, hat, poncho, bandana, first-aid kit, a multi-tool, underwear, socks, water treatment tablets and/or water filter, tarp, flash-light, cooking utensils/small pot, as well as weapons and ammunition for hunting and protection.

### **Get Building:**



Although PVC pipe comes in various sizes, to maximize your storage and allow for wider items, for this demonstration we will be using a 6"

diameter pipe.

Saw, tape measure, teflon tape, metal pipe clamps, PVC cement, pipe and fittings.

#### Materials You Will Need:

Tools: Electric or hand saw, tape measurer, pencil, screw driver, pliers

6" diameter Schedule 40- PVC pipe which has a crushing pressure of 400 pounds. \$41.48 for 10' (TIP: These usually come in 10" lengths. One pipe would be enough to make two or three caches).

6" PVC Cap (to enclose one end of pipe) -\$11.51

6" Clean-Out Adapter -\$9.25 (to enclose the other end- but allow for screw out opening of pipe)



**Biggest surprise of their lives!**

**Simple, inexpensive booby-traps from  
the world's urban war zones.**

[Watch Video>>](#)

Clean out plug -\$5.21

PVC primer -\$7.48 – 8 oz can

PVC all-purpose cement -\$6.38 – 8 oz can

2 stainless steel pipe clamps -\$2.06 ea.

550 camouflaged paracord

Nylon Rope or paracord (camouflaged colors preferred)

Silicone sealant or Teflon Tape – \$1.47

Silica gel pack

Silica Gel/Desiccant – Quick Tip: Make your own with a pair of pantyhose – \$1.47 and crystal cat litter/silica sand crystals – \$4.32 for a 4 lb. bag

Vacuum Seal Bags – Quick Tip: Each object or group of objects should be sealed individually

Kitchen electric vacuum sealer

Monofilament fishing line 250' of 30 lb. test -\$2.86

Bobbers -\$1.26 for 6

Camouflage paint -\$3.67/can

#### **The Steps:**

1. Begin by measuring and then marking the PVC pipe to the desired length. Using an electric reciprocating saw (or a hand saw), cut at the measured mark on the PVC.



2. Cut along your measurement with a saw.



3. Once the PVC pipe is cut to the proper length, use PVC primer and PVC cement to glue the end cap (non-opening end) on to one end of the pipe. (Hint: put PVC cement on both the inside of the fitting, and the outside of the pipe end; and then quickly slide both together.)

4. Place primer on the two surfaces to be glued.





5. Place PVC cement on the two surfaces and quickly slide both together



6. Glue the fitting to the pipe as per previous instructions.

7. Wrap Teflon tape around the threads of the clean-out plug for a water tight seal.



8. Now wrap teflon tape on to the threads of the clean-out plug and screw the plug into the fitting.

9. After tying the paracord to the end, clamp it down with stainless steel clamps on both ends.



10. Add a stainless steel clamp to both the cap end and clean-out end.

11. Tie paracord around pipe ends and then clamp down the paracord on both pipe ends, making sure to leave a little slack between the two, so that the paracord may be used as a shoulder sling to carry the pipe; if need be (You may need to move quickly once you have recovered the cache.)



12. On the clean-out end of the pipe, leave a length of paracord long enough to reach from where the pipe will be sitting on the bottom under water, to the shoreline.
13. Paint all surfaces of the PVC pipe using ultra-flat non-reflective camouflage paint. This will camouflage the pipe under water as well as after you recover it.



14. After paint dries, gather the items to be placed in the pipe and make sure they fit through the cleanout fitting (with screw cap off).
15. Individually vacuum seal each item with a standard kitchen vacuum sealer and make sure they are air tight. (Take care as any sharp items may puncture the vacuum sealed bag, so when necessary cover sharp objects with cardboard to avoid puncture.)





16. Place the items in the PVC pipe and add desiccant (i.e. silica gel packs) into the pipe for moisture absorption – to eliminate rust and mold in the event any vacuum sealed bags leak.

Quick Tip: you can make your own desiccant by cutting pantyhose in to 2" squares, adding a tablespoon of crystals to each square and then tying them with nylon string.

17. Seal off the end of the clean-out by screwing in the clean- out plug with Teflon tape on the threads.

NOTE: You will need at least a 24" wrench to grab the plug end for a 6" pipe. Make sure you hide the wrench somewhere close to your cache so you can open it in an emergency. – DO NOT SEAL THE WRENCH IN THE CACHE.

18. Tie a length of monofilament fishing line to the end of the paracord so that you can have a fishing line tied to a bobber or, just simply to an onshore tree trunk, this way you can pull in the paracord, and then use the stronger paracord, to pull in the heavy cache.



19. Lower the cache into the water via your paracord.

20. Tie the top end of the monofilament line to a nearby tree, or immovable object (the entire line will eventually blend into the soil.)



TIP: The region you live in will undoubtedly determine the best location for your cache(s). Keep these things in mind when making your determination: rivers and streams are subject to flooding in the rainy seasons; ponds and lakes will freeze in winter; and, ponds, lakes, streams, and rivers can dry up during extreme drought conditions. Be creative. If you are in a farm setting you may consider caching in one of your animal water troughs no longer in use. If you have an old rain water barrel, drop a cache in it. And you can also use a nearby ditch or culvert. If you are considering using a lake nearby or in your community, keep in mind that people may fish in these areas and may snag your monofilament line so placement will be critical.



WATCH VIDEO

HUSHED-UP CONSPIRACY MAY WIPE OUT 281  
MILLION AMERICANS IN THE NEXT 6 MONTHS

#### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

### **About the Authors:**

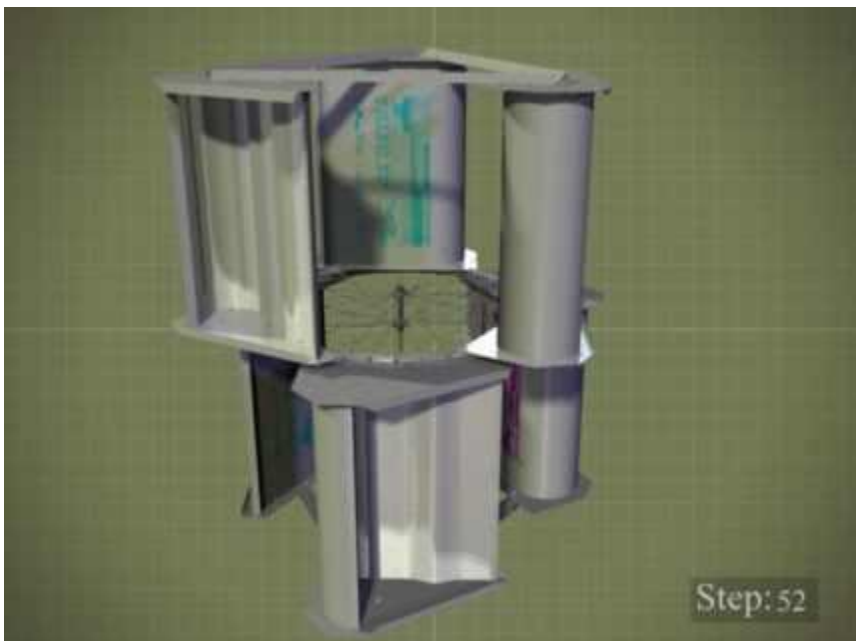
*Survivor Jane is a preparedness expert, homesteader, and speaker. She is the editor of [www.SurvivorJane.com](http://www.SurvivorJane.com) one of the world's highest rated preparedness information sites. Survivor Jane is also the founder of #PrepperTalk on Twitter, a 24 hour forum that brings over 300,000 people together from all over the world to discuss preparedness ideas. Jane also moderates Tweet Chats for National Geographic Channel's hit TV series Doomsday Preppers and Doomsday Castle.*

*Rick Austin is known as the Survivalist Gardener, and is a preparedness and off-grid living expert. He is the author of Secret Garden of Survival-How to Grow a Camouflaged Food Forest, which is now the #1 Best Selling book in Garden Design. Rick has also been featured on National Geographic Channel's Doomsday Castle, as well as the documentary film, Beyond Off Grid, and in Mother Earth News. For more info and all his social media links, go to his website. [www.SecretGardenOfSurvival.com](http://www.SecretGardenOfSurvival.com). You can also hear Rick on his radio show **Secrets of a Survivalist** where each week he talks with the world's best survival experts that share their own secrets of survival.*

Filed Under: [DIY](#), [PREPPER](#) Tagged: [PREPPER](#), [PREPPER RODNEY DIAL'S](#), [UNDERWATER CACHES](#), [USING WATERPROOF PVC PLASTIC PIPING](#)

## Build this open source DIY wind turbine for \$30

Posted on JULY 30, 2014 Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Getting started with home wind energy projects can set you back a pretty penny if you buy a finished product, but if you're a little bit handy and don't mind scrounging for materials and getting creative in the garage or backyard, you can try your hand at building one of these DIY wind turbines for about \$30 in materials. After all, it is #iheartrenewables week!

We've previously covered Daniel Connell's open source concentrated solar collector plans, but now he's back with another great DIY renewable energy project, a vertical axis wind turbine based on the Lenz2 lift+drag design. Connell's design calls for using aluminum lithographic offset printing plates to catch the wind, which he says can be obtained cheaply (or possibly even free) from an offset printing company, and a variety of hardware and a bicycle wheel.



**Stunned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

"The turbine uses the ~40% mechanically efficient Lenz2 lift+drag design. It is made entirely from scrap materials except for the bolts and pop rivets, and should cost about \$15-\$30 for the three vane version, which can be made by one person in six hours without much effort.

Other than basic tools, including a hand drill, you'll need to buy or borrow a pop riveter and some assorted hardware (bolts, nuts, and washers) to construct this device. According to Connell's notes, this DIY wind turbine, which can be built in either a three vane or six vane version, has successfully survived sustained winds of 80 km/h (three vane) and up to 105 km/h for the six vane version.

**Here's why an EMP attack is  
not a matter of if but when**

**Watch the video**



Here's a little clip of the vertical axis wind turbine being challenged by strong winds:

In order to harvest the energy from this wind turbine, it's necessary to add an alternator to the rotor, as well as a method of storing the electricity, but it could also be used simply for the mechanical rotation, such as to pump water or spin a flywheel for other applications.

While there are a number of variables that can affect the output of this DIY wind turbine, including the efficiency of the alternator used (and obviously the speed of the wind where it's located), according to Connell, using a "50% efficient car alternator (the simplest and cheapest option) should produce 158 watts of electricity in a 50 km/h wind, and 649 watts at 80 km/h" with this design.

[Update: In an email conversation with Connell, he stated that "a six vane version with an efficient alternator should produce at least 135 watts of electricity in a 30 km/h wind, and 1.05 kilowatts at 60 km/h."]



This homebrewed wind turbine isn't necessarily going to be powering your home (although a series of these could potentially be used to generate enough electricity to charge a battery bank for modest home use), it might be a great hands-on school project or homeschool activity about wind energy.



**Why put your life and stockpile at risk during a crisis?**  
Conventional defense that kills you

**Watch Video** 

### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

[Bullet Proof Home](#) (A Prepper's Guide in Safeguarding a Home )



**[Derek Markham](#)** ([@derekmarkham](#))  
**[Technology](#) / [Wind Technology](#)**

*Filed Under:* [DIY](#), [HOW TO...](#), [PREPPER](#) *Tagged:* [BUILD THIS OPEN SOURCE DIY WIND TURBINE FOR \\$30](#), [DIY](#), [DIY WIND TURBINES FOR ABOUT \\$30 IN MATERIALS](#), [HOW TO](#), [PREPPER](#)

<http://www.prepperfortress.com/category/diy/>

# What Every Prepper Should Know About Shipping Containers

*Posted on* **NOVEMBER 5, 2015** *Written by* [PJ 1 COMMENT](#)



## What Every Prepper Should Know About Shipping Containers

When it comes to prepping, many folks are interested in using shipping containers for a secondary retreat or bug out shelter. However, there are a lot of misconceptions and mislead ideas with regards of how to move them, use them, and maintain them – and we've heard most of the questions several times over. The good thing is, with a few exceptions, the questions are all similar. What this tells me is that there's a consistent path of logic that I can follow, but there's a little information that the people asking the question haven't been introduced to. To no fault of their own, it's really only something that you'd consider if you a) deal with shipping containers on a daily basis, or b) have the same question asked enough times that you do the research yourself. The main areas of missing information are around moving/transporting shipping containers to their site, setting up foundations/burying/covering containers, and retrofitting the unit for proper use. [\[Read more...\]](#)

*Filed Under:* [PREPPER](#), [SHELTER](#) *Tagged:* [BEST SURVIVAL BLOG](#), [BURIED SHIPPING CONTAINER](#), [PREPPER](#)

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[BUNKER](#), [SHIPPING CONTAINER FOR SHTF](#), [SHTF SHIPPING CONTAINER](#), [SURVIVAL](#), [SURVIVALISM](#), [TEOTWAWKI](#), [USED](#)

[SHIPPING CONTAINERS FOR SALE](#)

## Selecting and Preparing Your Vehicle-Vehicle Survival Kit

*Posted on* **OCTOBER 19, 2015** *Written by* [AMY S.](#) [1 COMMENT](#)



# Selecting and Preparing Your Vehicle-Vehicle Survival Kit

I travel a lot. Too much for my wife's preference. But that is what pays my bills. My job has me flying and driving around the country, which makes me vulnerable to travel delays and potential disasters. With any business trip within 200 miles, I prefer to drive. Any extended business trip (4 days or longer on site) within 300 miles will result in driving as well. When you add up the time it takes to drive to the airport, park at the airport, navigate the airport, go through security, waiting at the gate, on boarding the plane, waiting for takeoff, flying, deplaning, getting your bags, getting a rental car or taxi, and then finally making a local trip to my destination, it is prudent to measure the costs of time and money in order to justify flying. Flight was fun many years ago. Today, flying is just a bus in the air. Due to typical distances of my trips, I fly more often than drive by a ratio of 5 flights to 1 drive. Flying results in a greater degree of vulnerability, since fly inherently limits what can be transported on a plane. But I prefer to drive, whenever I can. Driving is much more comfortable and pleasant. I can play my favorite tunes, listen to YouTube, listen to audio books, and talk on the phone while driving. [\[Read more...\]](#)

*Filed Under:* [PREPARING](#), [SELF-SUFFICIENCY](#), [SURVIVAL](#) *Tagged:* [CAR KIT](#), [DISASTER](#), [DISASTER PREPARATION](#), [FIRST AID KIT](#), [PEPPER SPRAY](#), [RADIATOR](#), [SHTF](#), [SNOW STORM](#), [STRANDED](#), [SURVIVAL FOOD](#), [TEOTWAWKI](#), [TIRE KIT](#), [TOW TRUCK](#), [VEHICLE BREAK DOWN](#), [VEHICLE EMERGENCY](#), [VEHICLE MAINTENANCE](#), [VEHICLE SURVIVAL KIT](#), [WATER](#), [WROL](#)

## Future Disaster is Coming -Top 10 Tips to Prepare

*Posted on* **OCTOBER 17, 2015** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



# Future Disaster is Coming –Top 10 Tips to Prepare

We live in turbulent times. This month marks the 10th anniversary of the Hurricane Katrina disaster which killed 1,833 people and caused an estimated \$108 billion in damage. In the decade since Hurricane Katrina we have seen natural disasters bring death and destruction across the world with the Kashmir earthquake, Pakistan (est. death toll 79,000), Cyclone Nargis, Burma (est. death toll 138,000), the Sichuan earthquake, China (est. death toll 90,000), the Haiti earthquake (est. death toll 220,000), Japan earthquake, resulting tsunami, and Fukushima nuclear disaster (est. death toll 19,300), just to name a few. [\[Read more...\]](#)

*Filed Under:* [DISASTER](#), [PREPPER](#), [SHELTER](#) *Tagged:* [-TOP 10 TIPS TO PREPARE](#), [DISASTER](#), [DISASTER IS COMING](#), [MAKE A KIT](#), [PREPPER](#), [STORAGE FOOD](#), [STORAGE WATER](#)

## Keeping Your Family Safe During a Terrorist Attack

*Posted on* OCTOBER 14, 2015 *Written by* [AMY S.](#) [LEAVE A COMMENT](#)





# Keeping Your Family Safe During a Terrorist Attack

A [series of studies](#) conducted by researchers at the National Center for Disaster Preparedness show that while 72% of Americans anticipate future terror attacks, fewer than 50% of us have a family emergency plan in place. It is not likely that any of us will forget the images of the families who were affected during the Boston bombing, the Sandy Hook Elementary School shooting, or the Aurora, Colorado, movie theater shooting. [\[Read more...\]](#)

*Filed Under:* [HOME DEFENSE](#), [PREPPER](#), [SURVIVAL](#), [SURVIVE](#) *Tagged:* [AMERICANS BELIEVE TERRORIST ATTACKS ARE INEVITABLE](#), [KEEPING YOUR FAMILY SAFE DURING A TERRORIST ATTACK](#), [TERRORIST ATTACK](#)

## Planet X Nibiru the End Times Event is Near 2015

*Posted on* **OCTOBER 8, 2015** *Written by* [AMY S. LEAVE A COMMENT](#)



Planet X Nibiru the End Times Event is Near 2015

This is a cutting Edge look at the evidence for Wormwood. Presents compelling biblical evidence for the 10th planet by Doug Elwell. Modern astronomers call this mysterious Planet “Planet X” but ancient Astronomers call it Nibiru. It is perhaps the most enigmatic and debated objects that may or may not be soaring through the cosmos, on a collision course with earth is the celestial body, Nibiru, the 12th planet, Nemesis, or simply Planet X. [\[Read more...\]](#)

*Filed Under:* [DISASTER](#), [SURVIVAL](#) *Tagged:* [ASTEROIDS](#), [END TIMES EVENT IS NEAR](#), [FOOD AND WATER](#), [NIBIRU SUN](#)  
[BLACKOUT](#), [PLANET X NIBIRU](#), [STOCKPILED ENOUGH FOOD AND WATER](#)

# Bug-out (Evacuation) Plan – Ideas For Your Bug-out Task List

*Posted on* OCTOBER 5, 2015 *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



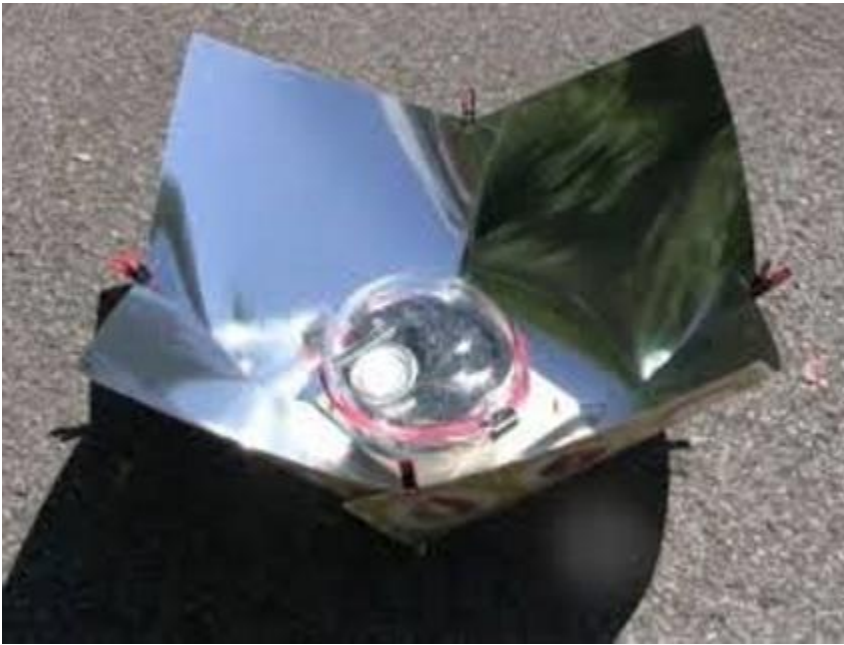
## Bug-out (Evacuation) Plan – Ideas For Your Bug-out Task List

There have been tremendous amounts of disaster impacting the United States this past spring. There have been wildfires in California and Colorado. There have been severe droughts in the Midwest and Texas. Oklahoma and Mississippi have been pounded by tornadoes. A fertilizer plant explosion has level the town of West, Texas. The Northeast was hit by a nor'easter. And the plain states had a late winter blizzard. California has had a very active earthquake cycle. Hurricane season is just starting. The need to have a bug-out bag and bug-out plan has been demonstrated by the world's active cycle of climate change and plate tectonics shifts. Every family should be ready to leave their home and relocate to a safer location, before or soon after a disaster occurs. Every part of the United States is vulnerable to a natural or weather disaster. This article discusses your bug-out plan. I'll save discussion about the contents of a bug-out bag to a different article. A bug-out bag is also called a "72 hour bag" or a "retreat bag".[\[Read more...\]](#)

*Filed Under:* [SURVIVAL](#) *Tagged:* [BUG OUT](#), [BUG-OUT BAG](#), [EVACUATION](#), [EVACUATION ZONE](#), [SECURITY SYSTEM](#)

# Best Solar Powered Devices for Survival

*Posted on* **AUGUST 26, 2015** *Written by* [KELSEY REAVES](#) [LEAVE A COMMENT](#)



## Best Solar Powered Devices for Survival

You'll never think to include solar powered survival devices to your shopping cart until you absolutely need them and are left wishing you had. Preparing a survival plan can seem overly cautious, but it is an important component to helping you feel safe and ready for anything. In the modern world, it's hard to imagine a loss of power, but in the event that we are faced with this, finding solar powered survival tools is a must. With so many gadgets on the market today, it's hard to know which are the most beneficial. At [Modernize](#) you can find tons of suggestions on how to switch to solar. It can be fun to find interesting solar powered gadgets that will also give you a sense of security and peace of mind.

**RELATED :** [When Disaster Strikes and Security Systems Fail: How do We Fix That?](#)

### 1. Hybrid Solar Powered Oven

Solar ovens are relatively low-tech and easy to maneuver. They can make an incredible accessory for cooking meals off the grid. SunFocus creates a hybrid solar oven which enables it to continue to cook efficiently even when it's cloudy. The oven itself is large and can handle up to twelve pounds of food at a time. The modern design and bright yellow color has quickly made it a favorite for modern survivalists.

[\[Read more...\]](#)

Filed Under: [SURVIVAL](#) Tagged: [BEST SOLAR POWERED DEVICES FOR SURVIVAL](#), [EARL SOLAR POWERED SURVIVAL TABLET](#), [HYBRID SOLAR POWERED OVEN](#), [SOLAR CHARGING BACKPACK](#), [SOLAR FIRE STARTER](#), [SOLAR POWERED TENT](#), [SURVIVAL](#)

# Underground Garage Shelters

Posted on **AUGUST 13, 2015** Written by [AMY S.](#) [LEAVE A COMMENT](#)





## Underground Garage Shelters

- LARGE (outside dimensions 40"x7'x54"tall)
- EXTRA LARGE (outside dimensions 64"x7'x5'tall)

*The safest place to be during a tornado is underground. Our underground garage shelters are unique because we install them in your garage and they don't require extra square footage.*

*Your vehicle can be parked normally over the shelter, still allowing you access whenever needed. Our [installation process](#) is dust free and will be completed in 3-4 hours! This space saving design allows you to stay out of inclement weather and harm's way. Get all the details of our garage storm shelters below:*

[\[Read more...\]](#)

Filed Under: [SHELTER](#), [SURVIVAL](#) Tagged: [DEFENSE YOUR HOME](#), [PREPPER](#), [STORAGE FOOD](#), [STORAGE WATER](#), [UNDERGROUND GARAGE SHELTERS](#)

# After Armageddon

Posted on AUGUST 3, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## After Armageddon

The worst-case scenario dramatization slash documentary *After Armageddon* aired January 5, 2010 on the History Channel as part of Armageddon Week. *After Armageddon* presented a picture of the breakdown of society after a worldwide pandemic flu. See [Armageddon Week Starts January 3 on History Channel](#) for more information.

The dramatization was interspersed with expert opinion who presented step-by-step what could happen in the event of a worldwide apocalyptic event. In this case, a deadly flu virus caused death and a domino effect that led to an end-of-the-world or at least end-of-civilization world where survival is the only goal.

[\[Read more...\]](#)

*Filed Under:* [PREPPER](#), [SURVIVAL](#) *Tagged:* [AFTER ARMAGEDDON](#), [APOCALYPTIC EVENT](#), [EVENT OF EMERGENCY](#), [HURRICANE KATRINA](#), [PREPARE FOR DISASTER](#), [PREPPER](#), [STORAGE FOOD](#), [STORAGE WATER](#)

## Surviving Armageddon: Creating an End of the World Survival Pack

*Posted on* **AUGUST 3, 2015** *Written by* [ROBERT FURE](#) [LEAVE A COMMENT](#)



# Surviving Armageddon: Creating an End of the World Survival Pack

The world will end some day, likely when the sun fries the Earth in a few billion years. If the end comes before that though, you can better your survival odds by packing the right gear. As the Boy Scouts say, “Be prepared.”

It’s pretty commonly stated that disaster can strike at any time and that to better your odds of survival, you need to be prepared. Odds are you, like many others (and my old self included), heard this, nodded your head, and then promptly went back to playing video games on your PS3. Perhaps if you lived in a disaster prone area, be it Tornado Alley, Hurricane areas, or Earthquake vulnerable California you took the first basic step and assembled a few things that will keep you comfortable in the event of a power outage. Some water, some canned food maybe, but mostly flashlights and candles.

[\[Read more...\]](#)

*Filed Under:* [SURVIVAL](#) *Tagged:* [CREATING AN END OF THE WORLD SURVIVAL PACK](#), [PREPARING FOR DISASTER](#), [PREPPER](#), [STORAGE FOOD](#), [STORAGE WATER](#), [SURVIVING](#), [SURVIVING ARMAGEDDON](#)

## Doomsday Apocalypse Shelter and Bunkers

Posted on MAY 5, 2015 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Doomsday Apocalypse Shelter and Bunkers

### Why you should build you on bunker

Build you and your family the Perfect underground Bunker with everything you will need in it to be Safe and Protected from a Wide Variety of Threats.

#### Nuclear Explosions

Terrorist Attacks  
Radioactive Fallout  
Bio-Chemical Warfare  
Pandemic Diseases  
Financial Collapse  
Riots  
Looters  
EMP's  
Solar Flares  
SHTF Scenario

[\[Read more...\]](#)

Filed Under: [PREPPER](#), [SHELTER](#) Tagged: [BUILD BUNKERS](#), [DOOMSDAY APOCALYPSE SHELTER AND BUNKERS](#), [ECONOMIC COLLAPSE](#), [FOOD AND WATER IN AN EMERGENCY FEMA](#), [NUKE SHELTERS FOR THE WORLDS ELITES](#), [STORAGE FOOD](#)

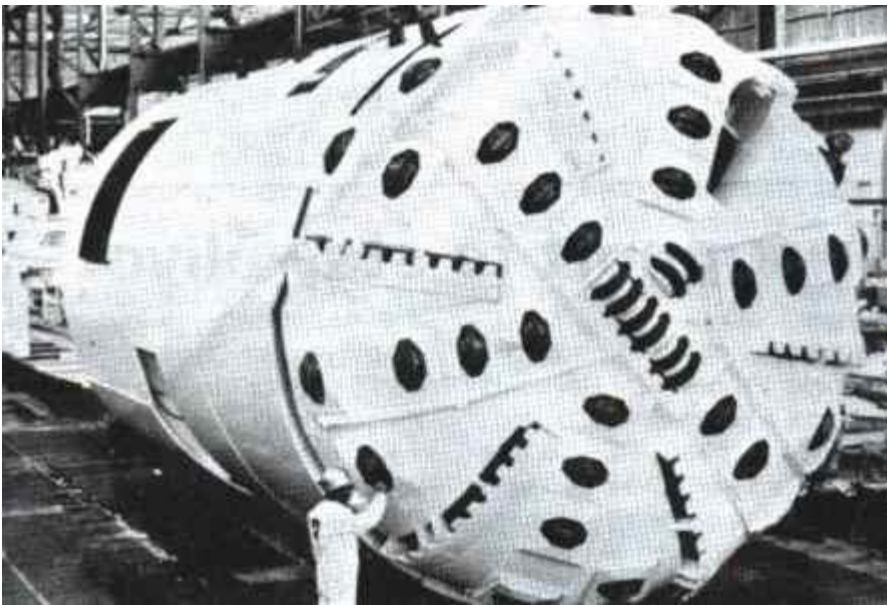
# Underground Tunnels, Mystery Booms and Military Movement Ahead of Jade Helm 15 ( VIDEO)





Underground Tunnels, Mystery Booms and Military Movement Ahead of Jade Helm 15

**Photo of United States Air Force tunnel boring machine at Little Skull Mountain, Nevada, USA, December 1982. There are many rumors of secret military tunnels in the United States. If the rumors are true, machines such as the one shown here are used to make the tunnels. (Source: U.S. Department of Energy.)**



This is a \$13 million tunnel boring machine (TBM) used for tunneling at the Nevada Test Site. (Remember that Area 51 is part of the test site.) Many other types of TBMs are used by many government agencies, including the 'nuclear powered TBM' [NTBM] that melts solid rock and leaves behind glass-like walls. [\[Read more...\]](#)

Filed Under: [PREPPER](#), [SHELTER](#), [YOU SHOULD KNOW](#) Tagged: [DEEP UNDERGROUND MILITARY BASES](#), [MILITARY MOVEMENT AHEAD OF JADE HELM](#), [PHIL SCHNEIDER](#), [PREPPER](#), [UNDERGROUND TUNNELS](#)

# Ark Two Underground Bunker: largest Private Doomsday Shelter on Earth

Posted on APRIL 4, 2015 Written by [TOMRETTERRBUSH](#) [1 COMMENT](#)



Ark Two Underground

Bunker

This is about helping mankind evade extinction and restore civilization in case of nuclear war or other world-wide cataclysmic catastrophe.

**Built out of 43 School Buses, the Ark Two Complex in Canada as a 10,000 sq/ft nuclear fallout shelter and refuge facility, is without any political or religious funding probably the largest Privately Constructed Doomsday catastrophe refuge in the world! [\[Read more...\]](#)**

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# 25 Must Know Skills For Surviving The Coming Nightmare

Posted on MARCH 26, 2015 Written by [MAC SLAVO](#) [LEAVE A COMMENT](#)



## 25 Must Know Skills For Surviving The Coming Nightmare

*The following article was generously shared with the [SHTFplan](#) community by regular contributor 'Be Informed' and provides skills that will be essential for [surviving any number of catastrophes](#) that may befall us.*

Many people nowadays are quite aware that the world they live in is going to the toilet. Aside from the geophysical part that “seems” to be going haywire and could be nothing other than the planet’s cycles, there are plenty of manmade catastrophes that loom on the horizon. Never has the planet had as many people as now and the more people there are the more competition there is for resources. More countries seek nuclear devices than ever before and with advancements in technology this is a much easier process than anytime before. Biological and chemical weapons are also much easier to manufacture because of leaps of technology in regards to computers. Oil markets are much tighter because of the countries of China and India and their increasing need of energy to fuel their booming economies, and new finds of oil fields cannot keep up with the demand. The debacle of the world economies needs no introduction. In short, bad times, really bad times could and probably be coming to a neighborhood near you. Unless you and your family take quite seriously this possibility, if and when something extremely horrible happens, you could very well end up one of the large number of statistics.

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# Evasion and Survival in hostile territories

Posted on MARCH 17, 2015 Written by [CMF](#) [LEAVE A COMMENT](#)



## Evasion and Survival in hostile territories.

The following steps will outline the necessary precautions and procedures to evade hostile enemy forces in unfamiliar territories during times of conflict. Many of the steps outlined in this primer are SOP (*Standard Operating Procedures*) taught to military personnel, militia units, and special operators.

One of the fundamentals taught throughout the military is the certainty of failure and the unexpected consequences for miscellaneous variables. When disaster strikes and not everything went according to plan, evasion may be your only option. You will need to immediately vacate the area covering great distances in a relatively short amount of time. Before vacating plan your route of evasion, instead of running away in a random direction. Approximations made in the heat of the moment, as long as they are within reasonable proximity to your goal, will have to suffice. After you have put a safe amount of distance between you and your enemy, rest and regain situational awareness while applying your awareness to your escape plan. You will need to pinpoint your location using a compass, the sun, landmarks, G.P.S., or your map.

To better your chances for your survival we have highlighted crucial skills you will need to escape enemy combatants, including skills taught in Special Forces, Navy Seals, the Marine Corps and etc.

**Here's why conventional preparedness wisdom is deadly** **WATCH VIDEO** 



# Evasion and Survival – Location Assessment

If your compass or G.P.S. have become inoperable or grossly inaccurate you will need to apply some basic tricks used for thousands of years to this day. One of the easiest to use is the sunrise, the sun rises from the east, which means north is to your left and south is to your right.

## Use your watch as a compass

The sun will always ‘appear’ to be south of the north temperate time zone and north of the south. Watches can be used to get a precise northern direction, thus compensating for the eastern and western movements the sun makes.



1. Hold watch level with the hour hand pointing directly at the sun
2. Draw an angle in your head with the vertex(*The point about which an angle is measured*)centered on the watch. With one line through noon and the other along the hour hand.
3. Decrease this angle by 50%
4. This new angle formed now projects the precise southern direction

## Using the Southern Cross at Night

When you are in the southern hemisphere you can find south by locating what is known as the ‘Southern Cross’. The Southern Cross is a constellation with four bright stars, making it easily identifiable, when these stars are connected they form a cross. Using your mind’s eye draw an imaginary line from the bottom of the cross extending 4 1/2 times it’s length. Draw another line at the end of the length going straight down and you now have your southern reference point.

## Using Shadow to find Direction

Drive a straight stake or stick into the ground with at least 3 feet exposed to the suns rays. Make the tip of the shadow it casts, wait for approximately 15 minutes and make the tip of the shadow’s location again. Draw a line from your first marking to your second marking, this method will always point north. *Note: In south temperate zones this direction will be south.*

## Evasion and Survival – Evasion Key Points

Now that we have our general direction adequately plotted, we have to practice basic precautions as we navigate across hostile territory. Simply knowing these steps is not enough to guarantee survival,

however it is absolutely necessary you comply with these simple guidelines to better your chances for survival.

- Determine your direction, choose a direction with forgiving terrain and less obstacles to navigate, thus avoiding exhaustion. Densely vegetated area with low grades work particularly well when needing cover. If a map is available, study the slopes carefully to identify the most convenient and safe exit points.
- Check your location and direction often, deviations from a linear direction are guaranteed due to topography and gradual deviation patterns
- Rivers and moving bodies of water make excellent directional indicators (Note: not all rivers flow from South to North). Rivers are almost always accompanied by towns and are almost guaranteed to be patrolled by hostile forces. If your situation required the use of the river during evasion, attempt to stay out of the open.



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FROM LOOTERS, THEN YOU NEED TO WATCH THIS  
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- If you can acquire a boat for evasion, but your duration of travel calls for intermittent stops, compensate by submerging or camouflaging the boat.
- Ridges are typically more exposed but much easier to travel upon. If your situation allows for traveling on ridges and crests, do so while elevating your scouting precautions.
- When near hostile enemy location, move after sunset and in the twilight. Using the low visibility as cover while maintaining enough visibility to target enemies and equipment. Do not make noise, noise travels a couple hundred yards (*if loud enough*), will expose your location.
- Never sleep near a fire, water supply or enemy locations.
- Before approaching your FOB (*Forward Operating Base*) or Camp, investigate the surrounding areas for hostile targets and eliminate. After eliminating your targets and hiding the remains, you will need to evacuate your current compromised camp location.
- In dense vegetation insects can be a killer, always use sufficient amount of insect repellent.
- Use the environment and surroundings to your advantage, many of the basic essentials you need to survive are most likely present. I.E. Water, Food, Shelter.
- Always plan more than one exit strategy.

## Evasion and Survival – Water Guide

The bullet points below describe the amount of water you should be drinking when traveling by foot. This chart does not accommodate for strenuous movement and excess aridity. Anxiety and physical stress always require more water. In addition, wind and sun condition are likely to cause variations.

- 120 degrees Fahrenheit / 48 degrees Celsius
  - No Water – 2 Days
  - 1 qt. Water – 2 Days
  - 2 qt. Water – 2 Days
  - 4 qt. Water – 2.5 Days
  - 10 qt. Water – 3 Days
  - 20 qt. Water – 4.5 Days
- 110 degrees Fahrenheit / 43.3 degrees Celsius
  - No Water – 3 Days
  - 1qt. Water – 3 Days
  - 2 qt. Water – 3.5 Days
  - 4 qt. Water – 4 Days
  - 10 qt. Water – 5 Days
  - 20 qt. Water – 7 Days
- 90 degrees Fahrenheit / 32.2 degrees Celsius
  - No Water – 7 Days
  - 1qt. Water – 8 Days
  - 2 qt. Water – 9 Days
  - 4 qt. Water – 10.5 Days
  - 10 qt. Water – 15 Days
  - 20 qt. Water – 23 Days
- 70 degrees Fahrenheit / 21.1 degrees Celsius
  - No Water – 10 Days
  - 1 qt. Water – 11 Days
  - 2 qt. Water – 12 Days
  - 4 qt. Water – 14 Days
  - 10 qt. Water – 20.5 Days
  - 20 qt. Water – 32 Days
- 50 degrees Fahrenheit / 10.0 degrees Celsius

- No Water – 10 Days
- 1qt. Water – 11 Days
- 2 qt. Water – 12 Days
- 4 qt. Water – 14.5 Days
- 10 qt. Water – 21 Days
- 20 qt. Water – 32 Days



**The Great Prepping HOAX**  
 Why conventional prepping will in fact  
**KILL** your chances of survival in  
 a crisis  
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SOURCE : [uscrow.org](http://uscrow.org)





# About CMF Contributor

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*Filed Under:* [SURVIVAL](#) *Tagged:* [EVASION AND SURVIVAL](#), [EVASION AND SURVIVAL IN HOSTILE TERRITORIES](#), [HOSTILE TERRITORIES](#), [LOCATION ASSESSMENT](#)

## Five Levels of Food Redundancy

*Posted on* MARCH 7, 2015 *Written by* [WWW.SURVIVAL5X5.COM](http://WWW.SURVIVAL5X5.COM) [LEAVE A COMMENT](#)



### Five Levels of Food Redundancy

This continues my series on five levels of redundancy. The basis of survival are food and water, shelter, safety (self-defense), medical, and communication. Water and shelter are the top priorities. Thereafter is food. We are blessed in the United States, Canada, and Great Britain with abundant and inexpensive food sources. We spent less of a percent of income on food compared to the rest of the world. US and Canadian farmers are the most productive, most technology savvy, and best equipped in the world.

There several risks related to food. The most immediate risk is the long supply chain. Food is produced on an industry scale with large corporate farms, middleman processors, distribution warehouses, and then the grocery store. In days past, grocery stores kept extra goods in the back of the store. These days, grocery stores only have a breakdown area in the back to unpack the food arriving on trucks. Most volumes of food is stored far back in the supply chain. When there

is a disruption in the supply chain, grocery stores are empty within hours. In emergency, if you go to the grocery store late, then you go hungry.

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## Building your own gun for SHTF-Bullet shortage? No problem: Make your own

*Posted on* **FEBRUARY 26, 2015** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



### Building your own gun for SHTF

In prepping there are few things more important than protecting the lives of yourself and your loved ones. It's your duty to ensure their safety by any means necessary even in the toughest of times. As a prepper you probably own a firearm (or several) as a means of defense for you and your family.

What happens however, when the government comes to take away your guns? How will you protect the ones you care about the most? Most preppers will not last very long without an effective way to [protect their lives](#).

As you probably know, you are required to fill out several forms when purchasing a firearm and that information is passed on to the federal government. What if you could legally own a gun that doesn't technically exist? California senator De Leon would call it a "Ghost Gun".



## **Worse Than Putin** **Pentagon Officials Warn** **This Weapon Might Bring WW3** **[Watch Shocking Video](#)**

What exactly do I mean by this? In The United States, an [unlicensed individual may manufacture their own firearm](#) for their own personal use but not for sale or transfer. This means that an individual can build an AK-47 or a semi-automatic Browning m1919 completely off the books.

For preppers this means that you can build and set aside a weapon that only you know about. Best of all you do not have to even report to the government that it even exists. A little known fact is that you can purchase "80% receivers" for most common firearms including an AR-15 assault rifle.

An 80% receiver is an incomplete "paperweight" that requires the user to complete several functions in order to make it into a functioning firearm. Once completed, you can just order the rest of the parts online and build your desired firearm....All without ever needing to visit an FFL!



The completion of an 80% receiver does require some skill and patience but with the use of a quality jig and a good drill press, this can be done in about a days time. [A polymer 80% lower receiver](#) can be finished in a few hours with even less technical experience, a one time jig and some basic hand tools.

This is a must know for preppers who are worried about the current political atmosphere and the constant threat of losing their rights to keep and bear arms. Also, if you have a bug out location this would be a great place to store your firearm to keep it completely off the radar until it is needed.

We all dread the knock at the door telling us to turn in our guns but we should be able to sleep better at night knowing that we will always have a backup no matter what. Before deciding to build your own gun you should always check your local laws because this can vary and you do not want to end up getting in trouble with the law.

Also, even though you can build your own firearm you may not legally manufacture “Class III” weapons such as suppressors and fully automatic firearms. I really hope this has been helpful to you guys out there and as always I encourage you all to [keep prepping](#). ([source](#))

# Bullet shortage? No problem: Make your own

For a while now, ammunition has been in short supply, and many retailers have imposed limits on how much ammo a customer can buy. At Walmart, for instance, it's three boxes per day. At Hot Shot Sports in Shnecksville, Pa., it's five boxes per day. The store's owner, Walt Schneck, says the store is out of 9 mm ammunition.

“Demand right now is over the top,” he says, adding that it has been that way since the shooting at Sandy Hook Elementary School in Newtown, Conn. “People got panicky,” Schneck says. “They are coming out, buying guns and they're buying ammo, and everything is just going off the shelf.”

In the U.S., ammunition is a \$2 billion industry. “All of the manufacturers are operating 24 hours a day, seven days a week, to try to produce as much as they can to meet this unprecedented consumer demand,” says Lawrence Keane with the National Shooting Sports Foundation, the firearms industry's trade association. Last month, Remington announced it is expanding its ammunition factory in Arkansas.

Still, manufacturers haven't been able to keep up, and Walt Schneck says many of his customers at Hot Shot Sports have started to make their own ammo. They do it from scratch or they re-load casings from ammo they've shot. “As long as you can get the bullet, the powder, and the primer, and you have the casings, you're good to go,” Schneck says.

According to C. Rodney James, the author of “The ABCs of Reloading,” there are other benefits. For one thing, it's more precise, he says. You can tailor a round to an individual firearm. For another? “You can reduce the cost of your ammunition by about 60 percent if you basically assemble it yourself



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at home,” James says.



To do that, James says you need a press, dies and manuals to figure out how much powder to use. “You can put together a pretty good reloading outfit for a few hundred dollars — \$250, \$300,” he says.

Tim Miller, of Allentown, Pa., is one of Walt Schneck’s customers. He is a competitive shooter and a firearms instructor with STSK, who makes his own ammo. Miller teaches an eight-hour, \$250 class on how to do it. “This is all the stuff I picked up from when I shot,” he says, pointing to brass cases. “It needs to be cleaned first, because if you don’t clean it, it’ll clog up your dies, and can actually dent the cases.”

Today, Miller is making .38 specials for a revolver. He resizes the cartridge and puts in a new primer. That is what will ignite the gunpowder, which he puts in next. Then, he seats a projectile —the bullet. It is a precise process. In a matter of minutes, Miller cranks out round after round. He estimates he can make about 300 in one hour.

At Hot Shot Sports, Miller would have to pay almost \$250 for 500 rounds of factory-made .38 specials. He says he could make 500 rounds himself for \$77. At the store, he does the math: “So, you’re about \$7 for the powder, about \$50 for the bullets, and about \$20 for the primers, and that’s 500,” he says. ” So there’s a drastic difference.”

But it isn’t as easy to get those components as it used to be. “As there has been a run on guns and ammunition, there’s also been a similar run, although on a smaller scale, on reloading equipment and components,” C. Rodney James says. That includes the bullets — the projectiles that go into ammunition. So, some people also make those themselves.

Jim Finnerty is one of them. He lives in Groton, Mass. “You can really save a fortune by making your own bullets, as well,” Finnerty says. “Because after the brass case, which you get to reuse, the bullet or projectile is the second-most expensive component of the cartridge.”

Finnerty says he got into making bullets and ammo for economic reasons. Then, it became a hobby. “I mean, if I had taken up golf, I’d be at the driving range practicing every day, and if there was a shortage of golf balls, and there was a way to make my own, I’d probably do it.”

These days, more and more gun owners say it is becoming a necessity.([source](#))



**Other useful resources:**

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# Collapse Survivor Explains Strategic Savagery: “You Have Two Choices – Fight To The Last or Run”

*Posted on* FEBRUARY 19, 2015 *Written by* [SELCO](#) [LEAVE A COMMENT](#)



## Collapse Survivor Explains Strategic Savagery

It looks like there is no sense and order in what ISIS folks are doing while they are terrorizing people and burning them alive, stone them to death, kill captured soldiers or simply women and kids. But spreading terror and pure fear makes lot of sense in terms of strategy, especially in already „chaotic“ times and territories where they are trying to advance.

Terror is a psychological game.

**RELATED :** [How ISIS is selling human organs harvested from living hostages and its own dead soldiers to fund terror across the Middle East](#)

## The “they are coming for me feeling”

I have experienced for myself, more than once the feeling that „they are coming for me“. It is that moment when you are armed and ready, together with more folks, who are armed too and we are all waiting for attack.

And guys who are attacking are famous for the fact that they do not take prisoners, or that they have few sick guys who are collecting ears from the captured people, while they are still alive.

No matter how well you are armed and prepared and ready to fight, if you hear about their atrocities for weeks and then one evening you are forced to fight with them it will have impact on you.

You will face stress of battle but also have to deal with your own fear.

Of course different people react in different ways, so some guys will break down or give up even before fight, without single bullet flying through the air.

## Here's why conventional preparedness wisdom is deadly **WATCH VIDEO**

Some guys will even surrender without fight and beg for mercy, even they listened stories about „no prisoners“ for weeks. Often they are the people who can not imagine how truly evil people act. They think because they would not kill and torture other people they do not know nobody would. It makes no sense, but it is what terror does and why it works. It makes people act without sense, makes them do stupid things, to be confused and not logical.

Terror is advanced level of trash talk in sports where one opponent tries to make the other one angry that he loses focus. When it comes to terror it is just fear that is used as weapon.

I have seen that sometimes only rumor about some infamous unit coming to attack is enough that groups who are very well organised simply fall apart.

If you hear that there is unit coming and they will torture and kill everyone in their way including your kids and woman, you have two choices: To fight to the last or run.

In the movies folks will fight to the last, but in reality most of the folks will simply run. The difference is like walking on edge of the sidewalk or walking on edge of a high building. In both cases you walk on edge but only in one case a wrong step has much worse consequences.

Few times I asked myself why ISIS has so much success over there in Iraq and Syria. One of the answers is terror. Nothing spreads so fast like terror.

I also think the idea you can have ultimate power over life and death of people makes many people want to join them. People get high on power and that they can decide who lives or dies. If this happens in group you usually find people trying to be more brutal than other people in their group. To be the most respected a feared one.

**[RELATED : Rick Joyner Issues Urgent Warning: ISIS Coming to America as the 'Gate of Hell' Has Opened](#)**

You finally can rule over people, to judge, it does not have anything to do with religion, it is in human nature of some folks.

Few months ago I read some US weapon forum and one of the members shows his rifle and said how he bought it cheaply and how it was probably used in Balkan war.

On the rifle butt there was still small engraved sign of the unit visible. And strangely I knew that unit. Unit was famous in war because they (like many others) did lots of bad things, rape, kill prisoners and similar things like private prisons etc.

But at the end most of them ended up dead, killed like the people they killed.



Once when people realize that bullets can kill you no matter how famous or infamous you are it all gets easier.

People dealt with them, and today they are just something like weird war memory with a sign on someones rifle butt. This is a lesson you need to keep in mind in situations when you face enemies that cause fear and terror in you.

First you need to accept your fear and terror. Some people do not accept it and try to pretend its not there until it breaks out and makes them unable to function. Often in situations when it matters most.

Be aware of your fear and terror but also confident in your abilities to face this enemy. This is attitude that you need to show openly also to all members of your group. In groups emotions always get amplified.

Just like walking on edge of high building you focus on the task at hand, the walking or fighting and forget about consequences for that moment.

Terror needs to be dealt with brute force, before it spreads way too much to be contained. It is like disease.

You can get sick from terror, just like from pneumonia for example. Symptoms are fear,panic, doing illogical things, or having urge to run away before even you realize who is your enemy and how you can defeat it.

[This is why we prepare](#), practice and learn to focus on what matters to achieve our goals. Terror only works if you give it power.

What do you make of ISIS and their actions? Please share your thoughts on this and how you try to deal with terror [in community forum](#) .



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# Energy is the Key to Survival

Posted on FEBRUARY 4, 2015 Written by [WWW.THENEWSURVIVALIST.COM](http://WWW.THENEWSURVIVALIST.COM) [LEAVE A COMMENT](#)



## **Energy is the Key to Survival**

In physics class we learned that energy is the capacity to do work. We saw earlier that food is the stored energy which makes life possible. Every human activity requires energy. We need it to charge our phones and to heat our homes. From growing our food to cooking it, energy is the key to survival. In this chapter we will explore this important topic and look at [sources of energy that we might draw upon during an emergency](#).

Virtually all of the energy on Earth comes from the Sun. Plants absorb energy directly from sunlight

and plant-eating animals get it by consuming plants. Then carnivores eat plant-eating animals and so goes the food chain right to the top where humans are found. The sun's energy stored in trees is released when we burn wood. The energy stored in plants and animals that died millions of years ago provides us today with the coal, oil and natural gas that we depend on to run our economies. Even the electricity we get from hydroelectric dams comes from the sun, which evaporated the waters which produced the rain and snow which fed the rivers and lakes.

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# Kidnapped? Hostage? Prisoner of War? How to Escape and Evade Forced Captivity

Posted on JANUARY 26, 2015 Written by [AMY S. LEAVE A COMMENT](#)



Kidnapped? Hostage? Prisoner of War? How to Escape and Evade Forced Captivity

“Escape and Evasion” from enemy hands ... Learn Tactics from Special Forces SERE School ... S.E.R.E., “Survival, Evasion, Resistance, and Escape”, is military training to evade capture, escape from confinement if you are captured, and survival skills. You might have to kill someone. You might have to break zip-ties, pick a lock, or create a diversion by setting something on fire...

## Escape and Evasion

# Captive! Taken Hostage! Prisoner of War! What Do You Do?

Facing a possible U.S. collapse in the coming years, most people taking steps to prepare (preppers) are concerned about food and water shortages, how to deal with possible security issues, transportation (should there be a widespread shortage of fuel), power (should the power-grid fail), light, communication, etc.

However, the key to being prepared is to understand a wide breadth of information and possible circumstances – even those that might fall well outside the realm of typical “prepper” topics, such as: **Escape and Evasion**.

The fact is, a large number of preppers in the world are likely to face several instances in a time of collapse where knowing how to escape and evade danger will be more important than food or water that day.

## What You Can Learn from Special Forces SERE

### ‘Survival, Resistance, Escape, Evasion’

Aside from being a Special Forces Medic for six years, I started my enlistment in the Army at the age of 18 as an interrogator. One of the duties I had was to help provide **SERE (Survival, Resistance, Escape, Evasion) training** to various units in locations in the USA and Europe.

During this time, **I learned a lot about ways to help train our soldiers to be better at surviving captivity and being able to band together and work as a team to escape.** Following my years in the Special Forces, I now run a survival school called “The Human



Path” (TheHumanPath.com), where I continue to teach “escape and evasion” today.



**It takes 30 seconds to learn this weird  
NAVY SEAL trick that stops looters from  
breaking into your home** [Watch](#)

## Surviving Captivity, Banding Together to Work as a Team to Escape

If your captors know anything about keeping you helpless, **they will segregate you, isolate you and not give captives a chance to help each other.** However it is unlikely that captors in most of the SHTF scenarios described below (keep reading) would know the advantage they would get by doing this, or have the resources to separate everyone.

The best possible scenario would be to have the people you know and trust close by and then be able to communicate with them.

This might be possible in a FEMA or government-run camp, and you should use it to your maximum advantage **along with the motivation to escape earlier rather than later.** Having people **you know you can trust** is a huge motivation factor and helps with the attitude of survival as well.

## But What if Things Get Worse?

What if it's not an economic collapse we're dealing with? What if the threat of a U.S. Martial Law isn't what leads to government run camps? What if America's collapse is total and brings down government as well?

Anything could happen at this point. If Washington D.C. is still around that is. Perhaps that's a Russian flag now flying over the White House, or a Chinese flag, or even an Iranian flag or North Korean. Or some new “global entity” entirely that is in power.

Instead of a government camp you're trying to escape from, it might be more on the lines of a Nazi concentration camp, where the longer you're there, the more likely it is you're to die a miserable death. Starvation. Disease. Execution.

If that doesn't sound pleasant, now you understand why training in SERE is an element of the Special Forces. The fact is, in any armed conflict, these are always risks U.S. personnel face (captivity at the hands of a brutal enemy) and why this training has been in place for several decades.

# Adaptation is An Essential Survival Skill

In SERE you learn about **adaptation**. It is better to be a jack of all trades than a master of only one or two, as this lends you a certain amount of adaptability in a survival situation. Being able to adapt (improvise with changing conditions) is an essential survival skill and might save your life on more than one occasion.

## Forced Captivity: Could This Happen to You?

First of all, let's list some of the SHTF situations where anyone could end up having to deal with forced captivity: FEMA or Government internment camps meant to control the population after major disasters, unrest and lack of food, water and other resources.

\* Kidnapping or enslavement by any number of gangs – whether for sport/amusement, sex trade, slave labor, ransom or just because they can in a world without rule of law. This could include well-armed and well-trained drug cartels making their way up through America, small towns living and acting out of fear, racism, resentment or revenge, illegal or legal gangs that already existed prior to a SHTF event, individuals who have become psychologically disturbed through the course of SHTF events and may no longer have access to behavior modifying drugs (anti-depressants, etc.), and more.

\* Terrorist or foreign military prisoner of war camps.

\* A community or group of people, in a time of severe famine, using humans for food (cannibalism).

## Beware of Stockholm Syndrome

One thing you have to be careful of is the gradual “Stockholm Syndrome” that often sets in with people. They become accustomed to and even embrace captivity and would rather risk the unknown at the hands of their captors than the unknown as a free person. Again, this is more likely to occur after time, so **remember that you're on the clock the moment you are captive.**

## First – Your State of Mind

I have coined a phrase over the years of teaching survival to everyone from military and SWAT teams, to civilians: “The four A's of Survival.” These four concepts are a good set of cornerstones to base all of your skills on top of. They apply across the board in any survival situation, but are especially

important in a situation of captivity. You must realize that physical skills are worthless if you are so frozen or paralyzed by the psychological and mental level of events going on around you that you are helpless.

# The Four A's of Survival Are...

## Attitude – The Will to Survive

Attitude means the will to survive.

It means developing the ability to let the negative experiences roll off your back like water on a duck, and focus on the positive. This can be everything from the attitude of survival in a life-or-death fight with someone who wants to hurt or kill you, to your ability to endure lack of water, food, sleep, basic comforts, etc.

Attitude can be taught, and we do that at [The Human Path survival classes](#) by forcing people to work together under stressful and adrenaline-charged conditions, followed by review and discussion, and then more training.

**You Have to Adapt** This relates to your ability to create new tools or new ways of looking at problems with whatever you have on hand. In order to be adaptable you have to have some basic skills and understanding. For instance if you understand knots and levers, you can make a primitive winch with two logs and a rope.

You can make a weapon out of items in your environment.

You can build diversionary devices.



**Do THIS When You Have A Gun  
Pointed At YOUR Head**

This simple technique will save you and  
your family's life when you are attacked

[Watch Video >>](#)

The list goes on.

**Adaptability** means knowing abstract and common-sense concepts and then applying them in a new and different way every time. This can also be taught, and we do so at our school by placing people in unusual circumstances with unusual tools, salvage materials and other resources to have to work with.

The act of creativity by thinking “outside the box,” is something that you can get better at by being in a situation that forces you to do it over and over again. You learn new tricks and new ways of thinking that have not occurred to you before, which, once you learn, you’re not likely to forget.

# You Have to Be Aware

Awareness is crucial both as a survival skill unto itself, as well as an underlying concept that everything else can be based on. Awareness is something that you can practice literally every waking moment (and sleeping moments too) of your life. All it takes is remembering to open up your awareness.

In The Human Path survival classes we run special exercises designed to increase awareness by learning to “breathe” through the 5 senses, and then put it all together. Our scout classes focus on constantly honing [awareness of every situation](#) so that you have more information to work with, usually before anyone else has that information. This gives you an advantage that can mean the difference between life and death.

## Be Accountable

This is both a teamwork and an individual concept. Give yourself credit for the things you do right, hold yourself accountable for the things you do wrong. Don't beat yourself up over things that you did wrong, but hold yourself accountable and learn from it so that you don't repeat mistakes. In a post-SHTF world, there may not be room for even one mistake, let alone two of the same kind. This goes for working with other people on a team as well. Reinforce the positive but address and hold accountable for the negative.

## Using the Four A's in Evasion and Escape

So how do these concepts work in the real world if you are being held captive?

Firstly, you must understand the state of being held prisoner against your will from the standpoint of awareness and attitude. Aside from helping you avoid the situation in the first place, if it is too late and you are already captive, your awareness and attitude are at their peak for the first 24-72 hours of being captive.

**You must use this initial time to your advantage.** Unless you are severely wounded, dehydrated, sick or malnourished, **your best chances of escape happen while your captors are on the move with you and during that initial 2-3 days.**

Most likely you will be strongest, most alert for chances to escape, and there will not be a “routine” set into your mind yet that will wear you down. Additionally, if your captors don't have you in a permanent location, the fortifications of your own captivity will likely be relatively weak (for instance on the road or in a temporary holding facility) vs. in a permanent camp or confinement area.

## Roleplaying



Keep your attitude strong internally **but do not show this to your captors**. Show physical signs of surrender or submission. **It's all an act**. Head down, shoulders hunched forward, walk in a shuffle, acquiring a slight limp or feigning injury, illness or weakness, speaking softly, addressing captors with fear and 'respect,' crying and acting as though you've given up, are all a good start to giving yourself some advantage.

Whatever you assume as your weakness in roleplay, develop a fictional "story" for yourself around it. This will not only help you stay in role, but gives you a fake "breaking point" (a point where you break down and pretend to be emotionally destroyed as though you've completely given up) if you are being tortured or hurt for information or amusement by your captors.

For instance, maybe your fake story is that you saw a loved one murdered in front of you, or witnessed something so horrible that you can't get over it. The world will likely be filled with people in this state of mind in America after a SHTF event, so you wouldn't stand out much with this kind of a story and role-play going on, which is also good. You do not want to stand out in any way.

## Strategy for Women

If you are an attractive woman and are aware that you are captive by people who would use this against you, make yourself less attractive, using dirt (face, hair, clothing, etc.), posture, faking illness, etc.

Make sure you know what may be happening first, though: You don't want to end up in the "throw-away" pile of captives if that means execution for instance.

You need to buy yourself enough time and opportunity to escape, and you need to do whatever it takes to survive and be healthy up to that point. The sooner that point happens after being captive, generally the better off you will be for the period of time you have to evade and get away.

Roleplaying a weak and submissive person allows you the advantage of surprise if you have to overcome your captors. It also means you are less of a threat and likely someone they will not be watching as closely.



### Do **THIS** When You Have A Gun Pointed At YOUR Head

This simple technique will save you and your family's life when you are attacked

[Watch Video >>](#)

# Physical Escape

Getting out of restraints is often not as difficult as it might seem. Ropes stretch and are very difficult to keep someone restrained with. Normal strength zip ties are broken easily, both in front and behind the body.

## Breaking Zip Ties

At our school we can teach any adult to do this within a few minutes of practice, regardless of their size or strength. There are extra-strength zip ties which are far more difficult to break, but can be sawn through fairly easily with any rough edge or even with friction and a length of 550 cord (paracord).

This is yet another reason to use paracord for your shoe laces!

## Lock-Pick Training

We also have lock-pick training handcuffs that we use at The Human Path that are very useful. These are normal Smith and Wesson type handcuffs with a clear window so that you can actually see how your pick is working.

A paper clip, bobby pin or any comparable thickness and strength of wire will allow you to pick handcuffs both behind and in front of your back. This requires some practice, but anyone can learn this in a matter of minutes, and with a few hours of practice can be moderately efficient at it. This requires having some type of metal that you carry with you, however.

Carrying a lock pick in your clothing hem, in your belt, in your hair, or elsewhere is not a bad idea if you suspect that being captured and detained is a possibility.

## Picking Padlocks

Picking padlocks is also not difficult to learn, and there are educational videos on YouTube to help you learn this. We teach this at my school too – both key and combination padlocks – but it is a higher level course as I don't like teaching skills like these to people unless I know them first. However in all honesty, you can learn several of these techniques online, especially on YouTube. All it involves is some self-discipline and practice, as just watching the video is not enough. Hence the reason for a school like mine.

## Reasons to Work as a Team

Working together as a team makes escape much easier than trying to do it alone. With a team you can divide the work. You can **create distractions** and have more resources and skills to draw upon.

## A Few Questions to Ask

You have to ask yourself before making an escape what you plan to do if you are discovered by your captors while escaping.

If you have the ability to, are you ready to kill them?

Do you have a way to do that without alerting everyone to your escape?

If you get caught and you're not fully escaped, can you fall immediately into a cover story and role-play that will help buy you either a chance to disable your guard or at least save you from punishment that might include more stringent confinement harder to escape from.

# Evasion

Once you have escaped, you must evade your captors. This is made a lot easier by a number of skills and other concepts such as:



**Biggest surprise of their lives!**  
**Simple, inexpensive booby-traps from**  
**the world's urban war zones.**

[Watch Video >>](#)

- \* Preparation and knowing which direction to run.
- \* Ability to find your way (map, orienteering skills, etc.)
- \* Counter tracking (eluding trackers)
- \* Self-defense (armed and unarmed)
- \* Stamina for long distance travel
- \* Primitive and urban survival skills while on the run
- \* A destination
- \* Hope and a will to survive

Bear in mind that escaping is only getting to the point that you have a fighting chance at survival, and that again, survival alone is much more difficult than survival as a small group where you can divide the work and rely on skills and knowledge of others where you might be weak.

# Practice Essential Survival Skills

Needless to say, skills that you need to survive on the run while evading are skills you should be working on now.

The time to learn survival skills like how to start a friction fire and how to cook using a Dakota Firepit (to allow you to avoid detection) is not once you are on the run. Learn the skills now and practice them in your own house and back yard.

Once you've practiced essential survival skills, even enough to have a moderate understanding, **you will have at least given yourself a fighting chance to survive.**

## Be Mentally Prepared for Worst Case Scenarios

Remember that there is a big difference, however, between starting a friction fire in the summer when it is 90+ degrees F out and has been dry for months, vs. starting a friction fire when it has been raining for 3 weeks straight, you're soaked to the skin and is 50 degrees. This means you can never go wrong by practicing survival skills.

At my school we not only teach all of these skills (and a lot more), but we force students to do them under the stress and adrenaline of the same kinds of conflicts and issues they would face in a SHTF situation. We also have skills gatherings where people can show up and just practice with other students free of charge, to create a community of people who help motivate and energize each other to get better at these kinds of [survival skills](#).

## Conclusion

In summary, understand what kinds of problems you might be up against if you are ever held captive.

Start thinking now about the skills mentioned throughout this article, and how you can learn and train these skills.

Practice attitude, awareness, adaptability and accountability throughout your daily regimen as these are things you don't have to be in any kind of survival situation to practice.

For instance, when you walk outside from your house, take a few seconds or minutes to make that transition from inside to outside. Mimic the way a cat goes outside. They stop and smell the air, listen and watch, then slowly transition from inside to outside.

Look in the distance, not just 20 feet in front of you.

Relax, practice deep breathing and start to trust your intuition more.



Intuition is just like any other skill – the more you use it the better you get at it. These kinds of exercises can be done by anyone, anywhere, for any of the four A's, and will also help you prepare.

They aren't a substitute for skills, but they are a necessary complement to skills.

You can have all the skills in the world but if you walk around with zero awareness and have an attitude of someone who gives up easily, those skills are worthless.

**Think like a survivor. Never give up hope.**

Holding on to hope will give you the perseverance and will to survive, when other people may have already given up all hope of escape. In their minds, they are already dead.

## Put Together a Plan

Now put together a plan. Time your escape at just the right moment. But don't wait too long.

Remember, the right moment might be shortly after being taken captive when you are still strong, still healthy, still have the energy to run, escape, evade.



**Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

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by Sam Coffman, U.S. Special Forces Green Beret, Survival Instructor at TheHumanPath.com

SOURCE : [www.secretsofsurvival.com](http://www.secretsofsurvival.com)

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# Here Are 6 Reasons A Survival Food Pantry Can Fail You When You Need It Most

Posted on JANUARY 11, 2015 Written by [JEFF ANDERSON](#) [LEAVE A COMMENT](#)



Here Are 6 Reasons A Survival Food Pantry

Imagine waking up one day to turn on the news and find out that China has decided to no longer let us borrow any more money from them.

In an instant, you'll see our markets crumble and all of the resources most people take for granted will be strained beyond capacity.

Food... water... fuel... electricity... it would literally change life as we know it in a very short time and some are saying that this is inevitable at our ongoing rate of "over-borrowing".

When that happens, your #1 priority will be how to feed yourself and your family while everyone fights over the last remaining food on the store shelves

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Filed Under: [STORAGE](#), [SURVIVAL](#) Tagged: [ECONOMIC COLLAPSE](#), [PLANNING YOUR SURVIVAL FOOD](#)  
[HOARD](#), [PREPPER](#), [STORAGE FOOD](#), [SURVIVAL FOOD PLAN](#)

# Who Says "Doomsday" Isn't Coming? Even NASA Says These 5 Things Will Wipe Us Out!

Posted on JANUARY 11, 2015 Written by [JEFF ANDERSON](#) [LEAVE A COMMENT](#)



Who Says "Doomsday" Isn't Coming? Even NASA Says

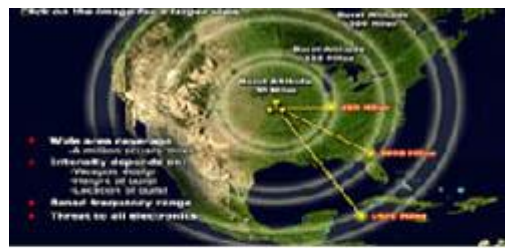
I hate to say I told you so...

Yet another recent report by a university research team reviewing NASA data that warns of some of the exact same “end of days” warning signs from our [free survival guide](#).

According to their calculations, we're in very serious danger of a complete meltdown at any point within the next 15-20 years.

NASA is even trying to distance itself (from its own data!) and downplay the language of the report in order to prevent public panic!

You see, in this report, the researchers explain that every societal collapse in the last 5,000 years has been because of the convergence of these five factors:



## NASA's Dire Warning: What We Feared Most Will Come Upon Us. 13 Months To Get Ready

[Watch Video>>](#)

- Population Increase
- Climate Change
- Water Availability
- Agriculture
- Energy Resources

In other words, when one of these factors are strained (there isn't enough energy, or there isn't enough clean water, things like that), it can trigger a wide-scale "doomsday-type" collapse and **end civilization as we know it.**

The research goes on to predict that a stretching in any of these areas will lead to “class separation” of the Elites [rich] and Masses (or “Commoners”) [poor].

Based on history, this “Elite” population then restricts the flow of resources accessible to the “Masses”, accumulating a surplus for themselves that’s high enough to further strain natural resources.

This will inevitably result in the destruction of society.

Sound like fantasy?

Well, it's a known fact that **the super-wealthy aristocracy of Saudi Arabia is already buying up huge tracts of land** – not for oil... **but for the WATER that lies underneath!**



And they're not the only ones!

Make no mistake... there already IS an "Elite" class hiding in the dark shadows of our society and they control not just the money, but the military might to bring control to a New World Order... and now they seek to dominate the natural resources we'll all be dependent on.

I know that I sound like some tin-foil hat wearing fool (to some)... but these are facts and studies done by legitimate scientists and in well-documented records.

Don't get left behind.

More importantly, don't get caught unaware!

After reading it, you and your family will know exactly what to look for before it gets here and before your neighbors even have a clue what's going on.

Plus, you'll also get the "action steps" you need to take now to ensure your survival.

Don't wait on this.

**Here's what you don't know about the coming 6 months**

**WATCH VIDEO** 

### **Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

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# Doomsday Lairs! Elite Bug-Out Underground Bunkers And Cities Prepared For Major Catastrophe – The Elite Will Survive, Will We?

Posted on DECEMBER 10, 2014 Written by [SUSAN DUCLOS](#) [1 COMMENT](#)



## Doomsday Lairs! Elite Bug-Out Underground Bunkers

With stories of missing food, recalls, government stockpiling of ammunition and weapons, medication shortages, vanishing money and missing gold, and more being buzzed about on the Internet, one possible answer of where it is all going, who is hoarding it, can

be found over at the Bob Fletcher Investigation website.... a site I encourage everyone to go to and browse around.

**RELATED :** [Survival Bunkers – The Reality Of Life Underground](#)

While some may not agree with his ultimate conclusions of what the final catastrophe will be, the information provides on “Doomsday Lairs”, underground facilities, bug-out locations, whole cities and tunnel systems, not only in the US, but across the globe, makes it undeniable that the elite are preparing for an extinction level event, using food, money, gold and other necessities, all paid for by you.... the taxpayer.



They will be safe and cozy, underground and protected, while those very same taxpayers are fighting to survive the aftermath of the expected catastrophe.

I go through some of these these locations, (over 100 of them at the site!) in the first video below. The second video was shown in an article from yesterday, so people can hear Fletcher directly, where he explains how he obtained much of this information on these bunkers and connecting it to the “vanishing” money. The following videos after those two are older, companies building bunkers for the elite, and a look inside of an underground bunker stocked with food and necessities.

**RELATED :** [Underground Bunkers and Shelters: the facts you need to know](#)

A few of the most talked about locations are Denver Airport, Weather Mountain, Site “R” Raven Rock, Area 51, Camp David and Under the Capitol Building.... just to name a few.

The bottom line is they have been preparing for decades.... have you?



IF YOU ARE TOO WEAK TO DEFEND YOUR HOME  
FROM LOOTERS, THEN YOU NEED TO WATCH THIS  
[WATCH VIDEO>>](#)



**280 Million Americans Will Die  
In This EMP Attack...**

... But you can get away unharmed, even if  
your town is crushed to pieces. [Click here](#)  
to discover the proven technique to survive  
a deadly EMP attack on the USA:

### **Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

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# The 4 Most Likely Ways You Can Die If the SHTF

Posted on NOVEMBER 29, 2014 Written by [TESS PENINGTON](#) [LEAVE A COMMENT](#)



Ways You Can Die If the SHTF

The subject of survival in a long term disaster goes beyond having stockpiles of beans, bullets and band-aids. Those that do [survive during a long term emergency](#) will no doubt be tried and tested with a great many things. One of those trying scenarios is dealing with death.

Zombie attacks seem to be a prevalent theme for preppers to prepare for. In fact, the CDC has even posted a preparedness article on how to ward off zombie attacks. While I believe these zombies will likely take the form of substance abusers, mental patients, chronically ill or diseased, and desperate individuals whose basic needs have not been met, they will die out in the first few months of an onset of a major disaster, and their presence will rarely be an issue in a long term situation.



**[This Crazy Guy Shouldn't Have Invented An Automated Micro Farm. Video Here](#)**

In reality, a majority of those that will die during a long-term disaster will be from illnesses brought on by acute respiratory infections due to cramped living conditions, poor water conditions (or lack of), or bacterial infections from wounds. If we survive a major disaster, America would become a third world country and the aftermath of such a scenario will be similar to those living in Africa, Ethiopia and India.

## **Illness Due to Poor Water Conditions**

Typically, any diseases that are brought on by lack of sanitation and hygiene are controllable and preventable. In a disaster where water sources are compromised, people within a 50 mile radius could be adversely impacted by illness and disease if just one person incorrectly handles water or incorrectly disposes of waste. Contaminated water, poor sanitation and/or lack of hygiene leads to diseases such as Hepatitis A, viral gastroenteritis, cholera, Shigellosis, typhoid, Diphtheria and polio. If these diseases affect enough people, an epidemic will ensue.

## **[RELATED : 50 Survival Items You Forgot To Buy](#)**

Dehydration and diarrhea are also water-related matters to contend with. Those without adequate water conditions and/or are suffering from disease brought on by poor water conditions could quickly dehydrate. These types of illnesses typically affect at-risk populations such as children, the sick and the elderly. Young children in particular are at high risk for diarrhea and other food- and waterborne illnesses because of limited pre-existing immunity and behavioral factors such as frequent hand-to-mouth contact. The greatest risk to an infant with diarrhea and vomiting is dehydration. In addition, fever or increased ambient temperature increases fluid losses and speeds dehydration. Having knowledge beforehand on [how to properly clean drinking water and food](#), and the symptomatology and treatment of these types of diseases can prevent further outbreaks from occurring.

## Malnutrition

Malnutrition from either improper water conditions or from lack of nutrients is also a large killer amongst those in impoverished communities. Medical experts say there is a symbiotic relationship between malnutrition and diarrhea. Malnutrition increases the severity of diarrhea while diarrhea can cause malnutrition. Either way, prevention for both of these health issues is key.

Those that are malnourished are more susceptible to illness and disease. Individuals who are malnourished will also be vitamin deficient and their health is likely to regress further. Those who survive from malnutrition are permanently affected by this disease and may suffer from recurring sickness, faltering growth, poor brain development, increased tooth decay, reduced strength and work capacity, and increased chance of chronic diseases in adulthood. Adult women with this condition will give birth to underweight babies.

Recommended [preparedness items](#): dietary supplements, vitamin powders, seeds for sprouting or seeds for fresh vegetables and fruits, survival bars, knowledge of alternative means to attain vitamins

## Acute Respiratory Infections

Upper respiratory infections (URI) will also be a leading cause of death in a long term disaster. Upper respiratory infections include: colds, flu, sore throat, coughs and bronchitis can usually be cured with additional liquids, rest and nourishment. Allowing the illness to exacerbate will lead to secondary infections such as bacterial pneumonia. The germs from pneumonia are easily spread from an infected person to others by coughing or sneezing or through close contact. A major concern about respiratory infections is that there are many drug resistant strands of viruses, bacteria and diseases (including tuberculosis), that regular medicine will not cure. In a long term [disaster situation](#), many could perish.

To properly prepare for this type of medical situation, learn about the more prevalent viruses and bacteria in your country and how to prevent them in order to provide a healthy living environment in a long term situation.

## RELATED : [Diabetic Survival in a SHTF Scenario](#)

Not only are URI's a concern but other air-borne diseases such as tuberculosis will likely fester during a long term scenario. In regular non-SHTF times, treatment for tuberculosis requires 6-12 months of medication. In a long term emergency, chances of surviving tuberculosis are slim. The best way to prevent tuberculosis is adequate nutrition, vitamin D and living in a properly ventilated shelter.

Survival groups that have multiple people living under one roof will only increase the likelihood of passing air-borne infections and diseases to one another. In addition, those in an at-risk group (elderly, immuno-deficient, infants) are more likely to catch illnesses. If a survival group is sharing a home, an infirmary or sick room should be prepared for those who have fallen ill. Isolating the person who is ill will limit exposure to the other members of the group. [Adequate nutrition, water, rest, good sanitary](#) practices and ventilation of the home is essential in curbing this.

Recommended preparedness items: decongestants, expectorants, upper respiratory medicines, antibiotics (for secondary and bacterial infections), knowledge on medicinal herbs, prepare a sick room at your survival homestead

## Infections From Wounds

Open injuries have the potential for serious bacterial wound infections, including gas gangrene and tetanus, and these in turn may lead to long term disabilities, chronic wound or bone infection, and death. Antibiotics will be few and far between and will be more precious than gold. Without proper medicines, antiseptic and knowledge on proper medical procedures, many will die of bacterial infections. Learning medical skills, gaining knowledge on natural medicines and alternative medical antiseptic (i.e., Dakin's Solution) before a disaster occurs could help people survive from wound infections. Also, ensuring the area that you treat medical emergencies is clean and as sterile as [possible may also prevent bacterial infections](#).

Recommended preparedness items: stock up on maxi pads for wound absorption, gauze, celox, antibiotics, suture needles and other basic first aid supplies.

Additionally, consider developing the following skills: basic first aid class, [sign up for EMT classes](#) in your community, an off-grid medical care class such as those offered by onPoint Tactical. Also, consider investing in books such as When There is No Doctor and When There is No Dentist.

Also look into making your own antiseptics utilizing alcohol distillation, such as the custom made units from LNL Protekt.

These illnesses (provided above) have impacted countries all over the world. These illness and conditions, coupled with unsanitary living conditions such as substandard sanitation, inadequate food and water supplies and poor hygiene, make disaster-affected people especially vulnerable to disease. These illnesses will affect us no matter what part of the world we live in, what socio-economic status we currently hold, and no matter [how prepared](#) we think we are.

Understanding what can happen and [being prepared when it does is absolutely essential](#). The last thing we want to do when a serious condition arises is to panic. Preparing your supplies, developing your skills and educating the rest of your family and preparedness group on how to prevent, identify and counteract these serious conditions will provide a significant boost to your [ability to survive if the worst happens](#).



## How To Survive A Mass Medical Crises Guide

**Learn Now!**

## Other useful resources:

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)



[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

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[Family Self Defense](#) (Best Self Defense Strategies For You And Your Family)

[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

**SOURCE : Tess Pennington web site at [ReadyNutrition.com](#)**

*Filed Under:* [SURVIVAL](#), [SURVIVE](#) *Tagged:* [ABILITY TO SURVIVE IF THE WORST HAPPENS](#), [MEDICAL SURVIVAL](#), [PREPAREDNESS ITEMS](#), [TESS PENNINGTON](#), [WAYS YOU CAN DIE IF THE SHTF](#)

# NASA Warns California Drought Could Threaten U.S. Food Supply: “There will be some definite changes”

*Posted on* NOVEMBER 28, 2014 *Written by* [MAC SLAVO](#) [LEAVE A COMMENT](#)



## U.S. Food Supply

NASA's Jet Propulsion Laboratory has sounded a stark warning over California's sustained drought, publishing its latest findings where satellite surveys show a rapidly depleting groundwater supply.

And with California as the United States' most valuable agricultural state, and thus key to America's food supply (and much of the world's as well) that could mean drastic consequences for food commodity prices and potential shortages.

The Nature Climate Change journal carried the report, which Think Progress summarized:

A new Nature Climate Change piece, "The global groundwater crisis," by James Famiglietti, a leading hydrologist at the NASA Jet Propulsion Laboratory, warns that "most of the major aquifers in the world's arid and semi-arid zones, that is, in the dry parts of the world that rely most heavily on groundwater, are experiencing rapid rates of groundwater depletion."

[\[Read more...\]](#)

*Filed Under:* [PREPPING](#), [SURVIVAL](#) *Tagged:* [ECONOMIC COLLAPSE](#), [FOOD SUPPLY](#), [MAC SLAVO](#), [NASA](#)  
[WARNS](#), [PREPPING](#), [STORAGE FOODS](#)

# Diabetic Survival in a SHTF Scenario

*Posted on* **NOVEMBER 17, 2014** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



## Diabetic Survival

by [Travis](#)

If you are a diabetic you may want to read this article so that you can learn how to be prepared to survive with diabetes in a shtf scenario where medical treatment may not be available and you may need to leave your home for days or even weeks. Or you may just need to keep your insulin at the proper temperatures [without electricity](#).

One of the most challenging things to prepare for is a type 1 (insulin dependent) member of your network. However, contrary to what some believe it is possible to do and [being a diabetic prepper](#) does not have to be an oxymoron. Type 1 diabetics don't have to count themselves dead when the SHTF if they follow a few prepping tips.



Stock up on as much insulin as possible! This cannot be overstated because type 1 diabetics must have insulin to survive. However, if they follow the steps below, they will not need nearly as much as they do under every-day circumstances. Stocking up on insulin takes time, so start today. The easiest way is to get your prescription filled as often as possible (based on doctors orders and what insurance will pay for), whether or not you need a refill or not. Stock up those vials and build a buffer using the first in-first out (FIFO) rule so you are NEVER USING EXPIRED INSULIN. In a year or so, you will have a decent supply of insulin. WARNING: Using expired insulin, especially

vials not refrigerated, can cause death because insulin can form crystals over time that can kill you when injected.

**RELATED :** [Preparedness for People with Diabetes \(part. 1 – How to Make Insulin\)](#)

Stock up on test strips, an extra tester or two (put on in an galvanized garbage can for [EMP protection](#)), and syringes. Although syringes can be used twice, three times, or even more...they are inexpensive and you should have a supply. Testing capabilities will be invaluable and a key to success in making the steps that follow work.

The key to [diabetic survival in a SHTF situation](#) in a low carbohydrate diet. The human body requires insulin to break down carbohydrates into usable energy. A high carbohydrate diet requires a lot of insulin to maintain blood sugar levels; conversely, a low carb diet requires less insulin to maintain blood sugar levels. This means staying away from breads, pastas, root vegetables, wheat, oatmeal, etc. The following are good low-carb foods to stock up on or [plan to grow](#):

Sprouts

Lettuce

Kale

Zucchini

Tomatoes

Egg Plant

Spaghetti Squash

Cucumbers

Radishes

Asparagus

Broccoli

Cauliflower

Used stocked testing supplies to closely monitor blood sugar levels and use as little insulin as possible given your extremely low carb diet. Most diabetics will use far less insulin than normal on an extremely low carb diet, but without close monitoring, there will be no way to determine what that new level is.

Unfortunately, diabetic survival is not as easy as a low carbohydrate diet that doesn't require much insulin. Without the sugars from carbs processed by insulin, the body will begin to make energy from fatty acids. This process releases ketone bodies that turn the blood acidic. There are ketone urine test strips available over the counter. However, any diabetic in survival mode, trying to use as little insulin as possible, will likely be generating ketones, so the best method is to try and treat their affects on the body. This can be done as follows:

Drink significant amounts of water to help avoid dehydration as the renal system and respiratory system attempt to alkalize the blood.

Drink a solution of baking soda (sodium bicarbonate) to help alkalize the body.

Drink a solution of oral rehydration salts to maintain levels of potassium and sodium that can be quickly depleted as the renal system flushes the body.

Take magnesium and calcium supplements as these too can be quickly flushed from the



body.

Know the symptoms of severe ketone body acidosis and use stocked insulin more liberally together with an increase in carbs and the previously mentioned treatments if they occur as death can result from ketone body acidosis. These symptoms include: nausea and vomiting, pronounced thirst, excessive urination, and abdominal pain. Ultimately, there is no way for type 1 diabetics to survive indefinitely without insulin. However, a low carbohydrate diet, close monitoring of blood sugar levels to promote absolute minimum insulin usage, and the management of ketone body acidosis will make stocked insulin supplies last much longer.



#### **Other useful resources:**

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

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SOURCE : [www.catastrophenetwork.org](http://www.catastrophenetwork.org)

Filed Under: [SURVIVAL](#), [SURVIVE](#) Tagged: [DIABETES](#), [DIABETIC SURVIVAL IN A SHTF SITUATION](#), [EMP](#), [INSULIN TO SURVIVE](#), [PREPARING](#), [SHTF](#)

# Who Says “Doomsday” Isn’t Coming? Even NASA Says These 5 Things Will Wipe Us Out!

Posted on NOVEMBER 7, 2014 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Who Says “Doomsday” Isn’t Coming?

I hate to say I told you so...

According to their calculations, we’re in very serious danger of a complete meltdown at any point within the next 15-20 years.

NASA is even trying to distance itself (from its own data!) and downplay the language of the report in order to prevent public panic!

You see, in this report, the researchers explain that every societal collapse in the last 5,000 years has been because of the convergence of these five factors:

[\[Read more...\]](#)

Filed Under: [ECONOMIC COLLAPSE](#), [PREPPING](#), [SURVIVAL](#) Tagged: [AGRICULTURE](#), [CLIMATE CHANGE](#), [ENERGY RESOURCES](#), [POPULATION INCREASE](#), [WATER AVAILABILITY](#)

# How To Prepare For Martial Law

Posted on NOVEMBER 7, 2014 Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Prepare For Martial Law

If you don't believe that the American Police State is growing rapidly and that Christian right winged groups are targeted by the big brother police state, then I don't know where you have been the past few years. It is time to pay attention or you will wind up in civilian concentration camps, or worse, being beheaded!

It is getting late to prepare mentally and ultimately to physically come out of Babylon when Yah/God makes a way to do so. The Ebola scare should be a wake up as well, along with the rise of Putin and the Russian Federation in the Ukraine. There really is a lot going on in the world today and you must draw close to Yah/God and seek His will for you.

Do you know what the last move of God is and what will cause the last four kingdoms in the earth to rise?

I believe that with President Obama, it will be full speed ahead with his agenda to destroy the American way of life by taking our guns, our Free speech, and many more freedoms, and finishing the job of the Socialization of the United States of America, not to mention his recent Ebola screwup of mammoth proportions!

Do you know about the National Defense Authorization Act which allows the US government to arrest and detain you without ever going to trial, and the chip (precursor to the mark of the beast) to be in the Healthcare Mandate in March of 2013? It was postponed a year!!

Just how should we [prepare for the coming martial law](#) in America and the ensuing Tribulation? Should we depend on and have faith for Yah's/God's supernatural protection and provision for the entire 7 years, or should we do something as well such as maybe finding a place off the grid temporarily before then? Do you know when to leave Babylon/America for a place of safety?



## **FEMA Panicked When This Video Got Leaked!**

Watch leaked controversial video before they ban it again

**[Watch Video >>](#)**

**THIS IS WHAT WE HAVE TO LOOK FORWARD TO!**  
What country is it? America

I know that many would disagree with me, but I wholeheartedly believe the answer is that we should do something as well!! I believe we should get out of the way of the dangers coming, which are many. They are found all over this website. I believe that if you don't prepare now, you won't be prepared for Yahwah to use you in the end times. Prepare for the worst and hope and pray for the best! Is that a lack of faith? Not in my opinion!!

## **IS PRESIDENT OBAMA BRINGING SHARIA LAW TO AMERICA?**

### **[How To Prepare For Martial Law](#)**

Have a place prepared to go to, when leaving the cities for protection when civil war begins or when the social breakdown starts during World War III or possibly even before!

Have an emergency [supply of 30 days minimum of food](#), drinking water, etc. and have safe access to water and food long term if possible!

Have those supplies not for yourselves only, but for other loved ones and brethren who haven't prepared, because they didn't think it was necessary!

Have a bug out bag prepared with the necessary items. Never have less than a half tank of gas in your auto.

Get rid of paper assets and replace it with gold and/or silver ( I have been telling people to invest in gold since 2007 when it was \$850.00 an ounce )

Prepare for Martial Law in America [Click here for How To Survive Martial Law In America!](#)



## Other useful resources:

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

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[Family Self Defense](#) (Best Self Defense Strategies For You And Your Family)

[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

SOURCE : [www.tribulationinstitute.com](http://www.tribulationinstitute.com)

Filed Under: [HOW TO...](#), [SELF-DEFENSE](#), [SURVIVAL](#) Tagged: [MARTIAL LAW](#), [PREPARING](#), [PREPARING FOR MARTIAL LAW](#), [STORAGE FOOD](#)

# The One Simple Secret to Surviving Any Crisis

Posted on OCTOBER 25, 2014 Written by [DAISY LUTHER](#) [LEAVE A COMMENT](#)



# Secret to Surviving Any Crisis

When disaster strikes, will you be ready? Will you be organized, calm, and ready to adapt to whatever the situation brings? Sometimes we have some warning, and sometimes things happen out of the blue. There is one simple secret that will allow you to sail through nearly any crisis. It doesn't cost a lot of money, or take up an entire roomful of storage space.

It's your ability to accept the scenario.

The more time you spend denying that this could ever happen to you, happen in your home town, or occur at all, the less time you have to take definitive action. In fact, your willingness to accept that disaster could strike before it ever does puts you even further ahead, because you'll [be ready for immediate action without wasting valuable time](#) wrapping your brain around it.

[\[Read more...\]](#)

*Filed Under:* [PREPPER](#), [SURVIVAL](#) *Tagged:* [BUG OUT BAGS](#), [DISASTER SITUATIONS](#), [PREPARING](#), [PREPPER](#), [SURVIVAL](#)

## I will not submit to medical martial law; here's why

*Posted on* **OCTOBER 24, 2014** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



# I will not submit to medical martial law

One of the most dangerous philosophical contentions, even among liberty movement activists, is the conundrum of government force and prevention during times of imminent pandemic. All of us at one time or another have had this debate. If a legitimate viral threat existed and threatened to infect and kill millions of Americans, is it then acceptable for the government to step in, remove civil liberties, enforce quarantines and stop people from spreading the disease? After all, during a viral event, the decisions of each individual can truly have a positive or negative effect on the rest of society, right? One out-of-control (or “lone wolf”) person could ignite a biological firestorm, so should we not turn to government and forgo certain freedoms in order to achieve the greater good for the greater number? [\[Read more...\]](#)

*Filed Under:* [NEWS](#), [PREPPER](#), [SURVIVAL](#) *Tagged:* [EBOLA](#), [GLOBAL ACCIDENTAL PANDEMIC](#), [IMMINENT PANDEMIC](#), [MARTIAL LAW](#), [PREPARING](#), [PREPPER](#)

## One Year In Hell...Surviving a Full SHTF Collapse

*Posted on* **OCTOBER 23, 2014** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



# Surviving a Full SHTF Collapse

Many in the precious metals community are eagerly anticipating a complete systemic collapse of the financial system because as “preppers”, they expect to not only survive, but to prosper in a SHTF scenario. We suspect however that the following **MUST READ** account of surviving the Bosnian war in the midst of a complete collapse of the grid will be eye-opening in just how difficult it is to survive a full-on Mad Max scenario, even if one has spent years preparing for it.

I am from Bosnia. You know, between 1992 and 1995, it was hell. For one year, I lived and survived in a city with 6,000 people without water, electricity, gasoline, medical help, civil defense, distribution service, any kind of traditional service or centralized rule.

Today, me and my family are [well-prepared](#), I am well-armed. I have experience.

It does not matter what will happen: an earthquake, a war, a tsunami, aliens, terrorists, economic collapse, uprising. The important part is that something will happen.

The following is my experience:

Our city was blockaded by the army; and for one year, life in the city turned into total crap. We had no army, no police. We only had armed groups; those armed [protected their homes and families](#).

When it all started, some of us were [better prepared](#). But most of the neighbors’ families had enough food only for a few days. Some had pistols; a few had AK-47s or shotguns.

[\[Read more...\]](#)

Filed Under: [PREPPER](#), [SURVIVAL](#), [SURVIVE](#) Tagged: [A TSUNAMI](#), [A WAR](#), [ALIENS](#), [EARTHQUAKE](#), [ECONOMIC COLLAPSE](#), [PREPARING](#), [STORAGE FOOD](#), [SURVIVING A FULL SHTF COLLAPSE](#), [TERRORISTS](#), [UPRISING](#)

## Stockpiling food, ammo and fishing supplies for SHTF

Posted on OCTOBER 21, 2014 Written by [AMY S.](#) [LEAVE A COMMENT](#)





# Stockpiling food, ammo and fishing supplies for SHTF

Lets talk about [stockpiling food](#), ammo and fishing supplies for some kind of long term SHTF situation. These are the supplies that will be used to feed and protect your family if, or when, the SHTF. There is no perfect survival plan, and only the fool says otherwise. Its because of this admission that my plans have changed over the years.

My food stockpile has gone from simple stockpiling beans and rice plans, to something a little more complex.

In the ammunition category, [my plans](#) have gone from having various rounds stockpiled, to taking inventory, and trying to standardize my SHTF ammo stockpile.

The fishing category is where I am currently having the most fun. I have gone from just stockpiling fishing supplies to running trotlines and testing my fishing plans.

## Stockpiling Food:

10 – 15 years ago I was stockpiling beans, rice, MREs, canned goods and some garden seed. My plans were to head to the bug out location, plant a garden, and hunt for fresh meat. It was a simple plan that had a lot of holes.

**RELATED :** [Food, Gardens & Fuel; What's yours, is ours!](#)

About 6 or 7 years ago I decided to focus more on gardening, and less on hunting. My family and I started planting fruit trees (peach, pear, apple, plum,,,) and I started stockpiling more garden seed. Then came along the drought of 2010 and 2011. In the past 2 years this part of Texas is at least 3 feet low on rainfall. Lake Sam Rayburn is about 9 feet low as of when this article was written. The [long solution to a long term survival plan is having a self-sustaining farm and garden](#). In the face of global climate change getting a farm and garden up and running from scratch is going to be a little difficult.

About a year ago I decided to change my plans again and add mylar bags, and some homemade superpails to my SHTF food stockpile. So now we have mylar bags, MREs, canned goods, fruit trees and garden seeds. In the mylar bags I stored beans, rice, oats, pancake mix, pasta,,, and a few other things.

In the face of climate change, my plans have changed yet again.

Instead of relying entirely on hunting for meat, and beans for protein, I decided its time to bite the bullet and start stockpiling #10 cans of freeze dried meats, fruit and certain vegetables.

Recent #10 can purchase includes:

- 2 – Diced Broccoli
- 1 – Beef Stew
- 1 – Spaghetti with meat and sauce
- 1 – Chili mac with beef

My current plans include #10 cans of freeze dried meats, fruit, veggies; mylar bags of rice, beans, oats, pasta,,, MREs, Eversafe meals, canned goods, garden seeds, fruit trees, and places to hunt at the bug



**\$300 Home, Impervious to Hurricanes, Tornadoes, Bullets and Even Grenades**

out location.

The food in mylar bags is for side dishes, where the food in #10 cans is going to be for the main dish, and a second side dish. Lets say that we open a can of chili mac. For a side dish we could open a bag of rice and a #10 can of broccoli. This would provide a meal of chili mac, rice and broccoli.

Stockpiling Ammunition:

My ammo preps have stayed pretty much to same over the past 15+ years. There are 2 categories – defensive ammunition and hunting ammunition.

Defensive ammunition: This is your typical low cost ball ammo. With this stuff you want to make sure its reliable, accurate, and low cost.

Hunting ammo – this is your pointed softpoint, remington core-lokt,,,,, stuff designed for hunting.

Here lately I have been switching between buying 30-30 and 308 Remington core-lokt ammunition. One week I buy a box of 30-30, the next week I buy a box of 308. Add some random 223 and 7.62×39 into the mix, and you have a combination of hunting and defensive ammo.

Recent ammunition purchases:

7 boxes Monarch 223 Remington 55 grain full metal jacket  
5 boxes Monarch 7.62×39 123 grain full metal jacket  
1 box 30-30 Remington core-Lokt 150 grain soft point  
1 box Monarch 308 Winchester 145 grain full metal jacket

**RELATED :** [The Pantry Primer: Stockpiling Grains](#)

Stockpiling fishing supplies:

Fishing is what I am currently playing around with, and to be honest, fishing is fun. Whether its throwing a lure into the water, setting a trotline or throwing out some noodles, you never know what you're going to pull up.

Recent fishing supply purchases include:

1 box – Berkley Trilene XL 12 pound test  
1 spool – Ande monofilament 50 pound test  
1 box – Mustard 11/0 circle hooks (25 hooks)

In the fishing gear category, I have been stockpiling trotline string, hooks, leader material, weights, lures, snaps, swivels,,,, and just about everything else I can get my hands on.

In Review:

By stockpiling #10 cans of freeze dried foods, food stored in mylar bags, ammunition and [fishing supplies](#), we have the ability to feed our family, hunt, provide security and fish.

In this article we mentioned stockpiling seeds and having a garden, but did not cover those topics depth. The topics of seeds and gardening are covered in depth in other articles. Its not that one option is the complete solution, but its a combination of options that makes for a well rounded solution.

By having so [many sources of food](#), we have multiple failure points. If a drought sets in and we have to irrigate the fields, we have food stored in mylar bags, hunting, fishing and #10 cans. If the hunting party comes back empty handed we can open some canned goods, maybe a #10 can, mylar bag of rice and have a great meal.



**Do THIS To Grow Food  
and Animals In a Tiny  
Suburban Backyard**

**Find Out How>>**

**Other useful resources:**

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

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[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

SOURCE : [www.survivalistboards.com](http://www.survivalistboards.com)

Filed Under: [PREPPING](#), [SURVIVAL](#) Tagged: [AMMO AND FISHING SUPPLIES FOR SHTF](#), [PREPARING](#), [SHTF](#), [STOCKPILING](#)  
[FOOD](#), [STORAGE FOOD](#)

# 12 Potentially Life-Threatening Errors You're Making in Food Preparedness and Survival Strategies

Posted on OCTOBER 11, 2014 Written by [MIKE ADAMS](#) [LEAVE A COMMENT](#)



Although armed with good intentions, most preppers and survivalists are making critical errors — perhaps fatal errors — in their food preparedness strategies.

This article is designed to help you identify and correct those errors as quickly as possible so that you're in good shape before the food collapse arrives. When will that be, exactly? It depends on whom you believe: geologists say the world's primary irrigation aquifers have maybe 20 – 30 years of water remaining, after which the global food supply collapses. Some environmentalists say radical weather, droughts, floods and heat waves have already started wreaking havoc on the food supply (just look at California right now). People concerned about GMOs and genetic pollution point out that runaway crop diseases could strike at any time and devastate global crop production. Finally, those who are more concerned about government tyranny correctly point out that the federal government has already asserted executive order control over all food, farms and livestock.

Only the wildly ignorant don't store extra [food for emergency preparedness](#). Even the federal government's Ready.gov program urges people to "have a plan" and make a disaster supplies kit which contains, "at least a three-day supply of non-perishable food" — just enough to keep you alive until FEMA arrives and screws everything up.

[\[Read more...\]](#)

*Filed Under:* [PREPPING](#), [STORAGE](#), [SURVIVAL](#) *Tagged:* [FOOD CRISIS](#), [HOW TO](#), [PREPERING](#), [RESERVE FOOD](#), [STORAGHE](#)  
[FOODS](#), [SURVIVAL FOOD](#)

# "How To Survive Doomsday" – Nuclear War the Best Survival Skills

*Posted on* **OCTOBER 8, 2014** *Written by* [AMY S.](#) [LEAVE A COMMENT](#)



**Nuclear War Survival Skills**

**"Proper Shelter Preparations"**

Evacuation Checklist  
Survival Information  
Tools  
Shelter-Building Materials  
Water  
Peacetime Valuables  
Light  
Clothing  
Sleeping Gear  
Food  
Sanitation Items  
Medical Items  
Miscellaneous

Shelter, the Greatest Need  
Adequate Shelter  
Shelter Against Radiation,  
Flash Blindness,  
Fire,  
And Skin Burns [\[Read more...\]](#)

*Filed Under:* [PREPPING](#), [SELF-DEFENSE](#), [SHELTER](#), [SURVIVAL](#)

# A Russian Super-EMP Bomb Could Instantly Destroy America...

*Posted on* SEPTEMBER 11, 2014 *Written by* [AMY S. LEAVE A COMMENT](#)



“We have asked you in the past and your present time to pray for the conversion of Russia. Too few have come forward to pray for this conversion; therefore, their errors now have been spread throughout your world.

“Your country, America the beautiful, is being prepared now for complete capitulation. Now you know, My children, and now you must act upon this knowledge, or you, too, will feel captivity and slavery and the closing of My houses throughout your country. You have blindly walked right into the trap of enslavement set upon you through devious infiltration of your government, your schools, and your medias of communication.

[\[Read more...\]](#)

Filed Under: [EMP](#), [PREPPER](#), [SURVIVAL](#) Tagged: [AMERICA](#), [EMP](#), [EMP AND THE SHIELD ACT](#), [EMP ATTACK](#), [PREPPER](#), [RUSSIA](#), [SURVIVAL](#), [WHAT IS AN EMP ATTACK?](#)

# Necessary Items For Living Off the Grid

Posted on **SEPTEMBER 9, 2014** Written by [AMY S.](#) [LEAVE A COMMENT](#)



## Necessary Items For Living Off the Grid

In an overly dramatic turn of events, The United States Government was able to pass a budget for the next fiscal year... at the very last minute. I'm sure I'm not the only one who truly feared a Government shutdown was going to happen. Thankfully, I was wrong! However, I am still thinking about what could have happened if the Government shutdown had occurred.



Typically, Government shutdowns do not last more than a few days. My question is, what would happen if the Government shutdown for many months? Considering the fragility of our economy and (arguably) our society, would the U.S. have collapsed?

[\[Read more...\]](#)

Filed Under: [PREPPING](#), [SURVIVAL](#) Tagged: [COLLAPSIBLE WATER](#), [GRID GOES DOWN](#), [ITEMS](#), [PREPPING](#), [READY FOR WHEN SHTE](#), [STOARAGE FOOD](#), [SURVIVAL](#)

# You want to know how to have your energy source ...Generator

Posted on **AUGUST 19, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



**POWER COMPANIES  
HATE THIS**

## **Liberty Generator Review**

I have to start off with a confession. I used to be very gullible. Especially when it came to the things I`m most passionate about, such as survival. I used to get enthusiastic about every new survival book on the market, every innovative idea... even about the little things such as a simple tweak to a stockpiling technique.

But what thrilled me most was discovering all sorts of green energy inventions. Whether it was an electric motor inspired by Nikola Tesla`s work, a DIY solar panel system or a wind turbine, I had to try them all. It was like receiving a brand new toy. A toy that was supposed to bring me energetic freedom. Because, as much as I resent admitting it, my hate for Big Energy tops my enthusiasm for building innovative machinery.

Unfortunately, that enthusiasm faded away somewhere after the fifth product I`ve bought, but never managed to make it work. I thought it was me, maybe I`m no good with building electronics... But I talked to other people on forums and they all seemed to be just as technologically challenged as I was.

Naturally, I put the big, fat “SCAM” label on all such products and stopped wasting my money on them...Until three weeks ago, when a survivalist friend of mine (just as enthusiastic as I am) insisted I payed him a visit to see his latest “work”.

I was so curious, I drove to his house the next day. He led me to his backyard and showed me a rather strange-looking hut that deposited “the heart of this whole house”. It was a biogas generator. More precisely, it was the DIY Liberty Generator.



## **Stunned Preppers Rushed To Get This Energy Breakthrough**

**CLICK TO WATCH VIDEO**

Imagine how skeptical I was when I heard he bought a DIY generator on the Internet, built it at home, turned it on... and watched it work like it's the most natural thing in the world. I was sitting there, looking at it working...and I still couldn't believe it.

So I bought Liberty Generator myself. And now I want to share my experience with you and tell you exactly how it restored my faith in affordable, DIY green energy.

### **Claim #1: It will slash your electricity bill by 80%**

I haven't got mine yet, but when I visited my friend, he showed me his bill and it was 60% off. And he'd only had his Liberty Generator for a month. I never would've believed it, but I saw the bill with my own eyes.

Now, I don't know if it's the size of the generator (he built quite a big one), but it's still a LOT. Imagine slashing 60% off your electric bill...You wouldn't mind that at all, would you?

### **Claim #2: Building your Liberty Generator will cost you less than \$200**

This made me laugh when I saw it. Everyone makes the same claim: "It only takes you \$300 to build your solar panel" or "With less than \$200, you'll have a perfectly functional wind turbine in your backyard". But when you start building the thing, you realise the costs are about ten times higher.

Not with this one. When I added the costs, I couldn't believe my eyes: \$37.5. I am NOT kidding you. I had a lot of the stuff I needed around the house, so I only had to buy four pieces from the hardware store. One of them was \$9.

### **Claim #3: Liberty Generator costs has NO maintenance costs whatsoever**

So far, this claim proved to be true. A biogas generator works on the most inexpensive and most widely available bio fuel you could possibly imagine: grass, leaves, wood, animal waste... even leftovers from your daily meals. Everything bio works just fine.

I've been feeding this baby leftovers from dinner, dried leaves, and even my dog's waste for three weeks now. It's been working non-stop, powering everything in the house, from the dishwasher in the kitchen to the lights in my garage.

### **Claim #4: You can build your Liberty Generator in less than four hours**

Well, depends on how you see it. The building itself took me about 3 hours, indeed, but I had help from a neighbor. However, I had to dig a hole to make room for the generator and that added some extra time to the process.

Depending on how big you want the generator to be (yes, it`s scalable!), if you include the digging part, it can take you from 6 hours to a couple of days. The good part is it won`t take you more than a weekend to finish the job, no matter the size of the generator.

Bottom line: Amazingly, Liberty Generator exceeded my expectations like no other product. I was so used to being scammed that I`m still in shock this one actually works.

The thing I love the most about it is that it doesn`t cost a thing to keep it working. You just gather some leaves, some grass and maybe some leftovers (although I heard some people only “feed” it leftovers and it still works) and you can keep it running for as long as you want to.

I wholeheartedly recommend you to get Liberty Generator, scale it to the size that`s most convenient to you and wait for the results. I am very curious to hear about your experience with it, so please share it with us.



### Suppressed "Free Electricity" Video

Energy companies are scared that people will learn how to produce Free Electricity for their homes using this unique device.

[Read More:](#)

**Here`s where you can buy Liberty Generator:**

→ [Liberty Generator](#)

Have fun!

*Filed Under:* [PREPPER](#), [SELF-SUFFICIENCY](#), [SURVIVAL](#) *Tagged:* [LIBERTY GENERATOR REVIEW](#), [PREPPER](#), [SURVIVAL](#)

## Beware: Ex Military Soldier's Survival Plan Is "To Hit Preppers"

*Posted on* **AUGUST 13, 2014** *Written by* [MAC SLAVO](#) [1 COMMENT](#)



One of the tenets of long-term preparedness is something we refer to as Operational Security, or OPSEC. The goal is to build our stockpiles, strategies and friendships without the knowledge of the general public, or in many cases, even our neighbors or acquaintances.

Why?

Because when it hits the fan, and there's no food in grocery stores and violence erupts all around us, we'll have the supplies to survive and the defensive initiative to protect what's ours. The last thing we want is for those who failed to heed the warnings, to come knocking on our doors looking for handouts or a place to weather the storm. The fact is, our supplies are limited, so operating on the down-low is an important strategy to ensure our safety in the midst of disaster.



## Obama's Private Army

This is the REAL reason why Obama wants to take away your guns. His sinister agenda exposed

[Watch Shocking Video](#)

But taking the time and effort to plan effectively is not the only strategy being implemented by those who expect the worst.

There are those out there who have a different idea of how they'll acquire necessary supplies should the system as we know it destabilize.

And that plan is to come for what you own.

Southern Prepper explains how your operational security may have already been compromised, and shares a story from one "prepper" who is planning on taking advantage of those who had the foresight to ready themselves.



He's ex-military. He said his plan is to hit preppers. He doesn't have enough money right now to prep himself, so he's going to go around and hit preppers.

So be careful.



Watch: Monsters Of Anarchy: We take what we want by force of arms.

### **Other useful resources:**

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

[Bullet Proof Home](#) (A Prepper's Guide in Safeguarding a Home )

[Family Self Defense](#) (Best Self Defense Strategies For You And Your Family)

[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

Contributed by Mac Slavo of [www.SHTFplan.com](http://www.SHTFplan.com).

*When it hits the fan, don't say we didn't warn you. Mac Slavo is the editor of [SHTFplan.com](http://SHTFplan.com), a resource hub for alternative news, contrarian commentary and strategies that you can take to protect yourself from the coming global paradigm shift.*

Filed Under: [PREPPER](#), [SURVIVAL](#) Tagged: [DISASTER](#), [OPERATIONAL SECURITY](#), [OR OPSEC](#), [PREPPER](#), [STORAGE](#)  
[FOOD](#), [SURVIVAL](#)

# Taking Care of Small Children and Babies in Survival Situation

Posted on JULY 22, 2014 Written by [SELCO](#) [LEAVE A COMMENT](#)



Popular picture of „true survivalist“ can often fool you down if you are easily get under the influence of stereotypes.

So for example you gonna see true survivalist with his favorite rifle standing while world is going to hell behind him, and he is tough. He has rifle and lots of ammo.

It is good picture, but rarely you are gonna see picture of that true survivalist with rifle in one hand, and 1 year old baby with bad case of diarrhea and vomiting in other hand.

It is not nice picture, but it is realistic. Personally I did not have kids during my SHTF time, but I saw how relatives had problems with kids and babies. And more important is that I have kids now, so I want to be prepared for some stuff.

I get question what to do about kids on regular basis and I speak in detail about this in my course and also wrote about [how to help children with traumatic experiences](#).

When SHTF all you people who have small kids can count on multiplying all of your problems with kids so [it is good to be prepared](#) to some of those. Having kids during SHTF can be burden but at same time it is not, because if you have kids it becomes your reason for everything. Some people might fight harder or see more sense in staying alive to protect family than just for themselves. In my opinion there is no “right way” here and we still have to live in present moment and not in future that looks dark but we do not know what and when things will turn really ugly.



## Do **THIS** When You Have A Gun Pointed At YOUR Head

This simple technique will save you and your family's life when you are attacked

[Watch Video >>](#)

All this is also if you have very old people or people with handicap in group of course. You can replace babies and small children simply with “people who need help”.

### 1. Health problems

Be ready for “usual” emergencies that can strike your kid, remember that most probably you are not gonna be able to take your kid to the pediatrician, so you gonna be forced to solve emergencies like:

Fever

Typical first aid „cases“ (cuts, scrapes, fractures etc.)

Vomiting

Diarrhea

Ear or throat infections and similar

Talk to other mothers and fathers what works with their kids with typical child illnesses.

Research what kind of illness you can expect, usual symptoms, therapy, care etc. Lot of that knowledge can be found online, but also be ready to invest in some literature.

If your kid lives with some health problems already, learn about it and also learn alternative treatments so you can help your kids when modern medicine is not there anymore.

### 2. Store things

One very valuable thing during SHTF was baby food. Very valuable. It may sound too “heartless”, but it is simply mathematics – kids are precious to the parents, and because of that baby food became very valuable. People have been ready to do a lot to get some of that.

So do not become some of those desperate folks when SHTF. If you have baby be ready to store A LOT of baby food, especially if your kid is allergic to some ingredients and you need to have some unusual baby food.

You can imagine how rare and expensive it will be to get that stuff.

### 3. Be there for them

When SHTF we had many other things on our minds so for kids it was only about how to keep them safe, and that was it. I mean somehow most of the folks thought that if they put kids in some safe room inside house, provide them food it will be somehow all OK when everything ends.

But in lots of cases it was not OK at all. Great number of those “safe” kids grow up and become very troubled people. Lots of them adopted philosophy that violence is key for everything, or others simply grow up without influence of their parents. No surprise, everyone struggled to pick up and rebuild life from nothing after war was over.

They have been safe, but not paid attention to.

So keep in mind that part of survival is also raising your kid into a normal person. If you failed to do that, somebody could say that there was no sense in surviving. Do not let part of your children die when you can avoid it. It is maybe crazy if you hear me talk about this now but maybe one day you remember this and use the last bit of energy after long and hard day getting things in order to survive you spend some time with kids instead of just relaxing. This can make huge difference.

Include your kids in everything and be there for them on bad days. They see everything, and if they do not have someone who is explaining to them what is going on, they could come to their own conclusions, wrong ones and that can mark them for rest of their lives.

As a part of preparing, be ready to teach your kids at home (homeschooling) and to spend time with them with games and teaching. It is survival too. Just the family side of it.

Never forget that even during collapse time still goes by. It is not like you are in frozen space and everything is different. It looks like that but we all keep learning and experience shapes what we become later. A “master” survivalist also manages to be good father or mother even in times of hardship. Many generations before us did and so can we.



Check out also :

[Conquering the Coming Collapse](#) Real, Proven Survival Strategies When Money Turns Into Dust

[Family Self Defence](#)

[Home defense](#) (Bulletproof your home)

[Alternative power generator DIY](#)

[DIY Aquaponic System](#) (this is the best and cheapest out there)

SOURCE : [shtfschool.com](http://shtfschool.com)



Filed Under: [SURVIVAL](#) Tagged: [HOW TO HELP CHILDREN WITH TRAUMATIC EXPERIENCES](#), [SELCO](#), [SURVIVAL](#), [TAKING CARE OF SMALL CHILDREN AND BABIES IN SURVIVAL SITUATION](#)

# Will You Survive Being Sent To A FEMA Camp?

Posted on **JULY 6, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



by [Dave Hodges](#)

Our banker hijacked government has eviscerated the Constitution through tyrannical legislative acts such as

[The Military Commissions Act](#),

[The Patriot Acts I and II](#),

[The John Warner Defense Act](#),

[The NDAA](#),

[Quantitative Easing](#) I, II and to infinity. These events explain why a mass incarceration/genocide is a potential event in the future of America. Why? Simple, we are on the precipice of World War III with Russia and we are a false flag event away from total martial law and the above legislative acts and executive orders stand in evidence of this position.

This article does not debate the existence of FEMA Camps (i.e. Concentration Camps), they exist. Rather, this article examines what one could do to survive a period in our future where nobody is safe



**Biggest surprise of their lives!**

**Simple, inexpensive booby-traps from the world's urban war zones.**

[Watch Video>>>](#)

and anyone for any reason could be sent to a concentration camp.

## The Legal Infrastructure Is In Place for Mass Detentions

[The NDAA](#) should scare the life out of every American Citizen. This allows the government the authority to secretly arrest Americans, without due process, torture and even murder American citizens without so much as a trial.

[The National Defense Resources Preparedness](#) allows the president, without going through the U.S. Congress, the ability to seize control of all corporate assets, manufacturing operations, and conscript American civilians into work brigades (i.e. slave labor), seize all food, impose restrictions and rations on all vital resources and to hand these resources to the Department of Homeland Security. Section 201 of this Executive Order allows the president to seize control of all corporate infrastructure, manufacturing operations, control of food, control of farm equipment, control of fuel, control electricity, control of water resources, and control of all civilian transportation.



It is also been documented that the existence and operational activation of FEMA camps is now a provable fact as reported by [CBS News](#). Let's not kid ourselves, FEMA camps are the future concentration camps.

There are many other examples of impending government tyranny that could easily be pointed out here. However, the above-mentioned governmental policies are all the proof that America needs to come to the realization that we are all in a great deal of potential danger and that you, the American middle class, already are the targets of this tyrannical oppression.

If elements of your government were not planning to commit mass incarcerations and/or genocide against the American people, then why would these policies be enacted? Should we just think that the government doesn't really mean it when they say they can secretly arrest and murder Americans without following the due process of law under the NDAA? Should we think is just a silly conspiracy theory when we state that Obama has given himself the authority to seize every meaningful asset in this country based solely on his own personal say-so? Is America so dumbed-down to not be able recognize the danger when it's staring us in the face, The danger is in print, click on the hypertext links and read for yourself that the elite are telling you what they are planning to do to you.

**I find it laughable how the country has been conditioned to laugh at any kind of conspiracy theory, as if two evil men would never get together and conspire to do anything. The refusal of Americans to recognize these dangers, and dismiss them as merely wild-eyed conspiracy theories, speaks to how dumbed down our people have become due to a substandard education system and through the controlled corporate media in which only five corporations own over 95% of the entire media industrial complex.**



**WATCH Hushed Up Conspiracy  
May Wipe Out 281 Million  
Americans In The Next 6 Months**

GOVERNMENT

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## The Trigger Event

Every act of civil disobedience, every act of revolution and every act of tyrannical genocide committed by government, requires a trigger event. For the Nazis, this trigger event included burning down the Reichstag building and blaming the Communists as an excuse to declare martial law. What will be the trigger event for the coming genocidal holocaust committed against American citizens? No one can say for sure. However, history has proven that government gun confiscations from private citizens are the chest pains prior to the heart attack. In the 20th century, there were 17 major genocides committed against civilian populations resulting in a [death toll of around 60 million people](#). Every one of these genocides was preceded by gun confiscation which rendered the intended victims defenseless against the slaughter that awaited them.

It is widely known, that the Obama administration signed the UN Gun Ban Treaty. If he is unable to ram it through Congress, as he is tried before, he is very likely to codify gun control through executive order and he has recently threatened to do just that. When gun confiscation comes, it's time for people like you and me to run for the hills because if you are caught and sent to a FEMA "re-education" camp, you are probably not coming out alive.

Control of communications is also a necessary prerequisite to carry out tyranny against a civilian population. We know that the globalists corporations control 95% of the establishment media. So, that goal has already been accomplished. However the one medium of communication exchange not under the control of the New World Order, is the Internet. In the same proximity of time that we will see gun control introduced into American society on a widespread basis, one can expect the Internet to be taken down and tightly censored as it is in China. The New American Magazine has reported that Obama has given the codes to the DNS servers, for the Internet, to the United Nations. If this is correct, we are not going to have to wait long for this insanity to unfold. And of course, should all else fail, I don't doubt for a second that this administration will not hesitate to roll out a false flag attack as a prelude to the declaration of martial law and seize American guns under this pretext.

## Are You Ready?

Are you ready for the coming tyrannical crackdown and the complete evisceration of our constitutional liberties? Have you taken the proper precautions that will ensure the safety of you and your family? It is not likely that very many of us have taken any meaningful steps to maximize our chances for survival in what will prove to be humanity's darkest days. Do you have what it takes to survive in a FEMA camp?

When the FEMA bus rolls into your neighborhood, are you prepared to deal with what lies ahead? Let's assume for a moment that martial law is declared and you were not able to find a safe sanctuary. Subsequently, you are arrested by the powers that be. Your family will be separated by the authorities

as a prelude to sending you to a FEMA camp, and that means that men will go to one facility and women will go to another. Children will have their own facility awaiting them. In all likelihood, this will mark the last time you will ever see your family. How do I know this? Read the [Rex 84 documents](#).

Imagine how a man who is deprived of everyone he has ever cared about, and at the same time this man has lost his house and all of his possessions, how will he survive? There are two primary dangers facing detainees. The first is bad luck. The second danger is the loss of hope. Victor Frankl, the renowned psychiatrist, who spent four years in Auschwitz, thought that the loss of hope was the number one factor associated with prisoner mortality in a concentration camp detention situation. How will you find meaning in your life when you're separated from everything you've ever known and loved?



## **FEMA Panicked When This Video Got Leaked!**

**Watch leaked controversial video before they ban it again**

**[Watch Video >>](#)**

In the previous days as a history instructor, I used to have survivors of the Holocaust come and speak to my students. Subsequently, I asked all of these former death camp prisoners, what was the number one factor in their survival? Almost to a person, they stated the number one factor in their survival was luck. I was told that the Nazis would herd people to the showers which they knew was a death trap, and they were the next in line, but were turned away, because the quota had been met. It just wasn't their day to die.

If you are sent to a FEMA camp, there are things you can do to exercise control over the things of which you have influence. The Jews were a very resilient people and were able to manufacture their own subculture. There were those, however, that did resist as they ran from the relocation trains, and/or attacked their captors. In almost every instance, resisting the authorities at the time of arrest, was almost 100% fatal.

For those who arrived at the death camps, a vibrant subculture appeared as the people played cards and actors, musicians, comics, singers, and dancers all entertained small groups who came together for a few hours to forget their daily terror and despair. Singers and poets also perform their craft as well. And of course, people continue to pray even though it was against the rules. People formed bonds with each other, developed a level of affection and respect. In short, they replaced the loss of primary family associations with people facing imminent death every day. The lesson is clear, if you're ever forced into a FEMA camp, pray for good luck and foster relationships among your fellow detainees and find pleasure in the small things over which you will have some measure of control.

# **Organized Resistance Within the Camp**

What about organizing a resistance in the FEMA camps, would that work? The history lesson which can be derived, from this question, is not promising. In Treblinka, seven hundred Jews were



successful in blowing up the camp on August 2, 1943. All but 150 of the inmates perished in retaliation for their efforts. Only 12 Treblinka inmates survived the war. In [Sobibor](#), Jewish and Russian inmates mounted an escape on October 14, 1943. One in ten successfully escaped, about 60 out of 600. The prisoners involved in the escape survived to join the Soviet underground. In [Auschwitz](#), on October 7, 1944, one of the four crematoria was blown up by Jewish workers, whose job it was to clear away the bodies of gas chamber victims. The workers were all caught and killed.

The lesson seems clear, if you allow yourself to be transported to a FEMA camp, you're probably not coming out alive. Therefore, since resistance within the camp is largely futile, you have three options. One, do not get caught. Two, you can choose to acquiesce and hope your compliance and your search for meaning, within the experience, is successful. Three, you can try to escape. To survive by going along to get along, requires a fair amount of luck to survive. From my perspective, I believe history teaches that mounting an organized escape effort may [be the best chance for survival](#) that an inmate has for coming out of the death camp experience, alive.

## Will You and Your Community Resist the Tyranny?

Despite the stereotype which betrays all Jews as willing and meekly going to their slaughter, is not totally accurate. There are plenty of examples where the Jews met force with force and refused to be subjugated. For example, on September 3, 1942, seven hundred Jewish families escaped from the Tulin Ghetto, located in Ukraine. However, the Nazis hunted them down, and only 15 survived.

By 1943, the ghetto residents, in the famous Warsaw Ghetto, had organized an army of about 1,000 men, mostly unarmed and without military equipment. In January 1943, German soldiers entered the ghetto to round up more Jews for shipment to the death camps. They were met by a volley of bombs, Molotov cocktails, and a few bullets from the sparse number of firearms which had been smuggled into the ghettos. Twenty German soldiers were killed. The action encouraged a few members of the Polish resistance to support the uprising, and a few machine guns, some hand grenades, and about a hundred rifles and revolvers were smuggled in.

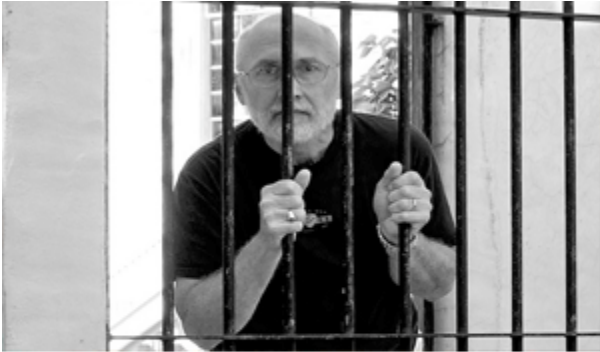
The Nazis returned with almost 3,000 crack German troops and eventually overcame the resistance and about 300 Germans were killed. Jewish losses were estimated at 15,000. Some Jews survived and some actually did escape, but not many.

## Conclusion

According to the lessons of history, there can be no question that being sent to a concentration camp (i.e. FEMA camp) is an almost certain death sentence. We have seen that resistance at the point of arrest is futile. Armed and organized resistance which includes community involvement, produces long odds for survival, but some do survive. Resisting captors inside of the concentration camp, by any means necessary, is nearly fatal in every case. Acquiescing to authority, while one carves out a life under very dire circumstances, provides the best chance for survival. However, under these conditions, one's survival is highly dependent on being lucky.

I believe that it is possible, and even likely, that the FEMA camps will first be used to house the millions of millions of illegal aliens which will be coming to America under Obama's new policies. This will legitimize the use and staffing of these new prisons. Take a guess as to who will subsequently be making reservations for your nearest FEMA camp?

**The best chance for survival if you are ever transported to a FEMA camp, is to avoid being caught in the first place.**



**What's your place in the New World Order?**

[Click to find out:](#)

**Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

SOURCE : [www.thecommonsenseshow.com](http://www.thecommonsenseshow.com)

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# Survival Bunkers – The Reality Of Life Underground

Posted on JULY 4, 2014 Written by [WILLIAM SIMPSON](#) [LEAVE A COMMENT](#)



## Survival Bunkers

The concept of using a bunker for shelter during times of disaster is nothing new. However the technologies that affect bunkers have changed radically over the past 20 years!

For the purposes of temporary shelter, most basic underground bunkers will perform as hoped. And when it comes to shelter from a passing tornado, even some homemade bunkers are adequate for the



**I Only Survived Because Of This.**  
**Video Here**

few hours of shelter needed.

There are various types of underground bunkers that are commercially available and potentially affordable by an average American. In most cases these bunkers involve what is essentially a large steel culvert (10-foot diameter pipe) that has been modified to include some amenities, basic entrance and exit, and a very basic air filtration system. Such pre-made bunkers may cost in excess of \$50,000.00 plus the costs to transport and bury the bunker in the desired location, with a total cost under \$100K. In reality, there are few applications where the owners of such a bunker might receive a reasonable return on the investments made into such an underground bunker.

[\[Read more...\]](#)

Filed Under: [SHELTER](#), [SURVIVAL](#) Tagged: [DOWNSIDE TO UNDERGROUND BUNKERS](#), [SURVIVAL BUNKERS](#), [UNDERGROUND BUNKER](#)

# How to Survive in a Crowd and Notice Danger Before it Happens

Posted on **JULY 4, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



by Josh

Generally speaking the best way to avoid the dangers associated with large crowds of people is to avoid going to places with large crowds of people. However, if you must go to an event, visit the mall or museum, or otherwise head out into the world and be around many thousands of people at once there are some steps that can help you avoid being caught if someone targets the place you're in.



**Biggest surprise of their lives!**  
**Simple, inexpensive booby-traps from**  
**the world's urban war zones.**

[Watch Video>>](#)

First up: Pay Attention!

You've probably heard the term "situational awareness": this is it. You need to be alert not only to your goal (finding your seat in a theater, getting to the proper shop in the mall) but also to the general feel and flow of the environment around you. You see how quickly the average person is walking, where they are going, and how they behave. This allows you to easily notice abnormalities over time, ranging from the benign (someone late to a movie and rushing to get in) to the hostile (someone waiting for the right moment to start shooting up the place). In particular, keep an eye out for apparently needlessly odd behavior, since those are usually signs of extreme stress. Thieves, for example, tend to fidget or behave oddly just before announcing their intent. Just being alert can sometimes deter lesser thieves who are looking for easy prey, but it can also be invaluable in seeing the early signs of a threat and getting out before something goes wrong.



Always know where you're going, in and out

As we've mentioned before, your panicked fight-or-flight response is great for instinctive action, but poor on the long term planning. You need to use your situational awareness to know where you would go if something suddenly happened, with at least one backup emergency exit to work with if possible. The biggest problem during most disasters in crowds or buildings occur when people either don't know where to go or when they all choose the most obvious exit even if it is blocked.

Blend in

Be a Gray Man in the crowd. Although this is of little help during a fire or explosion, it could help save your life during a potential shooting. Ensuring that you won't be specifically targeted may also allow you a moment or two to think once the emergency has begun.

Stay away from dark corners as well as the center stage

Generally speaking, dark and out of the way areas are where scum tends to congregate particularly in places like malls. The fewer potential witnesses, the greater the chance that some unsavory types might decide to take advantage of your presence. Likewise, maintaining a healthy distance from the front rows where the majority of the people will be located at a concert or other event minimizes the chance that you'll be caught in a generic blast or shooting situation. Following the idea of blending in, filtering into the middle of a crowd where you can easily leave quickly is probably the best possible situation.

Be ready to act.

If you're caught between a rock and a hard place, there is no good reason to go down without a fight. Always err on the side of preserving your own life and staying out of the way of police and other emergency responders, but if push comes to shove be mentally ready and willing to take action. Kick doors open, break windows, do whatever you have to in order to survive. In our freakish legal world you may well have to answer for even the most appropriate of actions...but your clean legal bill won't mean much to the mourners at the funeral.

As an addendum to this, also be willing to lead. Call for other people to help with whatever you might need: when escape is on the line you might just get some willing hands! It all depends on your initiative, so be willing to guide others if you need to.

Your thoughts?

What would you do to improve survival chances in a crowd during an emergency? Let us know in the comments below!



IF YOU ARE TOO WEAK TO DEFEND YOUR HOME  
FROM LOOTERS, THEN YOU NEED TO WATCH THIS

[WATCH VIDEO>>](#)

SOURCE : [preparedforthat.com](http://preparedforthat.com)

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# Top 10 Survival Skills for after the SHTF

Posted on **JUNE 27, 2014** Written by [P HENRY](#) [LEAVE A COMMENT](#)



If you have as one of your concerns a total collapse in society regardless of the reason, there are people out there who will tell you that you need to have knowledge or skills you can sell. Why is this? Let's take the example scenario of an economic collapse? If there are no jobs as a customer service representative or a social media consultant; what will you do to make money? What will the people who traded stock do? What about people who sell cars? [If we are in a true economic collapse](#), the only people who can be logically expected to survive are people who possess goods or services someone is willing to buy or barter for or those who have survival skills.



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What do I mean by survival skills? Do I mean someone who can navigate by the stars? No. Do I mean someone who can make a fire with a bow saw? No, although that is a really great skill to have. I am talking about skills for a certain limited set of trades and more importantly the skills we have all long forgotten to a major degree. In this post I want to talk about my ideas for the best, most pertinent survival skills you need to consider if you are [prepping your family](#) for any event where we as a country or even our world can't dig us out of with a tractor. When the real end of the world as we know it arrives, what will you need to give you the best chance of making it through?

## What Skills do you need to have?

That is a good question if you ask me because I have seen a lot of advice from people who on the surface seem to have a great idea or 20. The usual suspects are what might be considered our pioneering skills and I won't discount those completely, but I will give you my thoughts and welcome all of the feedback you have in the comments below.

From the [perspective of a total economic collapse](#), war, [biological outbreak](#), [EMP attack](#) we will be looking at such a seismic shift in our lives that even the very concept of commerce could be set back years maybe decades. Having goods or services people want is a nice idea, but what if nobody can afford it? What if nobody knows you have these goods or services? You won't be able to advertise in the Yellow pages anymore and your Etsy store might not be online anymore. Classifieds in the newspapers? Maybe your town will have a bulletin board where you can post an ad you make that highlights your services to the community. We simply don't live in small towns with a main street and not much else anymore. You can't hang your shingle out on the front porch and expect a lot of drive through traffic so how will the word get out so that people come to your "store" to conduct business?

Our society has developed to a point where the old models of commerce have changed. Imagine a world with no cars or few of them. If we have an economic collapse that renders fuel out of reach of the hands of most people, you won't be able to drive to the next town to get some work done. Everything is going to change.

## Are you trying to make a living at this, or live because of this?

I think the perspective of most of these lists on Survival blogs is from the standpoint of [what can you do to earn money if we go through an economic collapse](#). What will you do for a living if the company you are working for now suddenly closes? If we have another stock market crash and hundreds or thousands of companies close because they can no longer purchase the raw materials they need to create products, or the products they do create aren't sold anymore; what will you do for a living? [How will you feed your family if you can't afford the food in the grocery stores](#)? What if there is no EBT system because our Government is broke? What if the computers are down?

The problem of an economy that is almost completely based on Services is that if people don't have money for these services, you could be out of a job. Think of just two small examples of lawn services and maid services. These two industries exist primarily because people make enough money that their time is worth more to them than the cost of hiring someone else to do these two jobs. When you start seeing companies close and people are out of work, the two industries like lawn services and maids will disappear.



The skills I am considering aren't necessarily going to earn you a living, but they could. From the standpoint of a total societal collapse, I am thinking about not what I can make a living from, but what skills are going to keep me living?

## 1 – Growing your own food

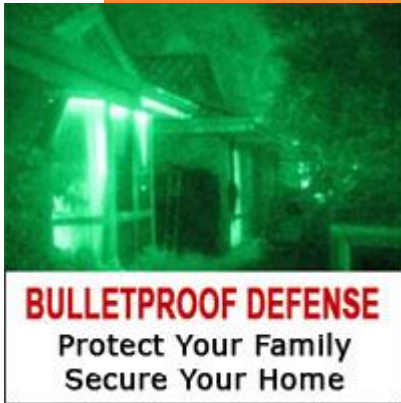
This is the number one skill I believe you can have. For starters, if there are no jobs, there most likely won't be any grocery stores. Having a garden on land that you are living on is the surest way you can take the responsibility for feeding your family into your own hands. Start a garden now because this isn't a skill you can easily ramp up on after a collapse. It is one thing to add additional crops, but it is another thing entirely to face an empty patch of lawn with a bucket of seeds in December. Knowing how to save seeds is also important because if the collapse is bad enough, the local Wal-mart might not be open anymore.

## 2 – Obtaining and filtering a steady source of water

Water is more important in terms of living than food is, but growing food is harder for most people than finding water. After your garden is growing, start a project of collecting rain in rain barrels or digging a well. Just having a 50 gallon barrel in your basement isn't going to be enough in a true collapse scenario. Once you have water, you will need to treat it unless it comes from a clean source underground.



### 3 – Securing your home and possessions



One of the major problems of any collapse is the other people you have to worry about. As we saw in just the last Domsday Preppers episode, there are opportunistic scavengers out there who have no remorse when it comes to separating you from your supplies. You have to have the skills to defend your home and family from people like this. Good training from someone who has actually lived through a war can be found at the SHTF School. The other side of this could be caring for your instruments that will assist you in securing your home. Basic tools and parts to maintain weapons are essential. If your expensive rifle with all of the sexy hardware on it breaks a firing pin, it becomes a club.

### 4 – Providing intermediate level medical care

Food and water will keep you alive, but at some point everyone gets hurt. The hope is that injuries are minor, but they could require additional first aid and possibly antibiotics to treat infection. At a minimum, a well stocked family sized first aid kit is essential. I have several just in case. Next up you need to know how to treat wounds like burns and cuts. Having a supply of fish antibiotics can be the one thing that keeps you alive when an otherwise minor cut could kill others in a post collapse world.

### 5 – Operating alternative power

One of my long term goals is to be completely self-sufficient from the electrical power grid. I do appreciate the irony in that statement seeing as how I run a blog, but the power we need to live off of in our daily routines could come primarily from the sun. An entire home solar system isn't cheap at all, but you can start small. A couple of 100W photovoltaic panels, an inverter and several batteries or even a simple solar system could give you an advantage in a survival situation. Having the skills to help set these up for people could make you doubly valuable.



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This Energy Breakthrough**  
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### 6 – Raising livestock for food/Hunting

A garden is a great way to stay alive and some of my vegetarian friends would say that's all you need. However, meat is something our bodies naturally need and you can get this several ways. Preppers usually go for chickens, rabbits, sheep and pigs in terms of livestock because they are all relatively easy to raise and produce good meat. Hunting is another option and gives you a great survival skill set you can use in other situations. Knowing how to butcher and eat what you catch is very important also. [Aquaponics](#) is another method that not only gives you a great source of fish, but can also fertilize the garden as well. This is one of those skills that will take a little know how and [preparation prior to the grid going down unless you live near a big PVC factory and a tilapia farm](#).

## 7 – Communications

Being able to know what is going on in your city, state, region or even country is important. A lot of people have shortwave capable radios that can receive broadcasts from stations overseas, but if you want the best of all prepper communication options, you need to get into Ham radio. The basic equipment to start with Ham is relatively cheap but is possibly your best bet in anything other than an [EMP scenario](#) of staying in contact with others and relaying information to your group. Of course, you can build Faraday cages to shield your electronics like this for extra protection.



**THIS CATASTROPHIC EVENT WILL KILL 9  
OUT OF 10 AMERICANS WITHIN 1 YEAR**

## 8 – Jack of All trades [Watch Shocking Video](#)

The jack of all trades lumps a lot of other skills together because I think you will be using these more for yourselves than selling this service to other people. Things like basic carpentry skills; welding, plumbing; electrical work and even animal husbandry come to mind. I don't know that I can envision anyone starting their own plumbing company for a while after the grid goes down but it is possible. What I can see though is a pipe busting in your house and you not having any money to call a plumber. Other skills fall into this like making soap, sewing, leather-working or knitting and cooking. None of the realities of life go away in a collapse, how we deal with them changes.

## 9 – Forager

This I put lower on the list because I do agree it is a valid way to survive, but of all the items above, I would want to rely on this least. Knowing the local varieties of plants, fruits, leaves, roots and nuts are edible can certainly augment your diet and keep you from starving. I know that there are several books out there that go into this subject to a high level, but I personally would rather pick something out of my garden that I know what it is than rely on a picture or description of something that may kill me.

## 10 – Weatherman

No, you won't have a job standing in front of a green screen holding a remote control showing the weather fronts moving across the plains, but knowing how to forecast the weather is definitely a skill that could save your life in a few ways. For instance, the recent tornadoes that struck Illinois and Indiana would have been more deadly if people hadn't been warned by the news. What if there were no news crews watching super Doppler radar? You will need to know how to forecast weather the old fashioned way to protect your crops and animals if it is going to snow or freeze.

These are just the ones off the top of my head, but I am sure you all will have more. I'd love to hear your ideas for the best survival skills in the comments below.



**Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

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# Stopping Power Myths & What Really Matters to Stop Attackers

Posted on JUNE 5, 2014 Written by [SELCO](#) [LEAVE A COMMENT](#)



Another great and favourite topic in survival community is matter of best caliber and weapon for SHTF, and ammo with most stopping power. Stopping power means how quickly and with few bullets you can make threat unable to attack you or anyone else.

I tell you now, even for urban survival and the situation I have been through and speak about in my course, it is more important to discuss water filtering in urban SHTF scenarios than talking about stopping power.

Do not get me wrong, I am perfectly aware that burst from the machine gun in the man standing in front of you will do much more damage (and probably will stop him forever) than shooting at him with a pistol.

I have seen and been in lots of gunfights and in real life, shootings are not so simple that guy with bigger gun wins.



Do **THIS** When You Have A Gun  
Pointed At YOUR Head

This simple technique will save you and  
your family's life when you are attacked

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## It is about you

Guy who was standing next to me pulls pistol (TT 7.62 mm like in the picture above) at attacker who was starting to run away from us. I did not want to shoot at the guy because he was running away from us, and I thought he did not need to be shot, but my friend thought different.

Anyway, he raises the pistol, and fired 6 bullets at the guy. Guy was some 6-7 meters from him. And he missed him, all six bullets missed the guy, who run away.



Guy who was running away was moving away from us, but not in straight line, he was moving diagonally so I guess that adds little bit to why all bullets missed.

But man who was shooting from the pistol did next:

1. He held the pistol with one hand
2. Fired 6 shots in very fast manner (recoil did its job so he did not spend to reacquire target)
3. Screamed very loud while shooting

I had (and still have) lot of confidence in TT pistol, it is reliable and scary thing in good hands, and can do lot of damage.

But point is that you are the man who makes the shot (and kills). So first you need to work on your skills. A .22 bullet to the head is worth more than .45 to the shoulder. Common sense.

Weapon is something that in my opinion needs to be good and correct for you and your hand. There is no point in having some weapon just because it is good for someone else, maybe it is completely wrong for you.

Recoil, trigger pull and general feel are just few of many factors that determine what makes sense. Get gun that enables you to hit your target even if people on shooting range shoot bigger caliber. [We train for survival and not to show off.](#)



IF YOU ARE TOO WEAK TO DEFEND YOUR HOME  
FROM LOOTERS, THEN YOU NEED TO WATCH THIS

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## About gunshot wounds

Gunshot wounds are kinda strange stuff, because you never know what you can expect from it. When bullets enter the body it can make quite interesting stuff, so I have seen people being hit from high caliber weapon and they even did not know they are hit, OK adrenaline works there too, but it is simply important the vital organs are damaged.

Bullets can have very weird path once they enter the body, so even if entrance wound looks not so dangerous it still can shred organs in body.

You never know what it will be, because there are many factors involved like weapon caliber, distance, angle... Bullets ricocheting from wall or ceiling above you still can kill you, actually small pieces of wall exploded from bullet hits can kill you if they hit right spot.

Generally speaking exit wound (if there is any) should look more “nasty” than entrance wound, but still there were cases when in middle of the fight some folks did not know they had any wound at all, until later they were carefully examined and entrance and exit wound were found.

I treated man once who had gunshot wound in forearm, some 10 minutes after the battle people pointed at him and at the blood coming all along his arm and fingers. He had entrance and exit wound, no bone damaged, and still no pain. Adrenaline.

## Stopping power, penetration etc.

Remember the guy from the beginning of the post, maybe if he had knife or alternative weapon in that moment he would stop that man with more success.

And yes, I would always choose to have good and reliable pistol over a spear, but you get my point. I have seen guys who “stop” other guys with bullets from .22 CZ rifle in some very very cool (and scary) way, and on quite some distance. They simply were good with that rifle.

Shots in the head and chest have more chances to “stop” a man. Man can be also stopped with few shots in legs, but remember that he still can shoot you.

Still do not expect that man will be “blown away” with one shot in the chest, like i movies. Even if you hit the man in heart, he still have chance to shoot you.

So in short, yes, bullets in chest and head are good, but BULLETS not A BULLET. Just be sure. Keep shooting until the threat is gone. Nothing worse than stopping too early.

Bullets in the stomach are bad things, but I have seen people firing back at their attacker with rifle with their intestines hanging out.

Also important to consider is the meaning of the word “cover”. Remember that some things just cannot give you enough cover. There is not much better than big pile of compact dirt or concrete wall between you and man who shoots at you.

Use common sense with taking cover, objects like wooden door, bush, glass and similar are not cover, they are concealment. They can maybe HIDE you, but you still can be killed with bullets through it.

Many times I mentioned it that in SHTF you need lots of ammo, people shoot at whatever is suspicious. If you are hiding behind wooden door, attacker can shoot burst just through the door, to be sure. You are not covered.

## Will to kill

When I wrote those 3 points about what the guy with TT gun did and why he did not shoot the other man, there needs probably (but I never know for sure) to be number 4 and that is “he did not want to kill the man”.

Yes, even in life threatening situations lots of people simply would choose not to kill, even if that means death for them. I believe it is something that some people simply can not do. They are not capable of that, to take some other mans life.

Maybe it looks that this is not connected with this topic about stopping power, but it is. So while choosing what weapon is good for you, you need to ask yourself “am I capable of taking other mans life?”. Any hesitation can kill you when it matters, whatever caliber you have.

Lesson here is, instead of researching “tacticool” stuff online, [learning about survival](#) and going down to shooting range and finding gun with common round in the area that one shoots well with is what makes sense. The gun you know how to use best has biggest stopping power.



#### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

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# **Build your own Underground Bunker**

Posted on MAY 22, 2014 Written by [WWW.SMALLABOLAGET](#) 1 COMMENT



## Build your own Underground Bunker

Okay, so you might not be able to do all this by yourself, but this might get you started on your way to having your very own, very quiet and thick skinned underground bunker.

# Why would you want one?

Well, that's the question, isn't it. Most people don't do the whole underground thing, unless they're mad dictators or something of the sort. The problem with this is that none of us are really *ready*, if you catch our drift. If something *were* to happen, where you would *need* an underground, reinforced hideout, you're out of luck now, aren't you? Yes you are.

Whether you build this thing as a standard panic room or a separate shelter, it would be a good addition to your home, it'll raise the property value (considerably) if you ever want to move away, and if the day should come when "they" decide to drop the big one on your local town, you'll be up and about along with the cockroaches in no time, while everyone else are so much dust in the wind. Nice, huh? Yes it is.

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# Trades for Surviving After the Collapse

Posted on MAY 20, 2014 Written by [A.W](#) [LEAVE A COMMENT](#)





You have been preparing for the unknown— economic collapse, social unrest, nuclear war, or even just a downsize at work— for quite awhile now. Perhaps you are feeling confident in your ability to survive a catastrophic event by putting to use your survival know-how and stores of food. You even learned valuable gardening skills that will ensure your long-term survival. Now, imagine what life will be like after the collapse for which you have diligently prepared. You will be surviving, but will you be thriving? You will be eating, but will you be contributing to the rebuilding of your region by way of trade, commerce, and productivity? You will be alive and relatively well, but will you be cementing a positive future after a collapse?

There is a divergence of opinion as to what the world will look like after a disaster or collapse. Some survival experts see the population reverting back to a 19th century agrarian-based existence with blacksmithing, cobblers, and tanners making the biggest economic comeback. Others look to the examples of more recent collapses in Russia and Zimbabwe to see that the affected societies did not descend into a near-medieval subsistence but rather adapted their personal trades and subsistence to the heightened government oppression. No one knows exactly the situation society will be facing after a collapse, because that will depend entirely upon the impetus for the collapse itself. A slow and gradual economic decline will present its fair share of hardships but will look nothing like the aftermath of an EMP or nuclear detonation. The focal point for your own preparations will guide your vision of the post-collapse world.



**THIS CATASTROPHIC EVENT WILL  
KILL 9 OUT OF 10 AMERICANS  
WITHIN 1 YEAR  
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In truth, the two seemingly disparate views can be reconciled if you have a mind geared toward adaptability and diversification. Many lucrative and useful trades can transcend the divide and be profitable to you in the aftermath of any collapse. You might find that you have a knack for one, or hopefully more, of the post-collapse trades in the following list:

- **Gunsmithing and Ammunition Production.** Experts from both schools of thought agree that in any post-collapse emerging market, those who are equipped with the knowledge and tools to repair firearms and manufacture ammunition will be the most sought after for barter. This trade is also useful in light of the increasing restrictions put on firearms trade due to government control. This means the guns already out there are not likely to be replaced by purchase, rather people will be looking to repair theirs. You can begin learning these necessary skills by taking a class at your local community college. Classes on industrial design, machining, and woodworking are readily available and would be invaluable in getting you started on your new trade. There are also online resources available if you live prohibitively far from someone who can teach you the trade. The National Rifle Association can be contacted for a list of accredited programs for machining and tooling, if you are very serious about delving into gunsmithing.
- **Carpentry.** As with gunsmithing, carpentry will be a valuable trade in any of the predicted post-collapse scenarios. While today's society relies mainly on furniture and cabinetry from big-box home improvement or retail stores, such large-scale manufacturing may be non-existent in a fallen economy. Local carpenters will then be called upon to fill that void. The reliability of electricity in a post-collapse world may be suspect, so when learning carpentry it is wise to also learn to use traditional tools and techniques. Finding and purchasing the older tools, such as hand planers, a mitre box, a treadle lathe, and other traditional tools, would be worth your while, rather than relying solely on modern tools that may become obsolete, if only for awhile. There are a number of ways to learn the skill of carpentry. As was mentioned above with gunsmithing, you can take a community college's series of classes or join a local carpentry guild. Members are usually very willing to take an aspiring woodworker under their wings for the small cost of yearly dues. Specialty woodworking shops offer classes, and many rent you hourly use of their tools for your projects and practice.



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- **Household Product Manufacturing.** In light of the necessity of the security and manufacturing skills noted above, it may seem a small thing to talk about home products such as soap, detergents, and hygiene. However, you should not discount their importance. In a post-collapse market, people will have to adjust to a different status quo with regards to their personal and home hygiene. Yet, the fact remains that we will still need to wash our homes, our clothes, and ourselves. Homemade soap making has seen a resurgence in popularity recently, mostly being sold

in boutiques for upwards of six dollars per four ounce bar. Its value will most likely increase if we are hit with hyperinflation or a total collapse. Learning to make soap and other cleaners is not difficult. It is probably the easiest when compared with the other trades suggested, but it takes practice. You can learn easily now through books at your library, coupled with watching reliable videos available online. Consider deepening your skills by learning to make your own lye with rainwater and wood ash. Something else to think about if soaping is in your future is your long-term source of fats and oils, essential in soapmaking. Expand your production capabilities by storing the necessary items to make other necessities like toothpaste or salves.

- **Electronics Repair.** As was mentioned before, the reliability of electricity after a collapse may be dubious, but people's reliance on electronics will continue. Small radios, televisions, and even food dehydrators will continue to be used and will need repair eventually. If this is your chosen trade, consider widening your field of opportunity by obtaining and learning to use solar-powered chargers to recharge people's batteries and other electronics. To learn to repair small electronics, you may follow a similar path to gunsmithing and carpentry. There are multiple ways to go about it, but it might be simplest to enroll in a local class. You will begin by learning the basics, what a resistor is, what a capacitor is, how to calculate wattage, and many other things. From there, consider the many reputable online courses available to build on that basic foundation. Take apart some of your obsolete electronics (old video game consoles, telephones, et cetera), and be careful to note the design and function of each component. Your own personal observations will be useful to you as you use this "self-taught" aspect in your trade approach.



- **Fruit, Vegetable, Seed Production.** As a survivalist or prepper, you probably already know the dire importance of keeping a garden now and learning the skills necessary to be successful at growing food for you and your family. You probably have a stash of heirloom seeds, a garden plot outside, and the know-how to obtain a good yield from your labor and resources. Consider expanding your plot and resources so that in a post-collapse market you will be equipped to trade profitably with your fresh produce. Imagine the trading capability you will have with the folks who have stored dry goods or who have relied only on their hunting skills to put food on their tables. They will be needing fresh nutrients and fiber to keep them healthy and strong, and they will want to trade with you. Widen your own market by learning how to collect and store seeds from your produce so that you can sell and trade those precious commodities as well. Expand your possibilities. Even if you do not prefer eggplant, growing and trading those purple veggies with those who do will yield you more than if you had foregone storing those seeds. While gardening is a skill best learned through practice, your skills can be honed and augmented by attending classes

given by your County Extension Office or by joining a gardening club. If this is your intended trading skill, consider well your means of transporting your produce to a market or trading post. Aside from these are many other viable trades one could consider. When you are choosing, think carefully about what you think a post-collapse environment will look like. Though we all share a similar environment now, after a collapse your region and sub-region may look vastly different from someone else's depending on several factors. Urban versus agrarian regions of the country, for example, will deal with a collapse differently. Areas of the country with populations used to growing or killing their own food will have less call for a produce stand but may have a higher demand for a gunsmith. The point is that each area is different, and you and your trade must be prepared for the specific results after society's downturn.

First and foremost, take the time now to use your new knowledge in practical ways in your own home and life on a regular basis. Be constantly thinking about how you could adapt your trade to a post-collapse world. Many of the questions you may ask yourself regarding your trade can be applied to a trade in today's economy: How prevalent is this trade? Is there enough of a market to support this trade? Are there many others out there who can provide this skill or would you have the corner on that particular market? Other questions you should examine would obviously be situation-specific and therefore a bit more difficult to answer: Can you obtain the tools you would need to perform this trade without electricity? In a fuel shortage, how could you maneuver to perform your skill or deliver your goods to others?

Preparing for surviving the collapse is a necessity. There is no doubt whatsoever about this. Still, preparing for surviving after the collapse should be on everyone's mind as well. Take the time, right now while resources and time are available, to learn a profitable, productive trade that will see you and your family through the hard times after the collapse.



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GOVERNMENT

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***This article was originally published at James Rawles' Survival Blog. James Rawles is the author of numerous books on the subject of preparedness and survival including the highly informative How to Survive the End of the World as We Know It and his widely popular Patriots: A Novel of Survival in the Coming Collapse.***

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# The Obama Administration Wants Gun Owners To Wear RFID Tracking Bracelets?

Posted on APRIL 14, 2014 Written by [MICHAEL SNYDER](#) [1 COMMENT](#)



Attorney General Eric Holder says that gun owners in the United States could eventually be forced to wear RFID tracking bracelets. In fact, in recent testimony in front of Congress he gave the impression that this was something that the Obama administration has been thinking about for quite a long time. Holder seems to think that this would advance the cause of “gun safety” and that gun owners wouldn’t mind having an RFID microchip tracking their every movement. Apparently he does not know gun owners very well, because most of the gun owners that I know would be extremely resistant to the idea of being “chipped”. But this is yet another example of how the Obama administration plans to erode Second Amendment rights. They want to put up as many obstacles as possible to owning and using guns.

When I first came across the testimony by Eric Holder that I am about to share with you, I could hardly believe it. This seemed like something that you would see on “The Onion” or on some other satire website. But this is very, very real. Eric Holder really does seem quite interested in having gun owners wear RFID tracking bracelets. Just check out the following quotes from Holder that come from [a recent Free Beacon article](#)...

*“I think that one of the things that we learned when we were trying to get passed those common sense reforms last year, Vice President Biden and I had a meeting with a group of technology people and we talked about how guns can be made more safe,” he said.*



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*“By making them either through finger print identification, the gun talks to a bracelet or something that you might wear, how guns can be used only by the person who is lawfully in possession of the weapon.”*

*“It’s those kinds of things that I think we want to try to explore so that we can make sure that people have the ability to enjoy their Second Amendment rights, but at the same time decreasing the misuse of weapons that lead to the kinds of things that we see on a daily basis,” Holder said.*

Video of Holder making these comments to Congress [is posted below...](#)

So would you be willing to wear a government-issued RFID tracking bracelet in order to own a gun?

Of course not.

And such a thing would essentially be a de facto system of gun registration. It would be inevitable that all of the information about the guns and their matching gun owners would be stored in a massive government database somewhere.

In addition, it is also conceivable that under such a system that the authorities could use it to physically track the location of guns and gun owners at all times. Some have suggested that this would be good for us because it would mean that law enforcement agencies could [“send automatic alerts if a weapon moves away from the tracker, indicating that the gun is lost or stolen”](#).

But do we really want the government to know where they can find us and our guns 24 hours a day on a permanent basis?

That would give them the perfect tool if they wanted to implement a widespread policy of gun confiscation someday.



Look, I am all in favor of making guns safer. But in the end, that is not what this is about. Just like all other recent presidential administrations, the Obama administration is eroding our liberties and freedoms on a daily basis. We are becoming a “[Big Brother society](#)“, and they will keep pushing the envelope until the American people demand that they stop. The following is an excerpt from an outstanding commentary [by John Whitehead of the Rutherford Institute](#)...

*Adding injury to the ongoing insult of having our tax dollars misused and our so-called representatives bought and paid for by the moneyed elite, the government then turns around and uses the money we earn with our blood, sweat and tears **to target, imprison and entrap us, in the form of militarized police, surveillance cameras, private prisons, license plate readers, drones, and cell phone tracking technology.***

*All of those nefarious deeds that you read about in the paper every day: those are your tax dollars at work. It's your money that allows for government agents to spy on your emails, your phone calls, your text messages, and your movements. It's your money that allows out-of-control police officers to burst into innocent people's homes, or probe and strip search motorists on the side of the road. And it's your money that leads to innocent Americans across the country being prosecuted for innocuous activities such as raising chickens at home, growing vegetable gardens, and trying to live off the grid.*

The Obama administration has been very open about the fact that it is anti-gun.

They do not like the fact that tens of millions of Americans currently own guns.

People like Obama and Holder are fully convinced that guns make society less safe, even though the cold, hard statistics show [just the opposite](#).

Most people just want to be able to protect their homes and their families. Because when a home invader breaks in, [you never know what is going to happen](#)...

*A man breaking into a Winter Haven home Monday morning was shot and killed by the family living there, Police Chief Gary Hester said.*

*It happened at a little before 7 a.m. on Lake Marriana Road Drive. A mother, father, and son woke up to the sound of someone, identified by police as 40-year-old Mitchell Large, trying to get in through a porch door.*

*Chief Hester said one of the family members fired a warning shot.*

*“[A resident] fired a warning shot above the door. That warning shot did not deter the intruder. The intruder didn't retreat,” Hester said.*

According to politicians such as Obama and Holder, we are just supposed to allow home invaders to take whatever they want, do whatever they want to our wives and children, and then call the police when it is all over so that they can file a report.

What do you think would have happened if that family had been unarmed when that home intruder had entered their home?

That is frightening to think about.

But if Obama and Holder have their way, almost the entire country will eventually be unarmed.



SOURCE : [endoftheamericandream.com](http://endoftheamericandream.com)

*Filed Under:* [HOME DEFENSE](#), [SURVIVAL](#) *Tagged:* [BEING CHIPPED](#), [CONGRESS](#), [GUN OWNERS](#), [GUN SAFETY](#), [GUNS](#), [MICHAEL T. SNYDER](#), [OBAMA ADMINISTRATION](#), [RFID MICROCHIPS](#), [RFID TRACKING BRACELETS](#), [SECOND AMENDMENT](#)



# Would You? Could You? Eat a Person?

Posted on APRIL 14, 2014 Written by [P. HENRY](#) 2 COMMENTS



I was prompted to write those words after a couple of things happened. First, I watched the season finale of *The Walking Dead*. I won't give away anything more than that right now to you people who are still feverishly playing catch-up on Netflix. The second thing was a few books I have either read or am in the process of reading which deal with the subject of a TEOTWAWKI type of event which leads some people to cannibalism.

It struck me as odd at how little we seem to discuss this subject when it comes to prepping and SHTF types of scenarios. I have heard it mentioned before obviously and we had a similarly themed post on the Prepper Journal that asked the question, [Could you eat the family pet?](#) But for the most part, cannibalism doesn't seem to come up in the conversation for some reason. The most recent mention of this for me was in the book *World War Z*. This book is so far just a series of stories/interviews told from the perspective of people who lived through this fictional zombie outbreak. In one story people flee the cities and gather in the National Forests of Canada. This one family tells of how the beginning was like a large camping trip with lots of new friends. Everyone was jovial and got along great until the food ran out. Hunger, desperation and food supplies are routinely covered, as well as planting gardens, raising livestock and planning ahead. We do not seem to talk about the potential of those same desperate people who either did not or were not able to stock up, running out of food and turning to the most abundant presumably source of protein around. You.



## 37 Things To Hoard

These 37 food items vanish first in a crisis.  
Here's how to get them before anyone else...

[Read more](#)

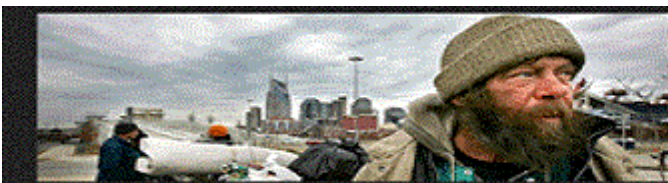
Cannibalism isn't new and its origins [if you believe Wikipedia](#) comes from the Spanish name for the [Carib people](#),<sup>[1]</sup> a West Indies tribe formerly well known for practicing cannibalism. We have probably all seen pictures of sinister looking native people, maybe with sharp, filed teeth or shrunken heads and thought in passing of this



practice, but the reality is the most of us are so far removed from anything remotely resembling this act that it falls somewhere in urban legend between the Loch Ness monster and Big Foot. We are aware of it and maybe on some level believe in it, but we have never seen it and never worry about it.

Cannibalism for the rest of the world who doesn't practice this as part of our culture or religion does come into play in dire, drastic circumstances usually of extreme starvation. In colonial Jamestown at our country's birth, cannibalism occurred because the colonists were starving to death at one point. Reportedly, they didn't just eat people, but they went so far as to dig up corpses and eat them. They called this [the Starving Time](#). Many of us remember if not the actual event, the [movie dramatization](#) of the survivors of [Uruguayan Air Force Flight 571](#) who crash landed in the Andes back in 1972 and eventually turned to cannibalism after no one found them for over 72 days. I get hungry if I haven't eaten in several hours.

There are other people who are simply insane that also eat people for the sheer fun of it, but I am more concerned with the majority of humanity when faced with death from starvation. Like I said, we talk about having food, but eventually your stored food is going to run out. If we all go into the woods, sooner or later, the animals are going to run out. If there is a catastrophe in the winter and the majority of people have no canned food, what will happen? Will the new supermarket be people who can be tricked into cages? Will the local farmers market be your family in your small garden when you are attacked by a group of hungry marauders?



### 37 Things To Hoard

These 37 food items vanish first in a crisis. Here's how to get them before anyone else...

[Read more](#)

Like the fictional accounts I mentioned at the start, I do think that it is highly possible that if we go through some type of horrible calamity that causes wide-spread death and destruction we will most certainly see cannibalism rear its head again. Why do I think this? The most logical answer I can think of is that humans are the only animal that we can talk to.



In the Walking Dead (spoiler alert) a community called the Terminus has formed and from what you are able to infer from the show, they have turned to cannibalism. They lure people who are lost, hungry and scared to their community and trap them with the sole intention of eating them. Could this happen if all hell broke loose and zombies roamed the earth? I think it could but I don't think it would take zombies for this to happen. Just look at the settlers of Jamestown. They got hungry enough to eat people too and as far as I know there was no war, no economic collapse, no global pandemic and certainly no zombies. You could say that some were dying of disease sure, but that can just as easily happen here and now. They were hungry because they had no food. In our culture where everyone gets their food from a grocery store, or a restaurant people will go hungry fast in a total collapse like this. I don't think that idea has ever been met with too much resistance, but we always stop there. People will get hungry, you better have food.

I don't think that the majority of the world is prepping for any type of disaster but even for the ones who are, we would be on borrowed time if any such disaster occurred. In a perfect world, we would never run into any event like this that takes civilization away completely, but let's assume for a minute we did. In your small community of 10,000 people (hypothetically) how many would you say are prepping? Let's be generous and say 10% of that number are prepared for a year. That leaves 9000 people who are going to go hungry and when that happens, do you think that our culture today is going to quietly lie down and die? Will they try to take what you and all the other people who are prepping have? What if you have already eaten your supply of food and your garden is barely producing enough to keep your family alive? If the animals are all gone and there is nothing left to eat, will some people turn to eating their fellow humans?

So the question I posed at the start of this article is still could you eat a person? For me, I don't believe I could ever do that but I won't swear on a stack of bibles that would never happen. I think the more important question may be, could someone else be looking at you as food? Just something to think about...

SOURCE : [www.theprepperjournal.com](http://www.theprepperjournal.com)

Filed Under: [PREPPER](#), [SURVIVAL](#) Tagged: [CANNED FOOD](#), [CANNIBALISM](#), [COULD YOU EAT THE FAMILY PET?](#), [PREPPING FOR ANY TYPE OF DISASTER](#), [STORAGE FOOD](#), [TEOTWAWKI](#), [WALKING DEAD](#), [WOULD YOU? COULD YOU? EAT A PERSON?](#)

# Is Prepping for the Worst a Social Benefit?

Posted on APRIL 11, 2014 Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Many people these days are preparing themselves and their families for global economic meltdown, or for natural disaster. Many others are considering it. Is this a good thing for society?

Well, in many ways, yes it is. A populace which isn't just sitting back and hoping to lean on the government if worst comes to the worst is a more intelligent, involved and responsible set of people, who are going to be a help, not a hindrance, in the event of major problems.

Many people have grown very used to relying on the state, being that the government has so many programs to take care of people. The welfare-providing government and state system we witness today has been described as "The tragedy of American compassion". There is more than ample evidence that when people look after themselves and each other, a healthier and more compassionate society is the result.



**THEY ALREADY KNOW  
THE EXACT DAY THE U.S.  
DOLLAR WILL COLLAPSE**  
CLICK TO WATCH SOME UNBELIEVABLE FACTS



Preparing for the worst, means learning how to get by with less, less entertainment, less variety of food and drink, much less luxury. It involves learning how to do things for ourselves that all human beings really should be able to do, like growing and preparing food. We should also be able to look after our health and doctor ourselves and our animals. We also will need to know how to teach our children as well as protect ourselves in a sensible way. Being prepared can also ensure we do have some of the luxuries we cherish

Being a prepper or survivalist we understand that we may have to go back to a way of living which was common two hundred years ago. In order to do that, people are working with family and friends to figure out how they can live in communities together. Some people are already taking the steps which enable them to live a more simple, less dependent life.

Society is made up of individuals, and if there is to be a global collapse, civilization can build itself again, but it will be in a new pattern. The people who will be the leaders than are the ones who have put themselves in a position where they can continue their lives in a meaningful way. They will not just be fighting for survival in a brutal world, but living an organised life which, although hard, would give the possibility of working with others to rebuild society and stay safe.

The people who are preparing for the worst are also, many of them, getting back in touch with God. Not just going to a big church and feeling virtuous, but really looking at the life of Christ and at the lives of the early Christians as a model of how we should behave.

To have people in our society who are preparing themselves for possible problems ahead is surely a good thing. The worst thing is for those people to be treated as pariahs, as crazy people likely to go postal at any moment, or as doomsday cultists. They are none of these things.

It's up to all of us to think and plan how to protect ourselves and our families. If everyone was thinking this way, the chances of that feared meltdown actually start to recede.



**THEY ALREADY KNOW  
THE EXACT DAY THE U.S.  
DOLLAR WILL COLLAPSE**  
CLICK TO WATCH SOME UNBELIEVABLE FACTS



SOURCE : [www.beattheend.com](http://www.beattheend.com)



## About [Josh Collier](#)

I am Josh the owner of Beat The End. I am a prepper and trying to be more self sufficient. The most likely thing I am preparing for is an economic meltdown/civil unrest. I am a hunter, fisherman and outdoors man.

*Filed Under:* [PREPPER](#), [SURVIVAL](#) *Tagged:* [PREPPER](#), [PREPPING](#), [SURVIVAL](#), [SURVIVALIST](#)

# The End Of The World Are You Ready?

*Posted on* **APRIL 3, 2014** *Written by* [DALE](#) [LEAVE A COMMENT](#)



If It All Ended

## Today...Are You Ready?

The Survivalist Prepper a website centered on informing everyone and opening some eyes to the real threat, that being said are you ready? or do you just think you're ready. I know too many uninformed people who "believe" they have what it takes [to survive a global meltdown](#). but the truth is, it doesn't matter how big and strong you are, how much you can stockpile in your underground bunker because you have millions or how many friends you have in you pack or clan to assist with you new life after disaster. the truth is you most valuable asset is sitting on your shoulders.



281 Million Americans Dead In The Next 6 Months

[Click Here To Watch Shocking Video>>](#)

## Survival Education

That's right your head is your most powerful weapon. Knowing how to stay out of a bad situation can be just as tricky sometimes as getting out of a bad situation that could have been avoided in the first place. Educating yourself about possible doomsday scenarios could be the difference between life and death.

I'm not saying go out and get a tinfoil hat and lock yourself in the basement behind a bunch of sand bags cooking your baked beans on a camping stove while everyone else is out living their everyday lives. What I am saying is to be ready, be prepared for anything. Yes, it's true that some people will label you as one of those "Doomsday Prepper types" but these are probably the same people who need to demean everyone to make themselves feel better. And these are the same people that will be coming to you for help when the shit hits the fan...because they are clueless.

That is my main goal here to supply as much valuable information that I can. any information or survival skills that I think could help you and educate you will be shared. Keep in mind these are my opinions and just like you I am allowed that right...for now.



## FEMA Panicked When This Video Got Leaked!

Watch leaked controversial video before they ban it again

[Watch Video >>](#)

SOURCE : [survivalistprepper.net](http://survivalistprepper.net)

Filed Under: [SURVIVAL](#) Tagged: [DOOMSDAY SCENARIOS](#), [PREPARED](#), [PREPARED FOR ANYTHING](#), [SURVIVAL EDUCATION](#)

# Concrete Canvas Shelters: Rapidly Deployable Hardened Shelter – Just Add Water!

Posted on MARCH 30, 2014 Written by [THINKSURVIVAL](#) [LEAVE A COMMENT](#)





[Source](#)

I'd imagine some of you who have recently served in the military may have seen these Concrete Canvas Shelters (CCS) but they're new to me so I thought I would share them with you. In fact, it was my eldest son (he's only 11) who pointed them out to me... no idea how he found out about them but he loves everything "military" so I'm sure he was searching YouTube.

Anyway, these CCS shelters have been around for a handful of years or so and appear to have found their way into military applications but I immediately saw how useful such a structure might be for preppers. Here's some highlights from ConcreteCanvas.com:



*"CCS have two major advantages over conventional tented shelter:*

- **Operational:** CCS enable a hardened structure from day one of an operation. They provide much better environmental protection, increased security and vastly improved medical capability.*
- **Financial:** CCS have a design life of over 10 years, whereas tents wear out rapidly and must then be replaced. CCS are a one stop solution, saving effort and cost over the lifetime of medium to long term operations.*

*The key to CCS is the use of inflation to create a surface that is optimized for compression loading. This allows thin walled concrete structures to be formed which are both robust and lightweight."*

Watch this video on setting one up as well as important characteristics I'll reiterate below:

As you saw in the video, once you have the shelter where you want it, setup is relatively straightforward. Granted, you're going to need a few things to make it happen, including the ability to lay it out flat (probably using a vehicle), [a generator to run an fan in order to inflate the shelter](#), and water (probably under pressure) to saturate the canvas so it hardens. According to the video the shelter will be operational within 24 hours.

The video also says the shelter can be covered in "earth, sand, or snow providing an excellent thermal performance" and offers significant protection from small arms fire and fragments. In fact, I think they recommend you berm the structure to offer such protection. Beyond that, the CCS is even 100% fireproof since it's made from some sort of ceramic. Moreover, the plastic inner is apparently a sterile environment too. Finally, it seems you can even link more than one shelter together to form an even larger structure. Now that's cool!

They also make concrete cloth that's not intended to be a deploy-able shelter as shown above but, rather, for other purposes. Here's a few ways the military has utilized Concrete Canvas to harden their defensive structures, shore-up failing walls, slopes, and more (just watch the first two minutes):

Pretty cool, huh? I thought so. I never could find any pricing info... seems they want you to contact a sales rep which is code for "they're probably expensive." Perhaps someday they'll be a great and affordable option for the rest of us.



SOURCE : [rethinkingsurvival.com](http://rethinkingsurvival.com)

Filed Under: [SHELTER](#), [SURVIVAL](#) Tagged: [SHELTER](#), [WARMTH](#)

# Preparing for the apocalypse

Posted on MARCH 10, 2014 Written by [FORTRESS KEEPER](#) [2 COMMENTS](#)



***Organised by nature: Post-apocalypse life will still involve washing the dishes and taking rubbish out, according to Peggy Layton's hoarded supplies***

## Preparing

Post-apocalyptic worlds may exist on the big screen and in sci-fi novels, but that's where the similarities between a disaster-ravaged planet and daily life in America end.

Or so you may think.

A new TLC show introduces us to the families who live in fear of the apocalypse, convinced by the



inevitability of the end of the world as they know it.

***Organised by nature: Post-apocalypse life will still involve washing the dishes and taking rubbish out, according to Peggy Layton's hoarded supplies***

But far from admitting defeat, the programme instead focuses on their [preparations for life](#) after destruction. And, as TLC shows, [survival tactics](#) take on many forms.

Living for the Apocalypse follows four families who are not only predicting the apocalypse but preparing for its arrival. The measures that they are taking now, are they believe, the key to their [survival if economic collapse](#), doomsday predictions, natural disasters, alien invasion, meteor strikes or zombie viruses ever take grip of planet earth.

Meet Peggy and Scott Layton. The parents of seven children, the Laytons believe they are 'ready for anything.'



***Stockpiling: Peggy Layton has vast amounts of storage for foods, including sealed buckets of soups and stews – and dog food***



***Good night: The Laytons have an underground bunker beneath Peggy's office, complete with bunk beds and a full kitchen and dining area***





***Geodesic: As well as their bunkers and vast [food supplies](#), the Laytons have a greenhouse and grow vegetation for animal fodder***

The family from Manti, Utah, have a garden to live from and a root cellar that can double as a bomb shelter as well as a home in the mountains – protected by Mr Layton’s large supply of firearms – that they will escape to should disaster or invasion ever make the city unsafe.

‘We won’t go down without a fight,’ says the father and plumber.

Mrs Layton’s office has an entire underground bunker system including bedrooms with bunk beds, a kitchen and dining room and, of course, ample storage for food and supplies.

Determined to hoard as much food as she can fit in her bunker, she has made a whole career from preparing for the end of the world as she knows it. She has published seven books to date, all focusing on the key to [emergency food preparation and survival](#).



***Warfare: Survival Doc explains the benefits of a side-ventilated gasmask. You want interference with your gun's aim, afterall***



***Here, bunny: The Doc takes a rabbit from his bank of hutches and prepares to kill it before storing the meat for harder times***

‘If it’s messy and unorganised, it’s hoarding’ the mother and business woman says. ‘I feel a great urgency to be prepared and to have my [family prepared](#). It’s a possibility we could have an earthquake, we could have economic collapse.’

Over in St Louis, Missouri, the Survival Doc is taking no chances. He and his wife Liz have stockpiled silver for years – their various coins, ornaments and table wear accumulating thousands of dollars’ worth of value over the years.



***Don't forget a can opener: The Survival Doc has an internet channel on which he broadcasts tips for days of destruction, not least food storage and access***

A chiropractor by trade, Survival Doc even has an internet channel on which he broadcasts survival tips, inside knowledge and plans for preparation.

The grey-bearded super-scout lives by the survival motto 'One is more, two is one,' and stores vast amounts of food, supplies and even alcohol even though he is not a drinker, because 'it's good bartering material.'

He farms rabbits, killing and storing their meat and owns a selection of guns, including a concealed 357 magnum which he wears at all times. He even tried to develop a way to swim with the weapon, but admits that 'obviously you can't protect everything. There are no guarantees in life.'

For her part, his wife, Liz, is long-suffering: 'I try to support him in everything he does. But it's a challenge.' She remains supportive, though: 'I'm so grateful my husband has taken the time to put things together,' she says of his eccentric tendencies.



***Survival mode: The McClungs show off their supplies including the family's surgical kit***



His dogged multiple-buying of everything has one exception, though: 'I only have one wife. One is enough in that regard.'

Then, there is the young family from Mesa, Arizona who believe in Hopi, Malachy and Mayan prophecies that predict the world will end .

**RELATED :** [Start of The End of World all Predictions here in 2017-2024](#)

Danielle and Dennis McClung have two young children and have made sure to teach them what to do in an emergency. Together, the family make games out of practicing to dress in gas masks and protective clothing, while the children are taught to fend for themselves in preparation for a worse-case scenario.

Mrs McClung says of her 'protective' five-year-old son: 'He can cook, he can make cereal,' hoping that if anything was ever to happen to the adults, the infant could take care of his two-year-old little sister.





***Self-sustaining: The McClungs have built a garden with a tilapia pool, goats, chickens and plenty of vegetables***



***Gone fishin: A fishing net is hauled in from the tilapia pond, ready for the McClung's dinner. The fish are fed by chicken droppings from a coop above the pond***

The McClungs hope to live entirely off grid by doomsday in December 2012, producing all of their own food, water, and energy. They have converted a swimming pool into a hi-tech closed loop garden complete with chickens, goats and a tilapia pool that is nourished by chicken droppings.

Helped by community volunteers, they say their unusual vision is an inspiration to others. 'I don't see ourselves as fear-mongers or even negative people,' says Mr McClung. 'I think we are actually very optimistic people, we're just preparing for the worse-case scenario and hoping for the best.'

But there are fewer more unorthodox approaches to post-apocalyptic survival than friends Jackie and Gidget from the Southwest Desert. Jackie, a trans-gender woman, is credited with being 'the enforcer, protector, handyman... or handywoman' of the pair, while Gidget takes control of food storage and has a career as a seamstress.

The couple, who wear matching purple tops, seem to have little strategy in place, besides heading to the shooting range to beef up their 'shoot to kill' [survival tactics](#).

'We're preparing because the world as we know it and especially our country is coming to an end,' says Gidget. She is on the look out for economic collapse, war and rioting, but Jackie is more fearful of 'zombies.'

‘I would like an M-16 or something like that for self-protection,’ says Jackie, a senior who is undergoing hormone therapy.



***Not so rosy: As sweet as they may appear, Jackie, left, and Gidget are determined to ‘shoot to kill’ then ‘can em up.’ We hope that doesn’t mean what it seems to imply***



***Ladies with guns: Jackie, left, and Gidget make sure their gun skills are up to scratch, ready for doomsday. They vow to ‘shoot to kill’***

‘I have learned how to shoot a gun... I don’t want to have to shoot anybody but I will,’ says Gidget. ‘I’ve always been taught that whatever you shoot and kill you have to eat it and I’m not accountable but it might come to that... Shoot to kill. Can ’em up.’

We can only hope it won’t get to that stage: the couple have been hoarding food, alcohol and home-canned meats – including beef heart and ‘cheap pork’ – and their bathroom is stocked full with tinned carrots, spaghetti sauce and tuna fish. They breed and sell guinea pigs that they hope to never eat. ‘They are a little skinny,’ says Jackie.

From guns to gas masks and fresh fish, the one-hour special programme says that preparations for the apocalypse are a growing trend in the U.S. as more and more families ready themselves for a life beyond civilisation. A final word of survival to take from the unconventional characters on the show?

‘Maybe in preparing for the worst, it brings out the best in humanity,’ says a hopeful Mr McClung. Or, there are always the dubiously wise – or should that read paranoid? – words of the Survival Doc to live by: ‘Be prepared. Or be prepared to be fleeced.’

**Prepare to Live or Prepare to Die**, you decide.



IF YOU ARE TOO WEAK TO DEFEND YOUR HOME  
FROM LOOTERS, THEN YOU NEED TO WATCH THIS

[WATCH VIDEO>>](#)

### **Other useful resources:**

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat,Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

[Bullet Proof Home](#) (A Prepper’s Guide in Safeguarding a Home )

[Family Self Defense](#) (Best Self Defense Strategies For You And Your Family)

[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

SOURCE : [www.december212012.com](http://www.december212012.com)

Filed Under: [PREPPING](#), [SELF-SUFFICIENCY](#), [SURVIVAL](#) Tagged: [APOCALYPSE](#), [AQUAPONICS](#), [BEYOND CIVILISATION](#), [BUNNY](#), [DOOMSDAY](#), [FISHING NET](#), [FOOD STORAGE](#), [FOOD SUPPLIES](#), [HOARDING FOOD](#), [SEALED BUCKETS](#), [SURGICAL KIT](#), [SURVIVAL GEAR](#), [VEGETABLES](#)

# Top 10 Reasons America Depends On Survivalists And Preppers

Posted on MARCH 4, 2014 Written by [DR. DAVID EIFRIG JR.](#) [LEAVE A COMMENT](#)



There has been a lot of derogatory talk lately about “preppers” and “survivalists.” Here are 10 reasons why preppers and survivalists have always been vital to the United States and why it is essential that we have as many as possible to survive future disasters.

To start with, the titles “survivalist” and “prepper” would have seemed redundant a couple of generations ago. When the Greatest Generation was growing up, preparedness was simply a way of life. Before the Federal Emergency Management Agency, Social Security, Medicare, Medicaid and other Federal aid programs were around, people knew that they had to be able to take care of themselves in the event of natural and manmade disasters.

At the core, that’s what survivalists and preppers are. They are people who are aware that life is full of uncertainty and who have decided to put things into place for when bad times happen.

With that, here is the top 10 list of why America depends on survivalists and preppers:

**1. FEMA:** The cost for local, state and Federal agencies to plan, equip and staff for *every* disaster that might happen is cost-prohibitive. When disasters strike, government is quick to talk and quick to “ramp up,” but government help is slow to come and inefficient when it arrives. The irony is how often highly qualified and motivated front-line first responders are prevented from doing as much as they could by top-heavy bureaucracies.





## Obama's Private Army

This is the REAL reason why Obama wants to take away your guns.  
His sinister agenda exposed

BackyardLiberty.com

» [Watch Video](#)

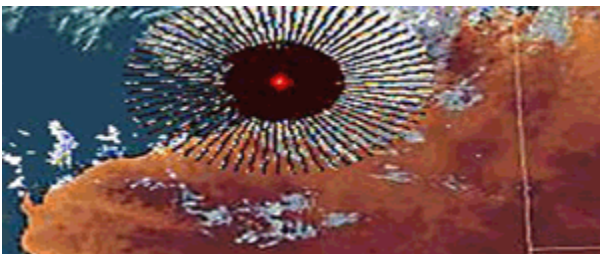
Survivalists and preppers, on the other hand, are able to act quickly and efficiently to take care of their own houses and provide stability, structure and assistance for their streets, neighborhoods and beyond. Because they know the terrain and the players in the areas where they live and operate, they can quickly establish stable micro-environments for recovery to grow from.

**2. Stable base:** An organization (or nation) of people with narrowly focused, specialized skills may accomplish great things when everything is going smoothly, but it quickly falls apart when trouble comes and key people are knocked out.

The survivalist and prepper mind-set of jack-of-all-trades makes for a stable organization (or nation). If the specialist falls or needs help, others can help pick up the slack — even if it means they're doing it at a slower speed or lower level of proficiency.

**3. Joseph in the Bible:** Preppers and survivalists have been around saving the day since the beginning of time. In Genesis 37-50, Joseph sees trouble coming and prepares for seven years. At the end of seven years, a severe drought and famine hit that last for the next seven years. Because of Joseph's preparations, Egypt survived the drought and famine and was able to help the surrounding nations.

**4. Founding Fathers:** With the Constitution and Bill of Rights, our Founding Fathers pushed responsibility from the Federal government down to the individual citizen and promoted a survivalist/prepper mentality. They did it with the 2nd and 4th Amendments, they did it by example (Washington leading a mostly barefoot army across the Delaware), and they did it throughout their writing.



**WATCH** Here's The Exact Day The  
U.S. Dollar Will Collapse

GOVERNMENT

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**5. Siege warfare:** Many of the things that happened after Hurricane Katrina are textbook examples of why siege warfare is so effective. The normal city has a three-day supply of food. The normal prepper has a six- to 24-month supply of food.

Which do you think is more stable in the event of a siege that is due to disasters or war?

If you focus *only* on food and water supplies, a city, county, region or country with many preppers will be much more resilient to being cut off from outside help than one with few preppers.

**6. Independent from the government:** How much leverage does an energy tax (or most other taxes) have on a family that's living partially or completely off the grid? The more self-reliant you are, the less control the government can exert over your life through taxes.

**7. Criminals fear the aware and prepared:** This is fairly straightforward. Preppers and survivalists gradually become more aware and prepared than the average person. This will show itself in your walk, in your eyes and how you carry yourself. In short, you stop looking like a wounded gazelle and more like a badger... cute and cuddly, but ready to do anything necessary to stop a threat to himself or his loved ones.

**8. Tyrants fear survivalists and preppers:** In addition to living a lifestyle that insulates them from siege, some taxes and being nannied, survivalists and [preppers are usually well-armed and seek advanced training](#). Good men have nothing to fear from an armed populace, but tyrants who seek to control the lives of others will always try to disarm them first through confiscation, taxation or pressure through media and the education system.

It worked for Adolf Hitler, Mao Zedong and many more narcissistic, mass murders throughout the ages. It worked so far back, in fact, that Aristotle spoke extensively about how, in any society, those who control the arms control the state.

**9. More preppers means fewer refugees and faster recovery from disasters:** After a local, regional or national disaster, the number of refugees will be inversely proportional to the number of preppers and survivalists in the area. In other words, the more preppers you have in an area, the less strain the hospitals, volunteer organizations and government-run refugee centers will have.

**10. More able to help their fellow man:** After a disaster, you're not going to see very many refugees [donating their food, supplies](#) or time. It's not that they don't want to, but rather it's because they are in a fight for their lives and may be dehydrated, hungry and tired.

Preppers and survivalists who have food storage, water or water-treatment tools and who have prepared themselves psychologically for disasters will be able to help in several ways. First, they are less likely to become refugees or use the time and resources of first responders. Second, since they *are* prepared for disasters, they can help the people in their immediate area, which will lessen the load on first responders and reduce the number of refugees. Third, by helping themselves and their neighbors, preppers will increase the quality of care for people who *do* need first responder care or who need to relocate to a refugee center.

In short, the more survivalists and preppers we have, the more stable our families, cities and the country as a whole are.

Please let me know what you think about this by commenting below.



## 37 Things You Should “Hoard” Before The Coming Crisis

By: **SoldOutAfterCrisis**

11/26/2012 07:38 AM

If you buy the wrong food items, you'd have been better off buying nothing at all. Without the essentials we may not survive. And there's going to be no way to get them when a crisis hits (or the news even smells a crisis for that matter).

SOURCE : [personalliberty.com](http://personalliberty.com)

ABOUT THE AUTHOR :

**Dr. David Eifrig Jr.** is the editor of two of Stansberry's best advisory services. One of his advisories, [Retirement Millionaire](#), is a monthly letter showing readers how to live a millionaire lifestyle on less than you'd imagine possible. He travels around the U.S. looking for bargains, deals and great investment ideas. Already his average reader has saved \$2,793 since 2008 (documented in each Retirement Millionaire issue). He also writes [Retirement Trader](#), a bi-monthly advisory that explains simple techniques to make large, but very safe, gains in the stock and bond markets. This is a pure finance play and the reason Porter Stansberry loves having “Doc” on the team. Doc holds an MBA from Kellogg and has worked in arbitrage and trading groups with major Wall Street investment banks (Goldman Sachs). In 1995, he retired from the “Street,” went to UNC-Chapel Hill for medical school and became an ophthalmologist. Now, in his latest “retirement,” he joined Stansberry & Associates full-time to share with readers his experiences and ideas.

Filed Under: [PREPPER](#), [SURVIVAL](#) Tagged: [EMERGENCY MANAGEMENT](#), [MEDICARE](#), [PREPPERS](#), [SOCIAL SECURITY](#), [STABLE ORGANIZATION](#), [SURVIVALIST](#), [TOP 10 REASONS AMERICA DEPENDS ON SURVIVALISTS AND PREPPERS](#), [UNITED STATES](#)

# Surviving An Economic Collapse What Are Your Options

Posted on FEBRUARY 25, 2014 Written by [DALE](#) [9 COMMENTS](#)



## What would you during an economic collapse?

In the case of an economic collapse your life will be turned upside down. The paper that your money is printed on will be just that, paper. If you have done a good job prepping, most of your [possessions will be more valuable than any printed money](#), and even gold.

Drinkable water, food and supplies you have prepped would become the new gold. But having these supplies is one thing, keeping these supplies is an entirely different problem. Preparing and protecting the things you have stockpiled are crucial to your survival, no matter what situation you find yourself in.

There are some things that remain the same regardless of where you live, your money will be worthless, you will need to have an escape plan and you should have caches set up along your escape routes as an added precaution.

It is always better to walk away alive and empty handed than dead and empty handed, especially if you know you have a cache of survival supplies near by, understanding how people will react during a chaotic situation, and finally learning survival skills will help you when all else fails or your supply runs out.



# What Are Your Options

- Do you live in a rural setting?
- Do you live in an urban setting?
- Do you live In a suburban setting?

## An Urban Crisis

Coping with an economic collapse in an Urban setting will require fast action and survival skills, just because you live in the big city does not mean you won't be able to utilize wilderness and military survival skills. Things you will have to think about are...



**THEY ALREADY KNOW  
THE EXACT DAY THE U.S.  
DOLLAR WILL COLLAPSE**  
CLICK TO WATCH SOME UNBELIEVABLE FACTS

**What will you do when someone tries to force their way into your home?** You will not be able to hide under the bed and hope they leave, so you better have a gun, and you better be prepared to use it. Sometimes just the sound of a shell being chambered in a shotgun will run them off...but don't count on it.

**What if you find yourself in the middle of a mob of rioters?** In this situation you will need to know where your safest escape route is. You could be out looking for water or supplies, and as you turn the corner "HOLY S#IT!" There are a thousand people moving in your direction. If finding an exit point is not an option you will need to stay as far away from the "action" as possible, a mob bent on looting and destruction will not pay much attention to you, unless it's you they are after, in this case you better think harder about that exit you were looking for.

**Are you being watched?** The government might not be watching you anymore, but someone else might be. Always be aware of your surroundings, especially in open spaces. If you think someone is following you, walk erratically and change directions. If they are still following you will need to either stop and "solve" the problem or find an escape route. And remember, sometimes fleeing is your best option.

**Plan on eventually being evicted.** As everything becomes worse it will be continually harder to protect yourself and your family. Violence, gangs and criminals will be everywhere and when word

gets out that you are prepared, you won't be dealing with just one or two people anymore. Always have a plan B, and always have an escape route.

**Home Security And Preps Security.** Not only will civilians be after your preps, but the government will be too. The government could very well decide that it is illegal to possess more than a weeks worth of food and water and try to confiscate your supplies. Always find places to hide your food and supplies from looters and who ever feels like you need to share the wealth. Just because you had the foresight to prepare for an event like this doesn't make you liable for the ones who didn't.



### **FEMA Panicked When This Video Got Leaked!**

Watch leaked controversial video before they ban it again

**Watch Video >>**

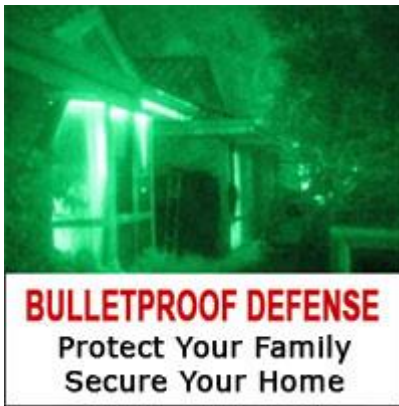
## A Suburban Crisis

An economic collapse in a suburban setting will be a little different than an urban setting because you might have a little, very little more time to react before the chaos reaches you. If you live a few miles outside of a heavily populated area you could have a few more options available to you. Just keep in mind that you are not far enough away from the population to reach if they want to.

With everyone wanting to get out of dodge as quickly as they can, you become a big target. The inner city's will be completely looted and destroyed and that means you are next. Just like animals in the wild, when the food source is gone the herd moves to greener pastures...your front yard.

**Know your surroundings and your neighbors.** Where you live will determine how you secure your perimeter. You could use surveillance cameras and motion sensors, but if you have no power you have no perimeter. You can build traps on other deterrents on your property, just make sure your family knows where they are. I wouldn't suggest making booby traps on your property until you actually need them because you are risking injury and liability if anyone were to spring it.

**Like they say, there is safety in numbers.** Having a network of people that will help each other will give you an advantage if a group of starving zombies decides they want what you have. Try to be a valuable resource, someone who can contribute and is not a liability. Be aware though, that your neighbors that are fighting by your side could turn on you if it means their survival.



**What to do when the crazy masses come to visit?** In a suburban area you will have a few more options available when it comes to using your surroundings as a benefit against attacks. Get to know your neighborhood and surrounding areas well, play out different scenarios about what you would do if something were to happen. Always have a plan and always plan to adjust.

**Have a plan B and C.** In a suburban setting you will be able to escape a situation easier than in an urban setting, as long as you are aware and have a plan. Timing will be critical because things can happen quick. You will not have time to pack the family truckster if the mob is down the street. have an bug out plan, and just like a fire drill, practice it. There is less chance your family will “freak out” if they have some idea what to do.

**Self defense.** Regardless of whether you are in the line of fire or not you can count on one thing, you will get visitors sooner or later. Whether you live in the city or you live in the suburbs self defense will and should be a top priority. Make sure you are not only comfortable with your gun, but are mentally ready to use it when you need to.

**Bugging in or bugging out?** Depending on your surroundings you might be able to last a while staying put. It all depends on where the herd of desperate people are moving. If you live behind a Walmart, I would get the hell out of there, if you have to drive 30 minuets to get to a store your chances are a little better.

## A Rural Crisis

A rural setting is the most desirable [option when it comes to surviving an economic collapse](#). Unfortunately this is not possible for most of us. Having a community or a clan is going to be a huge asset for you in a rural setting. Hopefully you will have time to form a bond with your neighbors before hand, although I would still be cautious about this. Try to be someone who adds value to the community, your less likely to be cast out if you have a valuable skill. Keep in mind that you never know what even the most honest and compassionate person will do when facing life or death...this includes us.

**More available options.** Because you live in a rural area you will have more options when it comes to things like building an underground bunker or reinforce your perimeter. A house in the city would usually not have the property available to build a bunker and it would stick out like a sore thumb if it was highly fortified. whereas in a rural setting you have a little more anonymity and your neighbors will probably just think you are some crazy old coots...let em.

**Your Primary food source should not be Safeway.** In a rural setting you have far more access to mother natures food sources and have the ability to farm, trap and hunt wild animals, rather than the squirrel's that live in city park. Almost everyone living in a rural area will have room to have chickens, goats or an area for gardening.

**You will have valuable time to prepare.** I don't just mean time to prepare your property and family, I mean time to prepare a survival strategy with your neighbors as well as find out which of those neighbors will be a liability to you and your family. A strong community that works together can withstand much more than any single person. You might even become that liability if you decide to go it alone.

**Self defense in a rural home.** Even though the laws are the same all over the country and state by state, you can own 10 guns if you live in the country and no one bats an eye. If you were to own 10 guns in the city someone would inevitably turn you in because they thought you were going to go on a mass murder spree. It's not fair, but it's reality. This is probably because everyone else that lives in a rural area is a gun owner as well...good for you!

This doesn't cover every aspect of survival in the event of an economic collapse, but its a good starting point to build on. Make sure and educate yourself as much as you can, and always take into account your living situation while prepare yourself for an event like this.

What will you do? Are you willing to take on the challenge of bugging in and defending your property? Or are you going to bug out and take the risk of being out in the open? Whatever you decide you should always have a plan for both.



**WATCH** Hushed Up Conspiracy  
May Wipe Out 281 Million  
Americans In The Next 6 Months

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SOURCE : [survivalistprepper.net](http://survivalistprepper.net)



### About Dale

Survival and being prepared should not only be a passion, it should be a lifestyle. The definition of a prepper is “An individual or group that prepares or makes preparations in advance of, or prior to, any change in normal circumstances, without substantial resources from outside sources” Like the Government, police etc.

I don't believe that the end of the world will be the “end of the world” I believe it will be the end of the world as we know it now.

*Filed Under:* [ECONOMIC COLLAPSE](#), [SURVIVAL](#) *Tagged:* [ECONOMICS](#), [SHTF](#)

# Selco On Riots: Do Not Go Out: “You Do Not Prepare to Be a Hero... You Prepare to Survive”-Video

*Posted on* FEBRUARY 22, 2014 *Written by* [SELCO LEAVE A COMMENT](#)



# Selco On Riots: Do Not Go Out: “You Do Not Prepare to Be a Hero... You Prepare to Survive”-Video

*Editor's Note: The following article has been shared with our community by Selco of **SHTF School**. His personal experiences during the Balkan war have been documented in **One Year in Hell** and are an invaluable knowledge base for any serious preparedness minded individual. When riots break out in your city or the infrastructure systems upon which we depend begin to destabilize there will be confusion, panic and violence. Selco explains what to expect from those around you, and what it might look like in what was once your friendly and peaceful neighborhood. Pay attention, because this is how things really go down when the 'S' hits the fan. [\[Read more...\]](#)*

Filed Under: [SURVIVAL](#) Tagged: [COLLAPSE](#), [MONKEY EATING GAZELLE](#), [SURVIVAL SITUATION](#), [TOTAL COLLAPSE](#)

## Preparing for Pandemic or Biological Warfare

Posted on **FEBRUARY 13, 2014** Written by [JORDAN RODRIGUEZ](#) [LEAVE A COMMENT](#)

Pandemic is defined as an epidemic of infectious disease that has spread through human populations across a large region. A biological warfare is the use of bacteria or viruses or toxins to destroy men and animals or food. So what happens if or when a pandemic or biological warfare hits your town or community? Do you have the resources or the know-how to defend you and your house-hold from such a thing? Most people don't and that is why I am writing this article, so that you know what to get and what to do just in case you find yourself in one of these situations.

### Quarantine

The first step you should take if you find that your community is being attacked by biological warfare or if there is a pandemic spreading is quarantine. You should supply 1 to 2 weeks of food for one person in quarantine. Any room in your house or in an underground bunker will work as a quarantine area as long as it is well equipped with a food, water, a bed and a heating and cooling source.

Tip: Line the doors and windows of your quarantined room with plastic to help contain the virus. You are going to need some basic medical supplies stored and ready to go so that you will be able to care for the infected. You should also consider the possibility of becoming infected yourself and come up with a plan to treat yourself. Here are a few must have supplies: Hand sanitizer, medical gloves, N-95 masks, bleach and goggles.



EXPERT PREPPERS SAY  
THIS IS OUR FUTURE  
LIVING FOOD BANK  
CLICK TO WATCH THE VIDEO AND LEARN WHY

## Sanitation

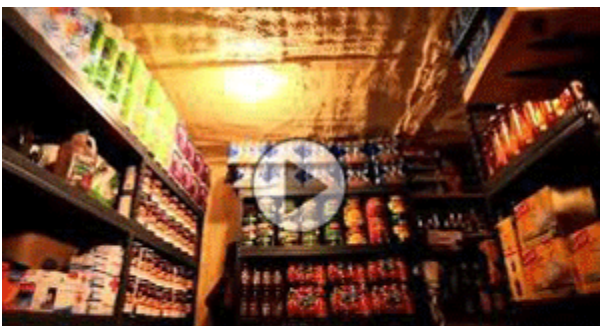
Cleanliness is key if you want to be pro-active in defending your body against infectious diseases and viruses. Make sure that you always wash your hands. If your hands are contaminated then infection is near. People are always scratching and touching their faces, not to mention the use of your hands when you eat.

If you have livestock then make sure that you keep their water source and feeders clean. There are some viruses that can be transferred between humans and animals. Also, if you have notice that your livestock begins dying off, make sure that you take the dead bodies and burn them far away from the rest of your livestock and house. Viruses can stay alive in dead animals for a long time.

## Healthy Life-style

Exercising and eating healthy as a lifestyle will ensure a strong immune system. Staying hydrated and staying away from sugar (which drastically weakens your immune system) are great practices to keep in play.

Being prepared for these kind of scenarios isn't paranoia it is wisdom. No, you shouldn't live in fear, but you should plan for the worst while you hope for the best.



**Do NOT spend \$1.9k+ on a  
one year "survival stockpile"!**

**This healthy alternative costs  
20x less.**

**[VIDEO >>](#)**

SOURCE : [hamericanpreppersnetwork.com](http://hamericanpreppersnetwork.com)

Filed Under: [PREPPER](#), [SHELTER](#) Tagged: [BACTERIA OR VIRUSES](#), [INFECTIOUS DISEASES](#), [PANDEMIC](#), [PREPARED](#), [UNDERGROUND BUNKER](#), [WATER SOURCE](#)

# A Foreshadowing of Future Mass Panic in America: This Is Why We Prepare...

Posted on FEBRUARY 12, 2014 Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



This Is Why We Prepare...



Every year somewhere in our country tens of thousands of Americans experience an emergency resulting from any number of scenarios that may include natural disasters, economic hardship or other unexpected circumstances. And every year we watch with amazement as those in areas that have been affected by snow storms, hurricanes, tornadoes or earthquakes lose everything and have no backup plan to deal with the crisis.

The thin veneer of our civilization should be apparent to everyone, yet it seems that no one really gets it.

Despite warnings from FEMA, as well as the prevalence of popular preparedness TV shows, Americans still don't seem to understand how susceptible we are to a complete destabilization of life as we know it. It boggles the mind that most people seem to think that when disasters strikes they'll be able to depend on *someone else* to provide them with assistance.

Recent disasters, especially those here in the United States, are often limited to a particular city or region, so emergency service personnel are often able to get things under control within a week or two. But events like Hurricane Katrina in New Orleans, Hurricane Sandy on the east coast, and the recent chemical spill in West Virginia often only affect a small percentage of our domestic population.

But what if the next disaster comes in the form of an earthquake on the New Madrid fault line? Or what if the sun unleashes a solar flare powerful enough to take down our electrical grid? Or what if a rogue terror organization were to detonate a nuclear weapon or dirty bomb over U.S. soil?

All of these scenarios would have an immediate and lasting impact on not tens of thousands of people, but millions.

What would it look like in America on that particular day?

**What's the #1 Killer in any disaster ?  
The answer will shock you !      Watch Video HERE >>>**

If this week's snow storm east of the Mississippi is any indication, then we can expect widespread pandemonium and panic:

*Atlanta residents ransacked neighborhood grocery stores in frantic preparation for their second major snowstorm of the year, waging fights over food items and leaving destruction and empty shelves in their wake, a stunning precursor to what will ensue once a major crisis impacts the U.S.*

*After three inches of snow shut the city down two weeks ago, causing major havoc and leaving miles of cars stranded on immobile roadways, the residents of Atlanta took heed and shopped early.*

*According to people who Tweeted photos of barren store shelves, residents went crazy over essentials like milk, bread, water and eggs, and in some cases "people were fighting. Yes fighting," alleges one user.*

*Given Americans' propensity to riot over such inanities as Black Friday sales and winning sports teams, could fights and empty shelves also be expected in the midst of a major crisis?*

The pictures and real-time commentary below demonstrate exactly why “preppers” do what they do, despite being ridiculed and laughed at by the myrmidons of the mainstream.





[Muhammad Tipu N @mrautoclutch20](#)  
[@wsbtv](#) [@BradNitzWSB](#) empty bread shelf...people were fighting. Yes fighting. [#Atlanta](#)

[2:34 AM - 11 Feb 2014](#)



[AmFam Louis4 @AmFam Louis4](#)

Yikes!!! 7:15pm in [#atlantasnow](#) and Publix is out of bread... OMG – that equals a lot of sandwiches..

[2:23 AM – 11 Feb 2014](#)



[D.J Jammison @LordDerrick](#)



[@dcjames5](#) [@rissakris](#) Atlanta is already panicking like a hurricane is coming. I took this pic at target in Dunwoody.

[4:42 AM – 11 Feb 2014](#)

**If aeir own,” he said.**

*Experts say people should be prepared to look after themselves for at least three days after any major disaster.*

*But Mr Winter says most people have no plans in place.*

*“If we turn off power and water, how long will you be able to survive?” he said.*

*“When we put to people, ‘Can you survive for 72 hours without external help?’, the reaction is their jaw drops.”*

Three days, maybe less, as we saw in West Virginia last month:

***Lesson #1: There will be immediate panic***

That’s when the situation goes critical.

The looting and violence will begin. First they’ll target businesses likely grocery stores, warehouses, and restaurants. When those are picked clean, they’ll go door-to-door.

Will you be ready? Because they won’t be knocking.



**Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

[Bullet Proof Home](#) (A Prepper's Guide in Safeguarding a Home )

[Family Self Defense](#) (Best Self Defense Strategies For You And Your Family)

[Sold Out After Crisis](#) (Best 37 Items To Hoard For A Long Term Crisis)

SOURCE : [shtfplan.com](http://shtfplan.com)

*Filed Under:* [PREPPER](#), [SURVIVAL](#) *Tagged:* [EMERGENCY](#), [GROCERY STORES](#), [NATURAL DISASTERS](#), [PANIC](#), [PREPARATION](#), [PREPPERS](#), [TURN OFF POWER](#)

# Why there will be WAY more zombies than you anticipated

Posted on FEBRUARY 6, 2014 Written by [LIZZIE](#) [LEAVE A COMMENT](#)



Electricity hasn't been around all that long. For most of our history mankind has managed very well without it. Large numbers of people around the world still live without an electricity supply. If the grid goes down does it really mean the end of the human race?

A while back I did a post about pandemics. I said in the introduction, that in my opinion only two things could be serious enough to put an end to humans. Pandemic and grid failure. Looking at the figures for the 1918-1920 pandemic, and using those percentages with current population, it seems I may have been wrong in my assumptions about pandemics.

So, onto grid failure, which to cover all the things that would be affected, and the speed at which they would be affected would need a large book, it is way too big a subject for an article. This article is based the things we have all heard, that 99% of the population of the United States would be dead within a year and that the world population will plummet. Let's see.



**Power Companies HATE This !**

Energy companies are scared that people will learn how to produce Free Energy for their homes using this unique device.



I have chosen 2010 as the year all of the figures relate to, as that is the closest year that has a full set of statistics available. Figures are taken from World Health Organisation records, love them or hate them they are very good pen pushers and compile statistics about anything and everything.

Okay, we all know that if the grid goes down, so does everything else in short order. [Food supply](#) chain, large scale agriculture, hospitals, traffic lights, everything that we regard as part of the very fabric of our lives. We have come to rely on electricity to such an extent that should it vanish from our lives it really would mean the end of the world as we know it. The question is though, would it be an extinction level event?

In 2010 there were 133,000,000 million births and 57,000,000 deaths from all causes. The WHO records the following for 2010:

34,000,000 known type 1 diabetics world wide.

64,234,000 known COPD (chronic obstructive airways disease sufferers) world wide.

22,800,000 known cancer sufferers world wide.

These conditions are considered to be those that contribute most to the mean global death rates. Now I am not a statistician, and it is impossible to know the life expectancy of the people suffering from these conditions, so, for the purposes of the exercise I am going to assume they all die in the first year.

This would add 120,000,000 deaths to the 57,000,000 'usual' deaths giving us 177,000,000 deaths for the first year. On top of this there would be a rise in the murder rate, the death rate from heart attacks would soar, mainly due to unfit people having to engage in hard physical labour, and deaths from lack of medication and medical intervention would skyrocket, as would deaths from malnutrition and disease.

This is where things get difficult, There are no statistics regarding lives saved each year by medical intervention, with no intervention, how many more deaths would this amount to? 10% more? 20%, 50%? Let's say the global death rate doubles to account for this, and the rise in murders, malnutrition and disease, a 100% increase, this is distinctly possible when you consider the circumstances. So the first year the death rate is 177,000,000 plus another 57,000,000 from doubling the base rate in the first year, giving us an estimated death rate in the first year of 234,000,000 people. If all of those deaths occurred in the United States and nowhere else, there would still be 102,000,000 Americans left. Whilst absolutely disastrous this is nowhere near an extinction level event.

## **12,650%**

The mean annual death rate would have to rise 12,650% in the first year to take us even into the realm of possibility of an extinction level event. Even with that incredible rise there would still be 2,250,000 people left on the planet. Providing one or more groups of 5000 existed there is every likelihood that the planet would become re-populated over time. Groups of 5000 are considered by anthropologists to have enough of a genetic mix to grow at a healthy rate.

Obviously birth rates need to be considered. This was left at 133,000,000 for the first year. Most births take place in the developing world, the highest rates of all being found in regions that currently do not [have a grid supplied electricity system](#). The first year would see a reduction in terminations of pregnancy of some 42,000,000 (the Foundation for Bio-ethical reform) which would increase the



birth rate, but deaths of newborns would increase dramatically so the WHO figure was used. All of this boils down to the following:

A 12650% rise in the global yearly death rate would still leave a population of some 2,250,000 people populating the planet. Not all of these people are going to be in areas where disease and starvation will wipe them out. Many people in remote areas will be untouched by a total grid down event, it is feasible that some tribal people may not even know what has happened in the first world.

A total grid down event is highly unlikely to put an end to the human race, even though it will most definitely be for us in the first world, the end of the world as we know it. I am surprised by these findings but it shows very clearly, that to live through an event like this, as opposed to just existing after an event like this, we need to look towards simplifying our lives. We need to wean ourselves off of the electricity that we depend on. We need to have the skills that our grandparents and their grandparents had.

Life without electricity will be different, very, very different, but it will not be the lack of electricity that will make life hellish. We know from our forefathers that although more manually taxing and far less convenient that we can survive and we can do it well. What will make life hellish when the grid fails is those who have no clue how to cope, those who will refuse to work at growing vegetables, those who will see their future in terms of what they can steal from those who have had the foresight to prepare.

Unless we can find a way of getting preparedness accepted by the masses, unless we can make them see that being prepared for such an event is the wise thing to do we will be living with far more zombies than we anticipated.

It goes without saying that this is not good news, drastic as it sounds, those of us who are awake, particularly those living in cities, would do far better with less people around. Resources would be more readily available, land for food growing would be more readily available, as would non-perishable goods, from blankets to pots and pans, that could be scavenged from homes that no longer had inhabitants that needed them.

In my opinion a total grid down event is not the end of everything, but it may well be the tipping point that sets off a hell on earth scenario that lasts for decades.



### Suppressed "Free Electricity" Video

Energy companies are scared that people will learn how to produce Free Electricity for their homes using this unique device.

[Read More:](#)

SOURCE : [undergroundmedic.com](http://undergroundmedic.com)

Filed Under: [PREPPER](#), [SURVIVAL](#) Tagged: [CALCULATIONS](#), [GRID DOWN](#), [HOSPITALS](#), [POWER FAILURE](#), [WORLD HEALTH ORGANISATION](#), [ZOMBIES](#).

# Enjoy the good times as long as they last.

Posted on FEBRUARY 1, 2014 Written by [SELCO](#) [LEAVE A COMMENT](#)

It is 2014 now. Another year further away from my survival experience during war, another year closer to the next SHTF situation that can happen anytime. Last year was wild year for me. I enjoyed all discussion and feedback I got for [my survival course](#) and here on the blog. At the same time I went through very dark times again. Depression and some anxiety caught up with me.

Most of you here are more experienced survivalists and preppers and many of you have great bug out plans, have good amount preps in their storage and understand what signs to look out for. At some point, when you have things in order, I hope everyone does not forget to live life in current moment, without worrying about SHTF.



Survival is double edged sword. You want to be mentally prepared for worst case scenario but nobody can without having been there. Sometimes when I read survival forums I see people living in fear, even life is not bad for them at the moment. If I have wish for everyone for 2014 it is that people get serious about survival and preparedness but also enjoy good times as long as they last.

Anxiety, depression and negative thinking can take your energy away before anything starts. This here now is post I wrote some months ago, to put my feelings and thoughts in words, but Jay thought it was too negative to post at that time. I agree but now it makes sense to highlight the price I had to pay for becoming “survival expert” without wanting it. I’m better since some weeks now but this post gives you maybe idea of what kind of scars constant struggle for survival can leave. Celebrate the good times in 2014. Nobody knows how long this lasts.

-----

I am kind of dead man. Emotionally I guess. I caught myself during my regular walks yesterday evening 2-3 maybe 7 year old girls looking at me and giggling.

I needed few seconds to realize why. While I was walking next to playground something just caught my eyes. 30 centimeters long green grass was slowly moving because of breeze, and smell entered my nose. I guess I froze and stood paralyzed.

I did not see the joyful and noisy playground anymore. Instantly I was moved back, 20 years ago and one other picture was in front of me. Me and my cousin are walking through the wet green grass, there are maybe 7-8 dead people around us, freshly killed in that grass.

And smell from the grass was so powerful and it is a good smell. Like spring, like freedom, it smells like youth, like young girls and boy teenagers drinking wine and listening to guitar playing.

It was impossible to comprehend and put together smell of grass and dead folks in the grass at the same time.

I do not know for sure for how long I stared at the grass next to playground, but I had strange look probably, because kids were giggling. One man, father probably, came and looked at me then quietly moved kids from my vicinity. I figured that I probably also had strange and not so nice glare in my eyes.

I never know what is gonna be, and when. I met guy from the same area where I was during the one period in war, guy was looking young, but he wasn't a kid. We were talking about war, and hard days. I asked him „do you remember Siljo, he died from wound infection?“

Guy was starting to look confused. Then he told me „damn man, I was born that year when he died“. I mean damn, he was something like 20 year old dude.

I am still living kinda in war, 20 years have passed but I still see myself as a guy from that war. I remember everything. Every dead guy. Right now I can smell that rotten smell of gangrene that took one guy's leg, and his life later. It is still in my nose, and 20 years have gone by.

That 20 years are gone like in dream, everything after that war is like dream, in terms being blurry, and I keep catching myself asking „what was that yesterday?“ about something that happened yesterday, and I do not have clue.

When I walk out every second guy or woman I see remind me of somebody from that time, someone dead. When I hear kids laughing out, I hear screams inside me.

Loud music from the car that just passed me reminds me of song that was played on big speakers after calls for surrender as part of enemy propaganda.

Hell is not burning fire. Hell is impossibility to forget things. Hell is seeing these things in front of you again and again.



I caught myself thinking that best days of my life are over, not because I had it, oh no. It is because I am not able to feel real joy anymore. My tasks in life are blurred, and I think all that I want is to go somewhere next to sea and lay down and watch how clouds are moving and then sleep and sleep.

Man, something entered in my chest 20 years ago, and it is burning like hell from time to time, it is literally choking me and terrifying me. It is rage, it is sorrow, and it is tiredness. Pure horror it is. It is there and I can not kill it, I can somehow fool it and cheat it for some time. But even when it is not burning I can feel it.

When it burns I live through all again and again. Sometimes I use walking to kinda exhaust it. I keep walking and walking or go to gym and move weights to exhaust me. Sometimes I notice my kid na that my empty stare is scaring her.

I do not have friends because there are no common topics. I am alone. I am afraid of rage somewhere hidden inside me, I can feel it but I do not have clue when it will erupt and against who. I have feeling that it will be blind rage when it comes out.

I think about a good friend. He was one of the toughest people during war. He lived for some time good after war and we went shooting together in forest. He was preparing as well. He did not do anything that made his life worse. But suddenly, just few months ago he simply stopped to care. When man get caught in wild river and there is danger of getting drowned, without any help he can fight longer or shorter time, and eventually he will simply get released – flow free in the river, then he will get few short but tremendous moments of peace, of watching to the sky, then he will drown and die and is swept away.

My friend did just that. He just surrendered, I still try to swim.

I can not eat, all food taste same, actually no taste at all, my mouth is dry, I feel like I chewed sand. It is what it is.

What I want to say is that there is enough darkness out there. Whatever puts you down in 2014 and future, remember to swim and not give up.





People in Gaza using [this](#) to have plenty of food in a crisis  
[Watch Eye-Opening Video](#)

SOURCE : [shtfschool.com](http://shtfschool.com)

Filed Under: [SURVIVAL](#) Tagged: [ANXIETY](#), [DEPRESSION](#), [PREPAREDNESS](#), [SURVIVAL](#), [SURVIVAL COURSE](#), [SURVIVAL EXPERT](#)

## Common sense survival. The return of natural selection

Posted on JANUARY 23, 2014 Written by [SELCO](#) [LEAVE A COMMENT](#)

How do you imagine real survivalist?

Is it a man hidden inside underground bunker with food for 10 years, completely cut off from outside world? Or is it guy with crazy haircut driving bike on methan, in full leather outfit with communication skills not more than screams and some strange gurgling noises, armed with swords from fantasy games and maybe a chainsaw on the back?

Both examples are something like strange fantasies or for some even wishes („I want to be like that“) that I saw on more than one survival forum, or TV shows.

There is also picture of the big savior, guy who will do only good stuff, save other folks when SHTF, and survive everything. There is strange opinion in some people that having stance like „I ll do only that when SHTF“ either only good, or only bad in terms of pillaging and robbing will keep them safe. If you look at things are going in nature, you know, natural way does not mean happy end.

Lots of regular people in todays society see us prepper and survivalists as weirdos in camouflage suits, conspiracy nuts and similar. Most of them are right, lots of „survivalists“ also help in building that image of survivalists. It is hard for some people to just shut up and prep, what they should do to keep low profile. But some people make survival so much part of who they are they want to show off. Their choice.

Point is that there are lot of definitions of survivalists there, and each one of them is like „written in stone“. I think survival is more about how you are as person and not what you expect. Once disaster strikes, you will see tough guys helpless and regular guys become strong forces. True nature shows up.

Several days after the shooting started I arranged with friend that he will pick me up with car so we can go and finish some job. We went to relatives apartment to look for useful stuff but everything was looted already. In that time vehicles could still drive, but shootings were everywhere and checkpoints too. So violence within the group of people who were caught up in the city was on top of shooting and shelling from enemy army.

At this point in time, nobody knew who shoot who and why, and what groups stand on checkpoints, but people already got killed.

When he came to pick me up I noticed that rear lights on his car were smashed, broken. And inside car he had some kind of steel plates with hooks and wooden bars that you could kinda attach to the inside of the door.

He explained to me that he smashed rear lights when he concluded that people get killed when snipers and machine gunners spot them after they hit the brake in the middle of the night during driving (lights are not used anyway during the drive).

That driving with him was closest thing to the apocalyptic Mad Max version of driving. It was still possible to drive through the street, but it was full of junk, debris, and bodies here and there. He used big lights occasionally when he really needed to see something, but only for sec or two, other than that he was driving in the dark.

On our way back he changed position of some steel plates inside car because he expected different directions of possible incoming bullets.



**FEMA Panicked When This Video Got Leaked!**

Watch leaked controversial video before they ban it again

**Watch Video >>**

We survived that drive. That dude was not ex special forces member, or guy that you imagine, some strong tough dude. He was simple family guy, he worked as a postman before everything. He had no experience with violence, gunfire or anything similar other than dogs barking at him while he delivered mail.

You may say „oh, nothing too smart, it is common sense to not use brake lights and put something between you and flying bullets“, and yes you are right it is common sense, but point is that you need to know WHEN you need to start to use common sense.

Great number of people got killed because they „waited to see what is gonna happen“, other folks started to use common sense early and survived (at least more of them, because no matter what we do there is always factor X that you are simply at wrong place at wrong time).

Those who can switch fast and let ideas of normal life go, increase their chances for survival a lot! Many “fantasy” survivalists will wake up to big surprise that things are not like they thought. It is true you should understand and know what to expect but even more important is to quickly change your way of life, how you think about security. Flexible thinker survive because they have many options to do things and react if they have to.

Other time shelling caught us on the inside of one of the apartment buildings, group of some 5-6 of us. Whole floor collapsed around us and on us.



Few seconds later we get on our feet, and find out that one of us is half buried under the rubble, other ones get minor wounds and scratches. We started to dig to uncover the buried guy, after that we realized that he was almost shredded from his thighs down, and his feet were under the piece of concrete wall.

After one try to lift him, we realize that there is no way to do it.

His legs were in so bad shape that while I was trying to do some kind of bleeding control I realize that actually I do not have clue what leg is left and what is right. It was simply all messed up and mixed from thighs down. Under the knees I could see that all was mixture of white and red, pressed and mixed. And he was screaming big time.

Shelling started again, with pretty big chance for all of us to be buried under the walls. I would be liar if I could say that I did not wanted to leave that dude there stranded, and just get the hell out of there, but somehow I still stupidly was trying to stop bleeding with straps from the shirt.

Then (luckily) one of the guys stepped out and push me, then with rifle bayonet he simple cut of almost amputated feet from stranded guy who luckily passed out, took him on his back and said "OK, lets go". After we left the place, it collapsed from shelling. And strangely stranded guy survived everything.

If that dude did not cut his feet off we probably all got killed, or would have just left that man to die there.

Luckily one of us had common sense to do what has to be done in very quick and efficient way, and he did not have any medical knowledge.

There are many more stories how people got killed in very stupid ways and stories how people who have common sense survived (more of that in my course), but you get my point.

Real survivalist is man (or woman) who know what to do in certain moment. Everything else is just talking and wishful thinking. If you want to increase chances to survive, learn to take action quickly. Your knowledge and your skills help you to make right decision and execute action better.



## 37 Things You Should "Hoard" Before The Coming Crisis

By: **SoldOutAfterCrisis**

11/26/2012 07:38 AM

If you buy the wrong food items, you'd have been better off buying nothing at all. Without the essentials we may not survive. And there's going to be no way to get them when a crisis hits (or the news even smells a crisis for that matter).

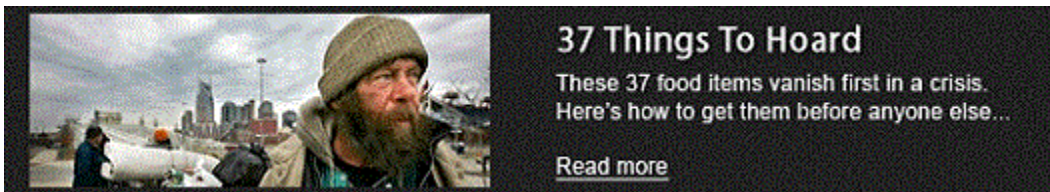
SOURCE : [shtfschool.com](http://shtfschool.com)

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# James Rawles Warns: “Be Prepared To Hunker Down For Months”

Posted on JANUARY 22, 2014 Written by [MAC SLAVO](#) [LEAVE A COMMENT](#)

As you consider the threats we face and the options available to you should the worst happen, you have no doubt played out numerous scenarios surrounding the effects of a total collapse event that would bring down the national power grid. Be it a cyber attack which DHS Secretary Napolitano says has a 100% likelihood of occurring, a super-EMP weapon being detonated in the skies of America, or a natural disaster involving a highly charged coronal mass ejection from the sun, the possibility is quite realistic.



Some have escaped major cities and headed for the hills, but considering that the majority of the U.S. population is centered in 146 of the country's 3000 counties, chances are most of us will find ourselves in the middle of the worst that humanity has to offer.

[Developing strategies that encompass everything from food preparation](#) and water harvesting, to security and communications should be at the top of our lists. This is where highly respected author and **Survival Blog** founder James Rawles puts much of his focus in his most recent interview with the team at alternative news hub **SGT Report**.

It's an interview you don't want to miss, because that one little oversight in your preparedness plan may be the mistake that kills you.

*Your chances of survival are fairly low if you're in a major metropolitan area.*



*In a true grid down situation I recommend that you literally be prepared to hunker down for months.*

**Among other critical preparedness topics James Rawles discusses the effects and survival strategies for a grid down collapse in high population urban centers:**

*For someone in an urban area who plans to hunker down and doesn't plan to bug out with country cousins, one thing that should be at the top of everyone's list but that's very much overlooked is... if you're in a situation where you have power because you have photovoltaics but your neighbors don't, **you really should concentrate on black-out curtains for your windows.** You need to black out your house completely, without any light leaks so that your house will look just as black as any other on your block.*



### **Power Companies HATE This !**

**Energy companies are scared that people will learn how to produce Free Energy for their homes using this unique device.**



*Otherwise you're going to be targeted as the rich guy. You don't want to become a loot-me-beacon at night. That should be a fairly high priority for you.*

...

*There's so many things that are gonna go into it. If we're truly in a grid-down situation **you're going to have to think in terms of not just food storage, but where you can collect rainwater or surface water**, whether it's a pond or a creek, and how you're going to transport that water home without access to a gas engine vehicle.*

...

*You're gonna want to be able to cook without any spices whatsoever... From an efficiency standpoint... you're going to want to use a special insulated cooker... It's essentially like crock-pot cooking where you bring your water to a boil, add your rice, meat, vegetables, whatever... and you're going to enclose it in a double-insulated container. **With that cooking method you have a couple of advantages. One is you don't have cooking odors escaping and the other is you have the absolute minimum energy input.***

*That's **just one example of the work-arounds** that you can use in an urban or suburban environment if you literally can't trust your ravenous neighbors.*

...

***For someone who has to hunker down you're going to have think through each of those situations, whether it's sanitation, cooking, home security, communications... the whole works. You're going to have to think through each of those.***

*Unfortunately, in an urban environment, you can do everything right but if you're neighbors can't adapt you're going to end up just as dead, because... the sanitation situation is going to be horrendous. And, if people are going door-to-door kicking in the front doors of houses, eventually they're going to get to your house. If it's that bad, if it's a total worst case your chances are not that good hunkering down in place.*

*You may beat the odds, but I would rather be somewhere else, frankly.*

...

*[Living in the city] You're in the same situation as probably 30% or 40% of my readership, so don't feel like you're alone. There are a lot of people that would love to relocate, but either for financial reasons, or family obligations, or work obligations, or health considerations... you're not alone.*

...

***A level of planning that you'll have to make is definitely a step up than your average suburbanite. You're going to have to think everything through. You're going to have to shepherd your funds, and prioritize your purchasing and your training with exactitude.***

***All it takes is one overlooked area and you're another statistic.***

We strongly encourage you to listen to James Rawles' interview with SGT Report in full. It has tons of ideas, tips and situations that any serious prepper needs to consider – not tomorrow, today.

There are a variety of excellent resources available to help you insulate yourself for a long-term disaster scenario no matter where you find yourself when it goes down, starting with Rawles' preparedness guidelines outlined in his book *How to Survive the End of the World as We Know It* where he details tactics, techniques, and technologies for uncertain times.

We encourage you to forward this to friends and family who may not be as convinced as you are about the possibility of an emergency that wipes out our electric grid.

The fact is, the U.S. government has been preparing for exactly such a scenario, and they'll be launching nationwide simulations later this year. They've been stockpiling food, water treatment supplies, firearms, ammunition, and training personnel to deal with the aftermath.

If you're not doing the same thing, then you haven't been paying attention – or you've chosen to stick your hand in the sand and pretend that it's not really happening.

Please Spread The Word And Share This Post



SOURCE : [shtfplan.com](http://shtfplan.com)

Filed Under: [PREPPER](#), [SURVIVAL](#) Tagged: [BE PREPARED TO HUNKER DOWN FOR](#)

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[DISASTER](#), [SECURITY](#), [SURVIVAL](#), [WATER HARVESTING](#)

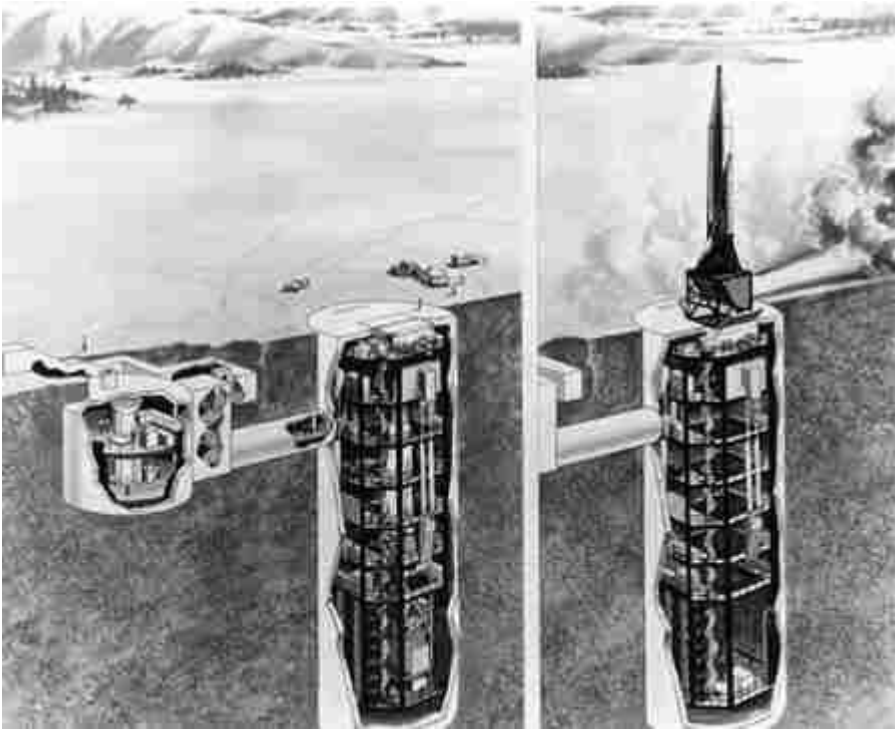
## An underground ICBM silo

Posted on JANUARY 13, 2014 Written by [JOE MACFARLAND](#) [LEAVE A COMMENT](#)

In the 1964 movie Dr. Strangelove, the world stands on the verge of nuclear annihilation due to a “silly thing” one of the US base commanders did by ordering his planes, which are carrying nuclear weapons, to attack the USSR. The movie harkens back to the bad old days of “The Cold War” between the US and USSR, when the doctrine of Mutually Assured Destruction (MAD) ruled the minds of national security policymakers. The doctrine, with its implied theory of nuclear deterrence, led to a proliferation of intercontinental ballistic missile (ICBM) sites throughout the USA. After tensions eased between the US and USSR, the government decommissioned many of these silos, and had the missiles destroyed.

But some of the ICBM sites survived, and one of them is being sold. Today’s remarkable listing is for the interestingly titled 19 Acre ATLAS-F ICBM Missile Silo Base Underground Doomsday Fortress Bunker:

There is not a lot to see, because the majority of the silo (all 17 stories) is underground. Take a look at this sketch that shows an artist’s rendition of the silo and attached command center:



There is obviously a lot of potential here, but we do want to note, up front, that an ICBM missile is not included with the silo...

So, what can you do with an abandoned ICBM silo? The seller, 6740mike, has some suggestions:

*“Property can be used for most any purpose without restriction except business (standard permit required for business use) and is ideal for an individual, family, or group seeking the ultimate secure facility to build out.. These sites are rare as there were only 72 of these sites built in the entire country and cost a staggering 15 million dollars to build in the 1960’s. Spectacular home site, topside or underground.”*

The silo sits on 19 acres of land in... well, somewhere in central Kansas. The seller specifies that the “actual location will only be disclosed to serious qualified buyers.” And there was an “open house” of sorts, when the seller offered to show the property on May 4 and May 5. We are sad to have missed the event, but maybe potential buyers can arrange for a private tour.

The good news is that the seller provides a link to two videos showing what the silo looks like inside. This is our favorite:

As you can see, the place needs some work, and it looks like water is still being pumped out of the missile silo. In the video, the seller estimates there is still about 95 feet of water to pump.

But don’t let such a minor detail stop you. A quick YouTube search shows us a video of a fully restored ICBM silo, so you know the potential this piece of real estate has:

Very rarely do decommissioned ICBM silos come up for sale, so if you are interested, act fast. With a *Buy It Now* price of \$475,000, it might just be the thing for a newly minted (and slightly paranoid) .





SOURCE : [ebay-stories.com](http://ebay-stories.com)

Filed Under: [SHELTER](#), [SURVIVAL](#) Tagged: [AN UNDERGROUND ICBM SILO](#), [BULLETPROOFHOME](#), [SHELTER](#), [SURVIVAL](#)

# A Time to Stop and Think about Survival

Posted on JANUARY 10, 2014 Written by [PREPEINGTOSURVIVE.COM](#) [LEAVE A COMMENT](#)

Who are the great thinkers of history? Aristotle. Newton. DaVinci. These names quickly come to mind. There were many, many others as well. Some names we may recognize. Others may have been forgotten by history. Still throughout the ages, men and women have challenged conventional wisdom and have thought deeply about the questions that consumed them.

The great thinkers of yesteryear dedicated time to thinking. But what of today?

## Too Busy to Think

If you're anything like me, you stay very busy. Work commitments consume a big part of the day. Spending time with your family, maintaining the household, and preparing for an uncertain future all take a lot of time. Not to mention the countless hours many people waste watching television, playing video games, or surfing the internet.

We are so busy getting along in our everyday lives these days, that we don't really have a lot of time to stop and think, really think, about things. But we should make the time.

## The Next Disaster: Are You Prepared?

For example, you probably have heard about the recent power outage in India. 680 million people were left without power when the grid went down. 680 million. That's approximately twice the number of men, women, and children in America, all without electricity.

What happened? I don't know. I heard about it for a couple of days on the news and forgot about it. It's on the other side of the globe from me and it doesn't really affect my day-to-day life. I've got more pressing things to think about. On to the next news story.

But wait, that news story should give me pause for concern. A national power grid went down. Was it a hacker practicing their trade on an unsuspecting country? Did demand simply exceed supply? Did the government give a good and accurate assessment of the situation? Or was it covering something up?

I don't have to know the answer to these questions. These are not the ones that bother me.

What I should think about it is: am I prepared if my power grid goes down for a protracted period of time?



### Power Companies HATE This !

Energy companies are scared that people will learn how to produce Free Energy for their homes using this unique device.



For example, if the power were to go out nationally for 2 weeks:

- Can I cook without electricity?
- Can I get fresh, potable drinking water? Remember that it's a national outage so the water company has no power to pump water to your taps.
- Will my house be livable without electricity? Can it be sufficiently heated in the winter or will it be too hot in the summer?
- Can I protect my family and what I have from those who are unprepared and opportunistic? Since police protection depends on electricity, the rule of law will likely fail within a few days. People will get desperate or will seize this as an opportunity to smash and grab.
- Am I physically fit enough to do what I need to do to make it during that kind of trial?
- Do I have the supplies and gear that I'll need to survive? There will be no running down to the store to pick up groceries, etc.
- Do I have the skills that will be required to survive? The internet won't be available so I cannot look up how to do something.

When you hear news of an event such as the power outage in India, take some time to think about it. Turn off the radio on your drive to work and think. Take a break from the video games for 1/2 an hour and consider your plight should a similar thing happen in your neck of the woods.

Better, schedule a dry run. Spend a weekend without power and water. Can you do it? This is something that Laura and I have been considering for years but haven't found a good time for it. We really should.

**Are you prepared?**



**Stunned Preppers Rushed To  
Get This Energy Breakthrough**  
**[Click to Watch VIDEO](#)**

SOURCE : [preppingtosurvive.com](http://preppingtosurvive.com)

Filed Under: [SURVIVAL](#) Tagged: [CURRENT EVENTS](#), [EMERGENCY RESPONSE](#), [LIBERTY GENERATOR](#), [PREPPER MINDSET](#)

# Why Are So Many Wealthy People Building Futuristic High Tech Security Bunkers?

Posted on JANUARY 9, 2014 Written by [MICHAEL SNYDER](#) [3 COMMENTS](#)



The wealthy are spending more to protect themselves from all the rest of us than ever before. So why are they so concerned about the future? Do they know something that the rest of us don't? Or do they just have the money to buy the type of security that the rest of us would if we could? Over the past few years, wealthy people all over [America have been equipping their homes with futuristic high tech security](#) systems that go far beyond the kinds of things portrayed in recent Hollywood films such as "The Purge". We are talking about security bunkers with their [own sustainable sources of food and water](#), hidden passageways that lead to ballistics-proof panic suites, and thermal heat detectors that can detect someone hiding up to 15 kilometers away. Most of these security measures will probably never even be needed if things stay pretty much as they are today. But if the thin veneer of civilization that we all take for granted on a daily basis continues to disintegrate and we see massive civil unrest in the years ahead, then those security measures are going to come in very handy indeed.

[\[Read more...\]](#)

*Filed Under:* [PREPPER](#), [SHELTER](#), [SURVIVAL](#) *Tagged:* [CIVIL UNREST](#), [FUTURISTIC](#), [HIDDEN PASSAGeways](#), [HIGH TECH SECURITY](#), [HIGH TECH SECURITY SYSTEMS](#), [HOME SECURITY](#), [MICHAEL T. SNYDER](#), [MONEY](#), [PANIC SUITES](#), [PREPPING](#), [SECURITY BUNKERS](#), [THE FUTURE](#), [THERMAL HEAT DETECTORS](#), [WEALTHY PEOPLE](#)

## Building a Battery Bank for Your Off-Grid Energy Needs

Posted on **JULY 3, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Written by: NathanF Grid Threats

Solar and wind energy can be as fickle as the weather they depend upon. Therefore, anyone hoping to escape from the grid by turning to these renewable forms of energy must have good storage systems set up to supply all of their power needs when the sun has set and the winds have become still.

Battery banks are the best [choice for renewable energy storage](#). By using batteries to deliver energy captured from the sun and the wind in a consistent and reliable form, renewable power enthusiasts will not be left dependent on the whims of nature as they attempt to leave the electrical grid behind them.

But putting in a system of batteries to harvest and store the output of the sun and the wind involves more than meets the eye. Before installing a battery bank, much thought, care, and calculation will be necessary to ensure that the system chosen will fully meet the energy needs of the household in a cost-efficient way.



**Stunned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

## Battery Basics

Deep discharge or deep cycle lead-acid batteries are the best choice for home energy systems. These terms ‘deep discharge’ and ‘deep cycle’ simply mean that the batteries in question will have the capacity to store and produce a lot of energy if and when it is needed. When [direct energy from renewables](#) is unavailable and battery energy must be put into use, it will be sent into the onsite electrical grid of a residence or homestead in the form of DC current, and a device called an inverter will then convert that energy into the AC current that is required to power household appliances and other electrically-powered machinery.

Lead-acid batteries come in two styles, sealed or flooded, and while the latter is cheaper it also requires greater levels of maintenance. Batteries for renewable energy storage usually cost between \$80 and \$200, and the lifespan of a lead-acid battery is usually somewhere between one and 15 years, depending on the quality of the battery chosen and on how well it is taken care of.



Batteries of this type come in 2-, 6-, and 12-volt varieties. Because [home energy storage systems](#) generally deliver 12-, 24-, or 48-volt outputs, more than one battery will be needed to meet the energy needs of the normal residence. In addition to voltage, lead-acid batteries also carry amperage ratings, and it is these two numbers together that determine the overall strength of an individual battery. Both voltage and amperage levels are cumulative, depending on how a battery bank is set up – batteries connected in sequence will combine voltages, while parallel strings of batteries that feed into an electrical output system separately will combine amperages.

## Amazing Solar Generator Is Like Having A Secret Power Plant Hidden In Your Home!

### Running the Numbers

Deciding how much battery power will be needed for a battery bank is actually a question of mathematics more than anything else. First, a home owner will need to know how much electricity in watt-hours they are using on a daily basis. If the move to renewables has not yet been made, this information can be obtained by taking the total energy use figure listed on a utility bill and dividing it by 30. Since electric bills record energy use in kilowatts, to convert to watt-hours it will be necessary to multiply the number obtained by 1,000. Assuming that the home owner does not live in Hawaii or some other location where the climate never changes, it would be wise to calculate daily energy use for the coldest month of the year, since a battery bank should be set up with the capacity necessary to handle the highest possible energy load. If a house has left the grid and is already using a renewable system, the best way to calculate daily energy expenditure is to multiply the wattage of each appliance in the home by the number of hours it is in use during a typical day, and then add the figures up to get a



**POWER COMPANIES  
HATE THIS**

total energy use number.

The next step is to determine how many “backup days” there may be when the [energy sources](#) that power a renewable energy system – the wind and/or the sun, in most instances – will be cut off completely. Cloudy or still days, in other words, must factor into the equation, because on those days battery banks will have to carry the full energy load with no assistance from the system that charges them. In order to obtain a watt-hour usage number adjusted for unfavorable weather conditions, the number of watt-hours used on an average day should be multiplied by the number of expected backup days.

Step three is to determine the depth of discharge. It is a no-no to let batteries routinely discharge all of their energy to meet household power needs because this will cause expensive batteries to wear out very quickly. To prolong battery life – and save money – the depth of discharge should probably be limited to no more than 25% of an individual battery’s potential, although this percentage could be pushed as high as 50% if a battery bank will not be put into actual use very often. Once this percentage has been chosen – and it will basically be up to the home owner to decide how much strain they want to put on their batteries – this number should be converted to decimals (.25 for 25%, .50 for 50%, etc.) and the number obtained in the previous calculation should be divided by the percentage of discharge as expressed in this form.

Next, this number will need to be adjusted for the ambient temperature effect, which just means the lowest average temperature a battery bank will be exposed to over the course of a normal year. Lead-acid batteries are rated for temperatures in the 70s on the Fahrenheit scale, and they work less effectively when exposed to lower temperatures. Therefore, another calculation must be performed, as the number from the previous step will be multiplied by what is referred to as the ambient temperature factor. The chart of these factors is as follows:

Lowest average temperature Ambient temperature factor



80 degrees or greater Fahrenheit 1.00

70 degrees 1.04

60 degrees 1.11

50 degrees 1.19

40 degrees 1.30

30 degrees 1.40

20 degrees 1.59

Ideally, battery banks should be located in places where climate can be controlled, but it is also important to have good ventilation because lead-acid batteries give off gases that can be flammable if allowed to build up. So basically, everyone should try and protect their battery bank from extreme temperatures as much as possible, but good ventilation should never be compromised. Garages and sheds generally make good locations for battery banks, and if those garages or sheds have some form of temperature control so much the better. Because of the potential for gas buildup, battery banks should never be placed inside the home.

Once the number adjusted for discharge percentage has been multiplied by the ambient factor, there is only one thing left to do, and that is to calculate the amp-hour capacity of the battery system that is being planned or considered. This step involves division – the previously obtained number should be divided by the total voltage of the proposed battery bank, which will be either 12-, 24, or 48-volts. When the amp-hour figure has been calculated, this will act as a guide for the final battery bank setup.

To size a battery bank properly, the amperage-hour number must be equaled or exceeded in the final bank setup. Remember, batteries connected in sequence cannot accumulate amperage output, so if you put four batteries in sequence with an amp rating of 100 each, the total amperage delivered by that string will remain 100 amp-hours. If it is not possible to find batteries with amp-hour numbers that equal the required amp-hour level of output, more than one battery string will need to be used to secure greater levels of cumulative amperage output.

To put this explanation into more concrete terms, let's look at an imaginary example. To start out, let's say that a home looking to go off-the-grid with a solar energy setup backed by a 48-volt battery bank is using 5,000 watt-hours of energy per day. With four backup days expected per month, we would multiply 5,000 by 4 to come up with a figure of 20,000 watt-hours. With a planned 25% limit on depth of discharge, we would divide 20,000 by .25, which gives us the 80,000 watt-hours. With a lowest average temperature of 60 degrees, we then multiply 80,000 by 1.11, giving us a value of 88,800 watt-hours. Finally, to get the amp-hour number we must divide the latter number by 48, which represents the intended voltage capacity of the system.

The answer to this final calculation is 1,850 amp-hours, and this number along with the planned voltage are the two key figures that will determine the architecture of the battery bank that will ultimately be set up. For example, if it were possible to find 2-volt batteries with an amperage rating of 650 amp-hours each, a series of three parallel battery strings, each eight batteries long, would meet and exceed the minimum amperage and voltage requirements of the imaginary off-the-grid household in question.

### You Can Take it to the Bank

While properly sizing a battery bank for an off-the-grid system may at first glance seem complicated, the procedure just outlined is really straightforward, and none of the calculations described above requires advanced mathematical knowledge. But for those intimidated by even the most basic math – and there are many of us who are – fortunately there are websites available that can perform the required calculations quickly and easily. Actually installing and connecting a battery bank after the correct specifications have been determined is a relatively simple affair, and if complications should arise other members of the off-the-grid community are always standing by ready to offer guidance and advice to their fellow pioneers.



**THEY ALREADY KNOW  
THE EXACT DAY THE U.S.  
DOLLAR WILL COLLAPSE**  
CLICK TO WATCH SOME UNBELIEVABLE FACTS

SOURCE : [www.offthegridnews.com](http://www.offthegridnews.com)

Filed Under: [DIY](#), [PREPPER](#) Tagged: [BATTERY BANK](#), [BATTERY BASICS](#), [EMP](#), [OFF-GRID ENERGY](#), [PREPPER](#)

# Food of the Future: Home Grown Spirulina Superfood Systems, How Spirulina works, and how to grow your own

Posted on JULY 2, 2014 Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Spirulina

Spirulina is a type of blue-green algae that is rich in protein, vitamins, minerals, and carotenoids (a type of antioxidant that can help protect cells from damage). It contains nutrients, including B complex vitamins, beta-carotene, vitamin E, manganese, zinc, copper, iron, selenium, and gamma linolenic acid (an essential fatty acid)....

Test tube and animal studies suggest spirulina may boost the immune system, help protect against allergic reactions, and have antiviral and anticancer properties. However, there is no proof that spirulina has these, or any, benefits in humans. More research is needed to fully understand how or whether spirulina benefits people.

To make the presentation shorter, easier and more accurate, I decided not to avoid using common technical terms : in case some would confuse you, look for an explanation in a chemistry college handbook.



What is called “spirulina” here actually bears the scientific name of “*Arthrospira platensis*”, a

cyanobacteria. But the common name “spirulina” is universally used.  
What is Spirulina?

“This microalgae is 60% all-vegetable protein, rich in beta carotene, iron, vitamin B-12 and the rare essential fatty acid, GLA. It offers a striking profile of vitamins, minerals and phytonutrients. Scientific studies show remarkable health benefits.”

If you are interested in growing Spirulina at home, I hope you find this method useful...

To review, the base for growing spirulina is Distilled water. And to get the pH above 8.6, I recommend using a product named “PH UP!” & use pH test strips for a range up 8.6 pH. No test strips are available for public sale above 8.6. You’ll have to guesstimate.

What’s next? We need to know the ideal teperature for growing spirulina. Spirulina grows best at 86 degrees F. Above 92, the algae cannot photosynthesize sun light and becomes weak and loses viscosity. Any temprature below 82 degrees F and the algae continues to grow, just not at a maximum rate. 86 degrees F is ideal. The one stable environment which can maintain this steady temperature and is readily [available in the home is an aquarium](#).

Overview

Spirulina Systems has set out to make it easy and affordable for anyone to start growing spirulina. So why are we excited about helping spread the word about live spirulina? Well, home-grown spirulina is cheaper, safer, and filled with more [nutrients than any other form of food in the world](#)! If you already have tried the powder form of spirulina, we know you’ll love growing and enjoying this amazing superfood!

Is growing spirulina right for you?

Spirulina is a powerful superfood that is widely [known as the most nutritious food in the planet](#). It is 20 times more efficient per squared foot than any other plant, making it suited for compact indoor growing.

If you care about nutrition and have a small window to spare, spirulina is right for you.

Spirulina is very easy to work with. It only requires a set of tools to do two things: grow and harvest spirulina.

How it works?

There are two air pumps used in the system. One of them takes care of aerating and feeding CO<sub>2</sub> into the tank which results in no maintenance growing. The other is used for the harvesting process. Air is fed to the bottom of a food grade tube to make the spirulina rise and is then caught in a harvesting cloth. Set a timer, and the system will run automatically.

Once set up, the system is low maintenance and low risk with the amazing reward of fresh spirulina in your own home. Algae integration into our diets is the future of a diversified nutrition base.

Harvest and aerating demonstration.

Below is a video of a previous prototype we made. It works very similar to our current version except that automatic harvesting is not integrated in this prototype. Instead, a bi-valve controls the air flow between harvesting and aerating.



It takes approximately 90 days to grow spirulina in “Growing tubes”. Harvest the spirulina



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**Gaza “Preppers” Growing Food on Rooftops**

**[Watch Eye-Opening Video](#)**

by dumping the contents of the “growing tubes” into 50 micron wide cloth. The particles of spirulina that pass through the 50 micron cloth are young enough to be your starter for your next culture, or 90 day cycle. To lower the pH of the 8.6+ spirulina, all that is needed is to squeeze the water liquid from the pulp. A press will do the trick. I wouldn't recommend doing this by hand, for if any liquid remains in the spirulina, it will effect the pH of the environment the spirulina is released into.

Once the spirulina algae has been de-liquified by pressing out the water, it can be cut up and stored in zip lock bags, in the freezer for up to 6 months. That's it! Now you can grow spirulina at home. The only cost after your initial investment will be in purchasing more “PH UP!” and Distilled water.

### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

Filed Under: [DIY](#), [HOW TO...](#), [PREPPER](#) Tagged: [FOOD OF THE FUTURE: HOME GROWN SPIRULINA SUPERFOOD SYSTEMS](#), [HOW SPIRULINA WORKS](#), [AND HOW TO GROW YOUR OWN](#)

# **SUPER-EASY DIY: MAKE A WATER FILTER FOR ABOUT \$35!**

Posted on JUNE 29, 2014 Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Is it safe to drink this water? I ask myself that question often and most of the time the answer is no. There often is the risk that bacteria, chemicals and pathogens, specifically giardia, are in the water. Rainwater or dew that is resting on non-poisonous plants such as moss is safe to drink as is. There are a few ways to process water to make it safe to drink: boiling it, using chemical purifiers and filtration. This article will provide tips on how to make and use a survival water filter.

### What Does a Survival Water Filter Do?

Passing water through a filter will make the water safe to drink. High-quality water filters from a store will ensure that no harmful pathogens or microorganisms are getting into your drinking water. But sometimes using store-bought, high-quality water filters might not be an option. Few people carry one of these around with them all the time. Also, the problem with store-bought water filters is they need to be cleaned, or the filter needs to be replaced fairly often. And you must remember to carry it when you're out exploring.

**AQUAPONIC GARDENING**  
With Alec Deacon



**EXPERT PREPPERS SAY  
THIS IS OUR FUTURE  
LIVING FOOD BANK**

CLICK TO WATCH THE VIDEO AND LEARN WHY

### Filtering Water with What You Have

The basic process of filtering water in a survival situation is to remove debris such as soil, dirt, sediment, sticks, leaves and any animals living in the water. To create a survival water filter you will need to gather various materials such as pebbles, sand, cloth and charcoal. If you realize you are in a survival situation, take some time to think about what needs to be done. Figure out what you have with you and how it can be used to your advantage. Most people who are lost are found within 24 hours. So don't freak out! Keep in mind that it is not possible to filter salt water into drinkable fresh water – regardless of the kinds of water filters you have.

It's always good to have some clean, drinkable water stored as a backup in case something goes wrong with the city supply, but what happens when that runs out? If you're prepared with one of these easy-to-make water filtration systems you won't need to worry!

Check out this incredible way of becoming food independent on [Backyard Liberty](#), and find out more about off-grid survival on [Conquering the Coming Collapse](#).

*This video shows how to make and use the home made Berkey type water filtration system. This one is made for less than \$35 in parts and you will see that it will turn the nastiest of Oklahoma water in to clean SAFE drinking water in a reasonable amount of time. This system is NOT super fast (yet...give me time) but it will clean 5 gallons of drinking water in about 24 hours (Website says 14 per day) . I believe that I may have figured out how to speed that up to 5 gallons in an hour or so, stop back and see if I make that work. This DOES NOT make water drinkable without boiling or adding chlorine or bleach, however in a pinch it would beat drinking it straight out of the river. This works GREAT and is SOOO much cheaper than the store bought systems that do the same thing.*



**Stunned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

#### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

Filed Under: [DIY](#), [HOW TO...](#), [SELF-SUFFICIENCY](#) Tagged: [DIY](#), [DRINKABLE WATER STORED](#), [DRINKING WATER](#), [SUPER-EASY DIY: MAKE A WATER FILTER FOR ABOUT \\$35](#)

## How To Build Underground Homes.....Underground Shelter

Posted on **JUNE 17, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



At some point in your life, you've probably played with dirt. It's a practice that many people around the world and throughout history have continued long past childhood, using the abundant material to construct shelters. Earth sheltered homes, including underground homes, are becoming a viable passive design strategy.

When you build into the ground, the earth functions as a thermal mass, helping to maintain a comfortable interior temperature year-round. However, the structure itself must be carefully planned in order to carry the load of the earth, and considerations must be made outside the realm of traditional home building. For example, retaining walls must be constructed and drainage pipes



installed to protect the structure from water infiltration.

Underground homes are typically made of reinforced concrete because it does not degrade and exhibits high compressive strength. Dome structures are popular because of how well they distribute the weight of earth. A layer of insulation must also be installed, as the earth alone is not enough. Finally, homes below grade must be extensively waterproofed. The most common systems include rubberized asphalt, plastic sheeting, liquid polyurethanes.

There are three main types of earth sheltered homes:

### *In-hill*

If the topography of your site includes a steep-enough slope, it is possible excavate into this hill side and bury a portion of your home. In these types of earth sheltered homes, one wall is typically left exposed so windows can be installed and the structure can gain heat via passive solar methods.

## *Bermed*

On flatter sites, you can pack the earth against the exterior walls of your home so that it slopes away for drainage. The roof may or may not be covered by earth.

## *Underground*

To create a truly underground living experience, dig a large recess, construct your home below grade, and fill in the dirt around it. With this type of earth sheltered home, a central courtyard is usually located to allow access to air and light. Otherwise, skylights or sun tubes may be installed to provide additional natural light.

## **Other Considerations**

Before you build an earth sheltered or underground home, it is important to evaluate several factors. Consider the climate. The best climates in which to build these homes are those with extreme temperatures, particularly places that experience dramatic temperature swings from day to night. However, a humid climate can create additional condensation issues for an earth sheltered home.

Evaluate the location of the water table and frost line. If it is too close to the surface, then it might not be possible to build an underground home. Also consider the topography and which type of earth sheltered home would be the best fit for the site. *The number one rule is to always send water in the opposite direction from your home!*

Finally, you must determine whether the soil is stable enough to support the construction of an earth sheltered home. Sandy and gravelly soils are the best, while soil containing a lot of clay is not suitable.

## **UNDERGROUND, WATERPROOF? WINDPROOF? EARTHQUAKE RESISTANT? SHELTER**

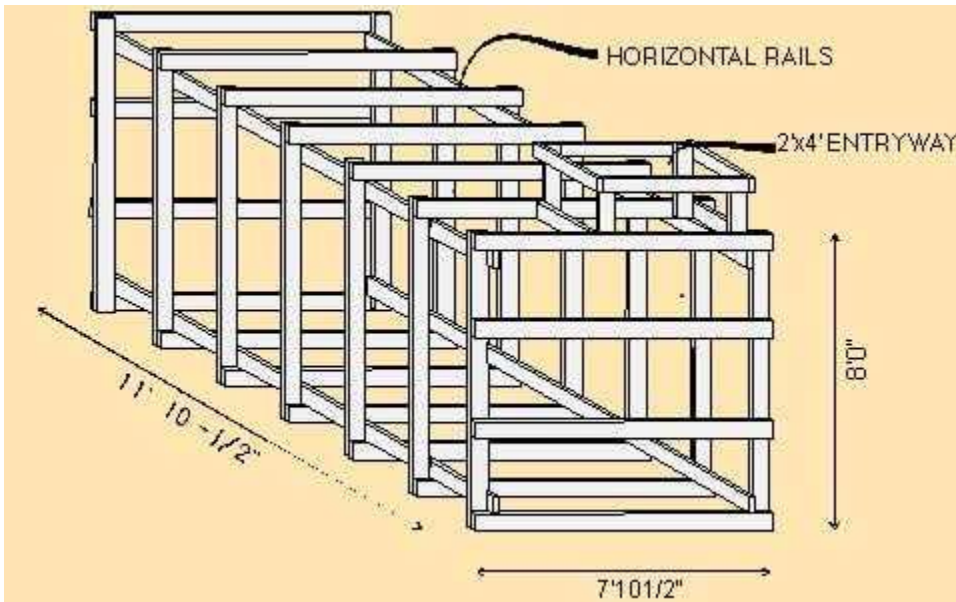
Most of us are physically able to dig a hole by hand with a shovel, pick and pry bar. The hole has to be about twelve feet wide, by sixteen feet long. Depth is up to you. The deeper, obviously, the better. Save what dirt that comes out of the hole, as it can be used to cover your box. Based upon experience, in packed soil, with six inch rock, a four feet deep hole took me four days of unforgettable hard labor. Many hands make for light work. GET HELP!!

**Check out this incredible way of becoming food independent on [Backyard Liberty](#), and find out more about off-grid survival on [Conquering the Coming Collapse](#).**

The simplest waterproofing would be by using landscape plastic. Six mil would be the best. But if that's not available, the heaviest you can get is better than none. You are going to wrap the entire box in plastic, then fill in the hole around the box and cover it also. This is why deeper is better. Before you begin putting your frame together, line the hole with the plastic. You will be assembling the frame over the plastic, so be careful not to puncture it.

The box, as shown in Figure 1, is made up of five ribs, and two ends.





The box will be seven feet, ten and one half inches wide, eight feet tall, and eleven feet, ten and one half inches long. The shaft for the entryway is two feet wide by four feet long by two feet high.

## MATERIALS

- 40 — 2 x 6 — 8'
- 17 — 4' x 8' x ?" Wafer Board (this is like particle board, but with larger chunks of wood. It's cheap!!)

Here, in the extreme southeastern corner of Arizona, where building materials are a little more expensive than the bigger cities, the above materials priced out at \$460.00. This does not include the hardware to fasten this thing together. A roll of black, 6 mil plastic, 20 feet wide by one hundred feet long is \$50.00. If plastic is not available, no reason why a lot of paint and caulk won't work just as good. Worse case scenario, and if nothing is available, don't cover it.

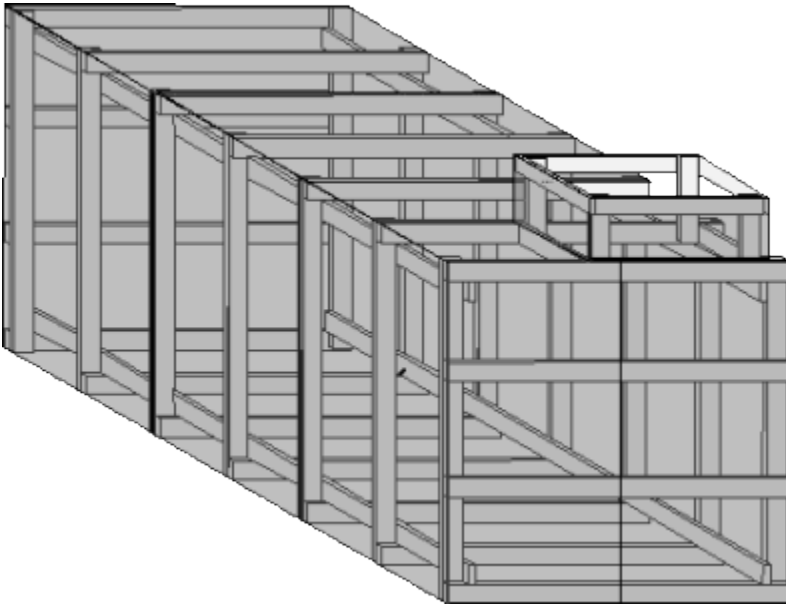
As far as fastening this thing together, if I have power available, I plan to use 3" deck screws to fasten the 2x6's together and 2" deck screws to attach the wafer board to the frame. If there is no power, then a good old hammer and nails will have to do. 10d cement coat box nails if possible, for everything. The problem with hammer and nails is that things tend to vibrate and loosen with such a frame. Have a good heavy brace on the other side of what you're nailing, like an eight pound sledge hammer.



**Stuned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

The horizontal members of the ribs and end pieces should be cut to seven feet, ten and one half inches long. All vertical members are to be eight feet. This allows for the overlap of the top panels over the side panels. See Figure 2 below.

Construct the ribs and ends, and using the horizontal rails, fasten the frame together. Everything must work in two foot increments, so the panels will match the frame. Be as meticulous as you can in making the frame square. Everything will fit better, if you do. Remember that your panels are four feet wide, and must butt together in the center of the rib.



Once the frame is complete, your panels can be fastened to the frame. Do one end first, then the sides, working from one end to the other.

Before you do the remaining end and the top, cut your floor panels to six feet, ten inches long, place them inside, and fasten them down. Finish the remaining end.

You can now put the two whole top panels in place, then cut the last panel to fit around the entryway. The last panel you have will be used to cover the access way chimney. I did this to help keep debris from falling inside. Make the hatch cover three inches bigger than the outside of the chimney, and frame it with the last 2×6. It will cover the hatch, and fastened down with hook and eyes, will provide some security.

I deliberately left out any dimensions for the chimney. Measure and cut to fit.

When you have reached this point, and have a ladder inside for access, finish wrapping the plastic around everything. Back fill your dirt around the box and cover it about a foot and a half on top. Pack it down as best you can so it won't blow away.

The inside can be finished with wood frame bunks for sleeping and storage. The exposed interior studs are easy to work with. Whatever frame work you may add inside, fasten it as much as possible, to the sides, top and/or bottom. This will serve to reinforce the entire structure.

Since the entire box is covered in plastic, it won't breath very well. A lot of bodies generate moisture. With no where to evaporate, this will eventually become a problem in moister climates. The hatch ventilation may or may not be sufficient.

## Benefits:

- Protection from the elements
- Energy conservation and consistent indoor temperature
- Privacy
- Soundproofing against neighbors and nearby roadways
- Extra green space and insulation provided by a living roof
- Low maintenance, little to no exterior materials



## Other useful resources:

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

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# Urine Powered Generator: 6 Hours Of Power On 1 Litre Of Pee

Posted on JUNE 17, 2014 Written by [ARJUN WALIA](#) [1 COMMENT](#)



While the mainstream media continues to push [the idea that we are facing an energy crisis due to a lack of resources, more people are actually looking into alternative energy](#) and discovering that there really is no energy crisis at all. We aren't facing a lack of resources, we have multiple means to provide energy to billions of people without damaging the environment and diminishing resources. . These methods use very little input, and in some cases achieve infinite output. One of these ways to generate energy is through urine. It sounds a little nasty, but the story is quite remarkable. Approximately 1 year ago, a group of 14 year old's from Lagos, Nigeria, developed a urine powered generator that can provide 6 hours of power on 1 liter of pee. It's not uncommon for innovate energy ideas to come out of the third world, many of their problems stem from a lack of power, so some from that area are looking for ways to solve it with whatever they have.



**Stuned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

The model you see in this article was created by four girls, Duro-Aina Adebola, Akindele Abiola, Faleke Oluwatoyin, and Bello Eniola. The group of 14 year old's developed a system that works like this:

1. Urine is put into an electrolytic cell, which separates out the hydrogen.
2. The hydrogen enters a water filter for purification, which then gets pushed into a gas cylinder.
3. The gas cylinder pushes hydrogen into a cylinder of liquid borax, which is used to remove the moisture from the hydrogen.
4. This purified hydrogen gas is pushed into the generator.

Prior to the development of this technology, a firm called E3 Technologies, LLC, based in Athens, Ohio, developed a similar technology called the "Greenbox." It's designed to clean commercial and agricultural waste water and produces hydrogen energy. The process has been patented. It is a low energy electrolysis process that converts ammonia and urea in waste water to hydrogen, nitrogen and pure water. [The electric current in the device creates an electrochemical reaction](#) that oxidizes urea

and turns it into carbon dioxide which is then moved into the electrolyte material in the machine. This technology was developed by Professor Gerardine Botte, a chemical engineer at Ohio University.

*What these kids are doing is taking urea electrolysis and making hydrogen and then using that hydrogen to make electricity – Gerardine Botte*

The implications behind this technology, or any clean energy technology for that matter is far reaching. We are constantly presented with better ways of doing things, but rarely do we see a quick implementation or production of these technologies. The urine powered generator technology has many applications. Agriculture and waster water treatment operations for example, not to mention the construction industry all deal with the disposal of ammonia. Why not use this ammonia for energy generation in multiple ways? The invention could aid farmers to treat the ammonia waste. A technology like this would only require 1 kilowatt of power to operate an entire commercial building with 300 employees.

**Check out this incredible way of becoming food independent on [Backyard Liberty](#), and find out more about off-grid survival on [Conquering the Coming Collapse](#).**

Imagine if the waste from your bathroom visits was transported into a tank which converted it into energy to power your own house. What if all the toilets in your city all led to one spot which converted the waste to harness immense power? I know it's not that easy, but the technology is there.

If we want to help our planet we must move away from the use of unsustainable energy technologies such as oil and nuclear, on a mass scale. Energy generation practices that aren't clean should be banned from use. The cleaner and greener options are already here, we just need the information to reach more people.

Everybody on the planet should have access to clean green power, we have the solutions to make this possible. The implications of some clean green energy generation techniques are far reaching, and would eliminate poverty worldwide.



**Power Companies  
HATE This!**

Energy companies are scared that people will learn how to produce Free Energy for their homes using this unique device.

**Other useful resources:**



[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

SOURCE : [www.ohio.edu](http://www.ohio.edu)

[www.offgridworld.com](http://www.offgridworld.com)

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[TECHNOLOGIES](#), [LAGOS](#), [LLC](#), [NIGERIA](#), [OHIO](#), [TECHNOLOGY](#), [URINE IS PUT INTO AN ELECTROLYTIC CELL](#), [URINE POWERED GENERATOR: 6 HOURS OF POWER ON 1 LITRE OF PEE](#)

# How to Build a Food Dehydrator Under \$50

Posted on JUNE 13, 2014 Written by [DALE](#) [LEAVE A COMMENT](#)



## How to Build a Food Dehydrator

Next to bacon, beef jerky has got to be the best thing god has given us the ability to make and eat. The problem is that we all know we need protein and meat in our long term [food storage plans](#), but I can't seem to keep any beef jerky around for longer than a week. But I think I found the solution, make my own, and make so much that we get tired of eating it...that's a win win situation right?

After researching the different models of store bought food dehydrators and finding that the cost of some of the better ones exceeds \$400 I began to research how to build my own food dehydrator for less than \$50. I found quite a few methods ranging from using a storage bin to using a cardboard box and some tin foil to full out food dehydrator building plans that included a heater a fan and all the bells and whistles you would get in a store bought dehydrator.

## **Become Medically Prepared to Face the Very uncertain Future**

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Because my goal was to make this as cheaply as possible, but still have a final product that will last over time I decided to take the basic principles of food dehydration and combine it with the more complex plans and make a food dehydrator for as little as possible using stuff I had laying around the house.

The average cost of 1lb of beef jerky is about \$30. But you can buy 4 1lb flank steaks for that price and make your own. So by having your own food dehydrator you can cut your cost by 75%.

You can dehydrate all sorts of other things like apples, bananas and other fruits, make trail mix which is a great way to get needed calories without all the added weight in a bug out bag. I wonder how a dehydrated doughnut tastes?

I made this video that walks through the process of what I did and the supplies I used. Keep in mind, the food dehydrator you build can be as simple or as complex as you like. And your cost will vary depending on what you have laying around your house. This one cost about \$50.

### **In this video:**

- I explain the dimensions and spacing.
- I explain the building process
- I explain the supplies needed.
- I explain the doors, hinges and what screws to use.
- I explain light install and venting process.



**Other useful resources:**

**Here's The Order": Video Here**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

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SOURCE : [survivalistprepper.net](http://survivalistprepper.net)



**About Dale**

Survival and being prepared should not only be a passion, it should be a lifestyle. The definition of a prepper is “An individual or group that prepares or makes preparations in advance of, or prior to, any change in normal circumstances, without substantial resources from outside sources” Like the Government, police etc.

I don't believe that the end of the world will be the “end of the world” I believe it will be the end of the world as we know it now.

*Filed Under:* [DIY](#), [PREPPING](#) *Tagged:* [DIY](#), [ECONOMIC COLLAPSE](#), [FOOD DEHYDRATOR](#), [HOW TO BUILD A FOOD DEHYDRATOR UNDER \\$50](#), [LONG TERM FOOD](#), [PREPPERS](#), [STORAGE PLANS](#)

# How to Build a Small-Scale Hydroelectric Generator



We all know that scientists are in a constant search for [alternative energy sources](#) and this happens because in recent years conventional energy sources have started to decrease significantly.

They have developed various systems that convert [the energy from nature in electricity](#) and many of these systems could be built at home, on a smaller scale, in order to reduce electricity consumption. After we saw how to produce electricity using magnets or **wind power**, it is time to talk about those people who live near a river.

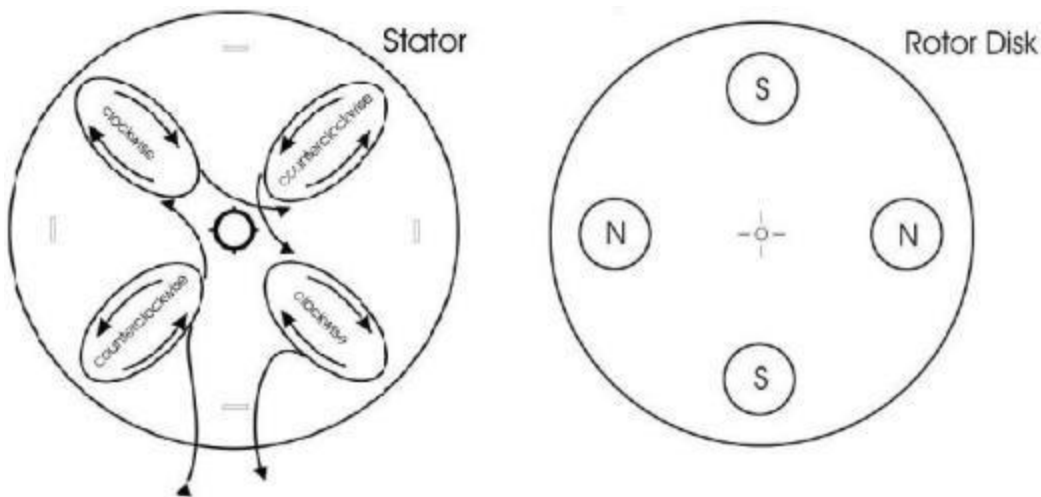
In this case, the best way to produce electricity is represented by a small-scale hydroelectric generator made at home. Often called as a low-impact hydro, micro-hydro or run-of-stream hydro generator, this system is not very hard to build.



**Stunned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

To build such a micro-hydro generator you must follow these steps:

#### **A. Preparing Disks**



Our generator will consist of two main parts:

- The stator (this part is not moving and it is equipped with coils of wire to collect electricity)
- The rotor (the rotor is the part that moves and has some powerful magnets that will induce electricity in the coils)

First you need some templates and a cardboard. The two templates that contain the rotor and stator scheme must be cut and attached to the front and back of the cardboard. After these templates are well glued to cardboard make a hole (1 cm) at the center of the stator disk.

## B. Attaching the Stator

Now, you have to make 4 coils that will be attached on the cardboard. This requires you to use a cardboard with an oval section. Then, start winding the wires on this cardboard to form a tight coil (200 turns). Remove carefully the coil from the oval section and then, repeat this procedure to make three more coils.

Arrange the coils on the cardboard according to the template scheme (their windings have to alternate between clockwise and counter clockwise). You must be sure that an electron would follow the path shown by the arrows in the template, beginning from the left counterclockwise coil.

Connect the ends of coils and use insulation tape to prevent any errors. Use a multi-meter to check electrical resistance (ohms). If the wires are properly connected the meter should produce a reading of about 10 ohms.



**THIS CATASTROPHIC EVENT WILL  
KILL 9 OUT OF 10 AMERICANS  
WITHIN 1 YEAR  
WATCH SHOCKING REPORT**

## C. Attaching the Rotor

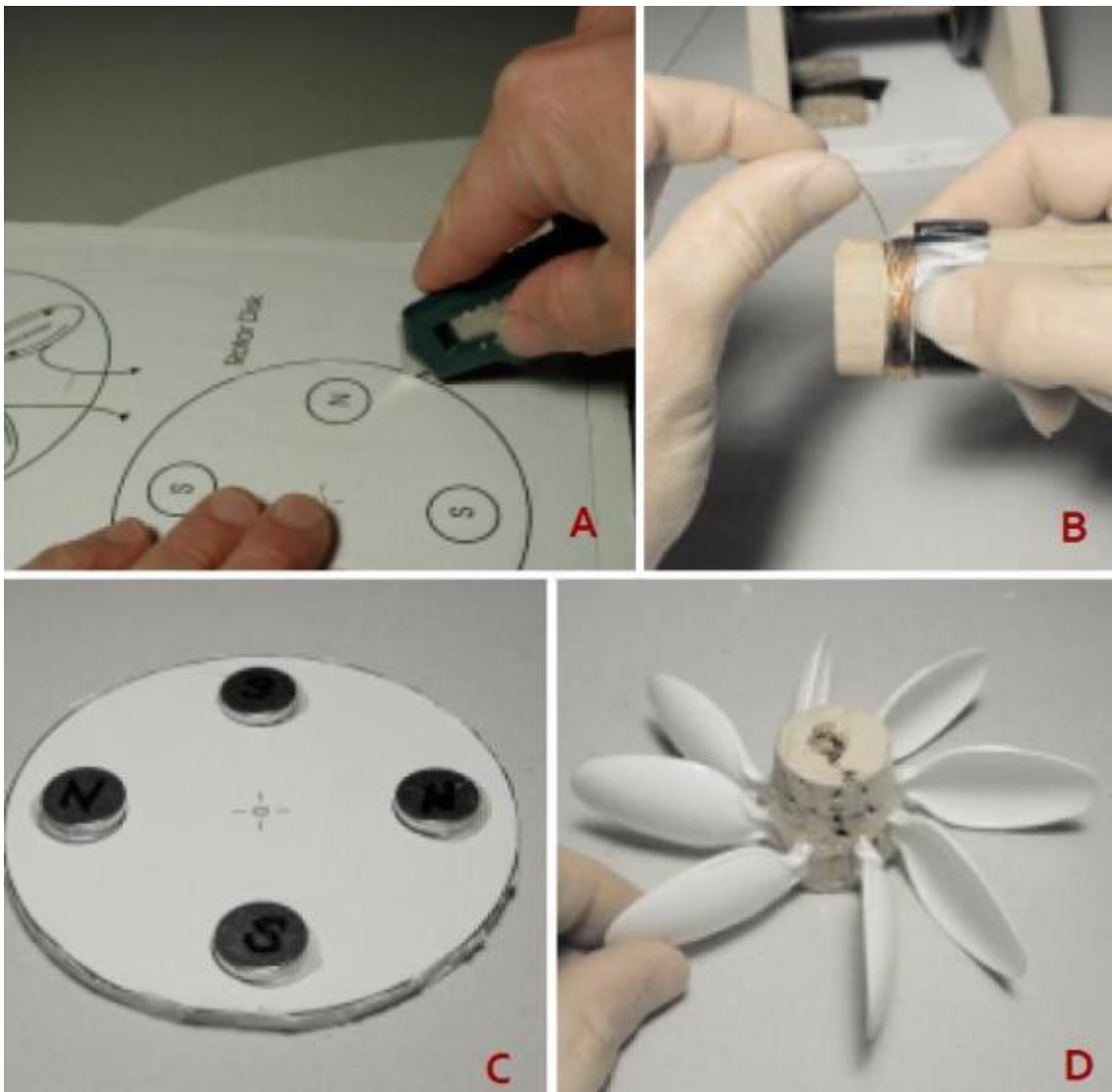


At this stage you need 4 strong magnets to be attached on the stator template. Check the magnets, mark the south pole on two of them and the north pole of the remaining two. The magnets should be arranged on the template so that their polarity alternates (N-S-N-S).

Then you need a cork and 8 plastic spoons. You have to shorten the spoons so that the handle will not measure more than 1cm. Look at the rotor template and insert the spoons into the cork (1cm depth).

#### **D. The Turbine**

Make a 6mm hole through the cork (make sure the hole is centered), fix again the geometrical position of the spoons and add some hot glue to each spoon to secure it.



#### **E. Generator body and Final Assembly**

Find a plastic tank or a bottle to attach the rotor, the stator and the small turbine. After you find the center of the tank, make a hole in that place (6mm) and fix the stator with its coils just above the hole. Then, attach on the same shaft the turbine and rotor (the spoons have to face the neck of the bottle and the magnets should be close to the coils (3mm between the coils and magnets)).

It seems that our micro-hydro generator is almost ready to use. All we need now is a stream of water so that the turbine to spin continuously as long as there is water to drive it. If the turbine is properly connected to the [generator this stream should produce enough electricity to power our utilities or charging batteries.](#)

**Update:** Youtube user TheDamHeroes, inspired by the designed shown in this article, posted a working [hydroelectric generator](#). Watch it in action below:

### **Other useful resources:**

[Blackout USA](#) (EMP survival and preparedness)

[Conquering the coming collapse](#) (Financial advice and preparedness )

[Liberty Generator](#) (Build and make your own energy source)

[Backyard Liberty](#) (Easy and cheap DIY Aquaponic system to grow your organic and living food bank)

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# How to Make High-Voltage Free Electricity by Pouring Water from a Can

*Posted on* **JUNE 4, 2014** *Written by* [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



Presumably, this experiment involves the phenomenon of electrostatic discharge. Static [electricity accumulates](#) from the friction of the air with water on both sides, is stored into the two circular cans and the collection buckets.

The charge disturbs normal water flow for a few seconds, and after the voltage difference between the two is high enough to permeate air, the spark occurs.

One could use this to light up a fire or charge a small battery where there's no other source of electricity present. Of course, patience is needed – the energy developed by this is small, but I guess pouring in higher volumes of water can yield more useful results.



**Stunned Preppers Rushed To Get  
This Energy Breakthrough**  
**CLICK TO WATCH VIDEO**

Of all the science experiments I've ever seen, this has caught my eye and is by far the most simple and interesting. It uses a source of water, two cans and two recipients. Sounds simple enough? Professor Walter Lewin from MIT let us see how he does it:

The Pedal-A-Watt generator allows you to pedal and create electricity



**THEY ALREADY KNOW  
THE EXACT DAY THE U.S.  
DOLLAR WILL COLLAPSE**  
**CLICK TO WATCH SOME UNBELIEVABLE FACTS**

Filed Under: [DIY](#), [HOW TO...](#), [YOU SHOULD KNOW](#) Tagged: [HOW TO MAKE HIGH-VOLTAGE FREE ELECTRICITY BY POURING WATER FROM A CAN](#)

# How to make gunpowder(VIDEO)

Posted on **JUNE 4, 2014** Written by [FORTRESS KEEPER](#) [LEAVE A COMMENT](#)



## How to make gunpowder

There's only two things in this world that can make you feel like a man. The first, alcohol is usually freely available excepting where the god squad has got there first. The second is gunpowder, which due to a rather disturbing trend towards common sense in the world is largely restricted in most jurisdictions. Whether it's zombie attacks, nuclear holocaust, brutally overthrowing the government or just for the maiming of defenceless small furry animals, gunpowder is the mad note. It's one of the dozen or so things you need to remember how to make for when the world collapses, and we're all thrown back in to a medieval existence if you're to lord it over your fellow man. For those interested,



everything you need to know to survive in these situations .

## Basics

Gunpowder consists of a nitrate, typically saltpetre (potassium nitrate), to oxygenate the reaction. Some easily combustible carbon, in the form of charcoal a touch of sulphur to make the whole mix burn fast. The ingredients should be finely ground, and fairly evenly mixed. The smaller the grains of the mixture, the faster and more evenly it burns and the bigger the bang. Even grinding the powder finely can still produce mixed results and two piles even taken from the exact same batch may burn at different rates. In this case, “corning” may be required. This involves mixing the raw powder with water and letting it dry out to form a fine black cake. The resulting cake, when crushed, will be far finer and different piles of the mixture will burn more consistently. The basic ratio is 75% saltpetre, 15% charcoal and 10% sulphur.

It'll take you about a year before you can get your first batches of gunpowder off the production line, due to the time it takes to make saltpetre. Don't be discouraged over the long lead time, if the Chinese were making it 600 years ago, you'll look pretty damn stupid if you fail.

# Sulphur

## Britain

Elemental sulphur is typically deposited around volcanic vents and other such unpleasant places. Britain, being a green and pleasant land, doesn't have any of these so you'll have to make your own. What Britain is oversupplied with is slag heaps from former coal mines. Your best bet is to dig through a few of these until you have several kilograms of iron pyrite (ferrous sulphide). Iron pyrite, otherwise known as fools gold, is a sparkly crystalline material. If the mine you're looting was formerly open to tourists, you'll probably also be able to find large quantities of it in the gift shop.

You'll then need to build yourself a nice bit of eighteenth-century infrastructure. Start by digging a furnace pit big enough to hold your stock of iron pyrites and a goodly supply of wood. Leading out from the furnace pit, dig a horizontal flue some 12 metres in length. At the end of the flue closest to the fire pit dig out a little reservoir and at the other end construct a condensation chamber consisting of a brick building divided inside in to horizontal chambers, maximising the length the gas has to travel to escape.



**FEMA Panicked When This Video Got Leaked!**

Watch leaked controversial video before they ban it again

**Watch Video >>**

Once your furnace is constructed, set light to the wood in the fire pit and cover the whole thing over, then retire to a safe distance for a couple of days. The thing will give off a whole bunch of sulphur dioxide and probably some arsenide gases too for added lethality, so it's best to stay upwind. When the fire has comfortably burned itself out, dig the thing up and reap the fruits of your labours. The reservoir should contain some nice pure elemental sulphur, and more should be deposited in the condensation chamber though this later will need careful washing to remove sulphuric acid before handling.



# The rest of the known Universe

If you're not in England and no volcanoes are nearby, it's not to worry: you don't absolutely **need** sulphur. Black powder can be made simply with saltpetre and charcoal. The sulphur simply makes it all burn much faster, and can be substituted with something else which can burn fast enough to produce the bang you want. Experiment, just like the Chinese did a thousand years ago.

## Saltpetre

Though there are naturally occurring nitrates such as bat guano that you might use in your gunpowder, the most readily available source is, well, you. Every time you take a piss, you're chucking a valuable resource down the drain. To harness the latent explosive power of your own urine, you'll need a big water bucket which you should then jam-pack full of straw. When you take a leak, do it in to a bucket and leave it standing around for a day or so to reduce. At the end of the day, chuck the bucket of stale urine in to the barrel. Make this a fun part of your daily routine.

After a year or so, take some wood ash from your fire pit, grind it finely and spread it over a loose wooden bed. Place the wooden bed over a water tight container, then take the straw out of the barrel and sluice liberally with clean water. Leave the water to evaporate, and you should be left with some white residue, which is saltpetre.

## Charcoal

This is the easiest of all ingredients to get hold of. At the beginning of the apocalypse you can just loot it from supermarkets and petrol stations in convenient little bags. Later on, you can just dig charcoal burning pits. Stock the pits with some nice fragrant softwood, light them, cover them over with earth and come back in a week. Compared to the sulphur, simplicity itself.

## Responsible use of gunpowder

Remember that Conservatives think you should be able to have lots and lots of gunpowder, but no alcohol and definitely no sex (sex [outside](#) of [marriage](#) only; [sex with your spouse](#) is encouraged). For this reason, it's incredibly important to blow up anyone who looks like a Conservative first. It's just good manners.

## Alternative Method of Production

First, make yourself a bow from string and sticks and some arrows with chicken feathers, sticks, and flint. Wait until dark, and go hunt creepers. Do **not** engage the creepers in melee combat: they will simply explode, killing you. Instead, find a creeper from a safe spot far away, and shoot at it until it dies. Go to the creeper's place of death and pick up the gunpowder it drops. Then, get off of Minecraft and follow the instructions above.



## Do **THIS** When You Have A Gun Pointed At YOUR Head

This simple technique will save you and your family's life when you are attacked

[Watch Video >>](#)

# Other things you may care to make

Come the apocalypse, your pre-industrial civilisation will just be crying out for things they can use to maim opposing tribes. Remembering how to make gunpowder will, of course, greatly increase your status in the group but for the real renaissance man status, you may also want to make up some thermite. Thermite is a mix of iron oxide (rust) and aluminium filings, both of which will be really, really easy to get in the ruined cityscapes of the grim meathook future. It has dual properties of not only being great for assisting in looting by adding cutting power to your blowing up things power, but it's also good for welding too, so you can use it to help make a nice steam engine and really get your industrial revolution rolling.

### Other useful resources:

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

[Backyard Innovator](#) (A Self Sustaining Source Of Fresh Meat, Vegetables And Clean Drinking Water)

[Blackout USA](#) (EMP survival and preparedness)

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[PRODUCTION](#), [CHARCOAL](#), [HOW TO MAKE GUNPOWDER](#), [OTHER THINGS YOU MAY CARE TO MAKE](#), [RESPONSIBLE USE OF GUNPOWDER](#)

# How to Build an Underground Root Cellar

Posted on MAY 27, 2014 Written by [AMY S.](#) [1 COMMENT](#)



## How to Build an Underground Root Cellar

Your garden has come in and the bounty of it has been dispersed to family and friends. However, you still have more produce than you can consume. What to do? You can process some of it in a pressure canner or freeze it. Some vegetables, though, and a few fruits do not do well canned or frozen. Perhaps it is time to build an underground root cellar. [\[Read more...\]](#)

Filed Under: [DIY](#), [SELF-SUFFICIENCY](#), [STORAGE](#) Tagged: [ETHYLENE GAS](#), [HOW TO USE YOUR CELLAR](#), [PROS AND CONS](#)  
[TO USING A ROOT CELLAR](#), [ROOT CELLAR CONSTRUCTION](#), [ROOT CELLARS FOR FOOD STORAGE](#), [STORAGE FOOD](#)

## More on Rocket Stoves, DIY-(VIDEO)

Posted on MAY 23, 2014 Written by [WWW.PREPAREDNESSADVICE](#) [LEAVE A COMMENT](#)

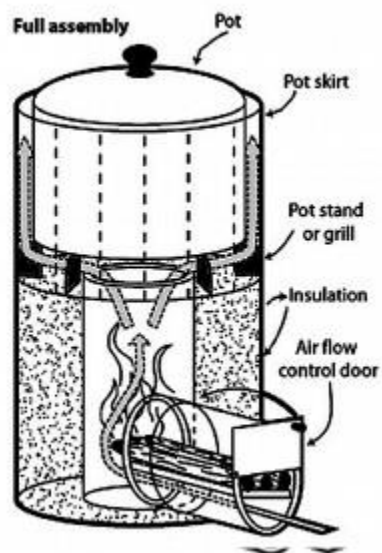


### More on Rocket Stoves, DIY-(VIDEO)

A year or so ago one of my sons and I made a rocket stove out of a five gallon kerosene can and a some approximately three inch diameter steel pipe. With a cutting torch and a welder, it only took a few minutes to build. For insulation around the pipe, I used dirt at first, but soon changed to lava rock. The dirt worked fine, but I had to move it occasionally and the lava rock is much lighter.

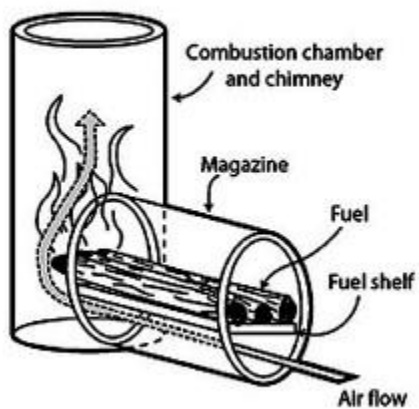
I was able to start a fire and get the stove to work well from the beginning. But like most things, the more I use it the easier it becomes and the more efficient the stove runs. Once you understand the principal of the stove, you can make them out of metal, brick, rock or even clay. They are a great stove to build in a bug out location. They are inexpensive and burn almost anything.

One of the big advantages of this stove is that it will burn the small scrapes that most people leave on the ground. It will even burn things like sage bush. Because the fire is contained, you don't see a lot of light even at night and as you learn what fuel to burn not much smoke. I would encourage you to build one and learn to use it. It is an inexpensive backup stove. The following is a short video I made of one in my yard.

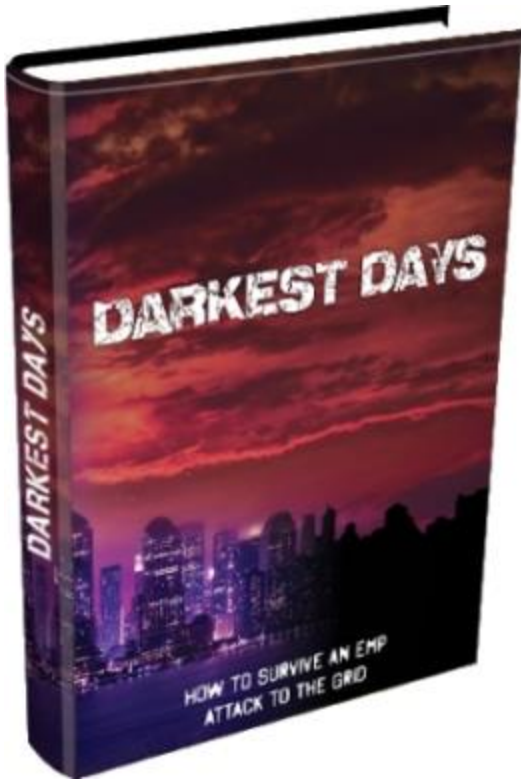


Winiański / Aprovecho rocket stove

#### Stove elbow







**Other useful resources:**

[Survival MD](#) (Best Post Collapse First Aid Survival Guide Ever)

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SOURCE : [preparednessadvice.com](http://preparednessadvice.com)

Filed Under: [DIY](#), [SELF-SUFFICIENCY](#) Tagged: [HOWARD](#), [ROCKET STOVES](#)

# Build your own Underground Bunker

Posted on MAY 22, 2014 Written by [WWW.SNALLABOLAGET](#) 1 COMMENT



## Build your own Underground Bunker

Okay, so you might not be able to do all this by yourself, but this might get you started on your way to having your very own, very quiet and thick skinned underground bunker.

## Why would you want one?

Well, that's the question, isn't it. Most people don't do the whole underground thing, unless they're mad dictators or something of the sort. The problem with this is that none of us are really *ready*, if you catch our drift. If something *were* to happen, where you would *need* an underground, reinforced hideout, you're out of luck now, aren't you? Yes you are.

Whether you build this thing as a standard panic room or a separate shelter, it would be a good addition to your home, it'll raise the property value (considerably) if you ever want to move away, and if the day should come when "they" decide to drop the big one on your local town, you'll be up and about along with the cockroaches in no time, while everyone else are so much dust in the wind. Nice, huh? Yes it is.

[\[Read more...\]](#)

Filed Under: [DIY](#), [HOME DEFENSE](#), [SHELTER](#), [SURVIVAL](#) Tagged: [BUILD YOUR OWN UNDERGROUND BUNKER](#), [BUNKER DESIGN](#), [EMP](#), [FOOD](#), [LIGHT](#), [PREPPER](#), [STPRAGE FOOD](#), [WATER](#)

# Do It Yourself (DIY) Magnetic Power Generator – Generate Electricity At Home

Posted on MAY 14, 2014 Written by [BILL CASHEY](#) [LEAVE A COMMENT](#)



If you want to lower your utility bills and make your home more energy efficient you can if you build a magnetic power generator. You can drop or completely eliminate your energy bills if you build a large enough generator that puts out the power you need.

By building a magnetic power generator at home, you will destroy those energy bills. Many people are able to stop paying utility bills for good because their generators supply all the energy they need. As long as many of us have been alive we've been tied to the petroleum market but today technology has finally made big enough strides to help us fight back. The use of this magnetic generator is one of the most effective ways for us to reduce our dependence on the big energy corporations.



**Stuned Preppers Rushed To Get  
This Energy Breakthrough**

**CLICK TO WATCH VIDEO**

It's crucial when you try to use a renewable energy source whether it's magnetic, solar, wind or hydro that you also try to use less energy. Your energy alternate energy source will be far more effective if your energy use is efficient.

Changing to compact florescent light bulbs, and turning off entertainment electronics instead of allowing them to remain on standby are good ways to start conserving energy. Electronics on standby can may between ten and fifteen percent of your monthly energy consumption. Other great ways to reduce energy consumption are by using air conditioning less or at least raising the temperature on your thermostat so that the machine uses less energy and hanging clothes dry rather than using an energy guzzling tumble dryer.

Now that you've started conserving energy you can build your magnetic power generator and provide all of the energy your home needs or at least a portion of it.

If a series of magnets around the outside of a wheel the opposing forces of the north and south poles of the magnets will force the wheel to rotate, this is the driving principle in a permanent magnet generator.

If you then connect that spinning wheel to a DC generator the motion energy of the wheel can be transfered into the mechanical energy in the motor and then into electrical energy. The electricity you have produced can then be sent to a battery for storage until it is needed to run an item in your home. Learn how to build a magnetic generator today and start saving money on your electrical expenses.



how to build a magnetic generator

SOURCE : [greenearth4energy.com](http://greenearth4energy.com)

Filed Under: [DIY](#), [SELF-SUFFICIENCY](#) Tagged: [CHEAP OPTION](#), [DIY](#), [ELECTRIC GENERATOR](#), [ENERGY SOURCES](#), [FREE ENERGY](#), [MAGNETIC POWER GENERATOR](#)

# Home Made Energy | DIY Energy

Posted on APRIL 11, 2014 Written by [FORTRESS KEEPER](#) [1 COMMENT](#)



Energy is a necessity of life. Most of us desire and need energy for day-to-day living to wash, clean, and even to see clearly in our homes after sunset.

In this age of advance technology, we believe we need energy to power appliances, and devices such as computers, recording devices, and radios.

We purchase the energy we need from power companies, [but some homeowners turn to home-made energy](#). But what exactly is home-made energy?

There are very few people who say no to energy. There are no massive campaigns to opt for candles or flashlights. No news flashes to wash clothes with stones or washboards. We love energy and we are not looking to stop using it. But energy is found to be an expensive commodity and we are interested in cost savings.

Over the years, the cost of energy has risen and continues to rise. The cost to heat and cool homes can be back breaking. Instead, homeowners are looking to use energy more efficiently and to save on energy costs.

But with home-made energy, it is possible to reduce energy costs, some say as much as 100%. Home-made energy eliminates the reliance on power companies to source electricity to the home and allows for the more cost efficient usage of natural energy in its place. This alternative energy source is solar power.





Solar panels are the most popular home-made energy product. These green products can be purchased or the homeowner can construct for their own usage following DIY instructions or with kits. Most require very little technical ability.

Tools and supplies are inexpensive and can commonly be found in local home improvement stores. Everything needed should be obtain for less than \$200. However, purchasing a complete solar panel system at a retailer can get very expensive, as much as thousands.

Solar panels can be installed or [purchased for any size home](#) and can be used to power a variety of devices in the home. Panels can be used to heat and cool homes, heat swimming pools, power gates, for water heater tanks, and more.

For home-made energy, a solar battery will be needed. Usually a standard sized rechargeable solar batter is enough to meet the needs of most homes. Opt for a 12 volt lead or acid, deep cell battery.

These are usually best for the purpose of home-made energy and can withstand frequent use. Just as in the case of the solar panels, the solar battery can also be built by homeowners. Due to the necessity of it being encased in a box, it is a safe device to have in the home with children or pets.

A DC volt meter will be needed to monitor the voltage. You will also need a DC input module in order to convert the energy from the batter to power in the form of usable electricity. You can use this to power any device that requires DC power. If you want to power appliances that use AC electricity, you will need to purchase an inverter as well.

To construct a solar battery, homeowners can find DIY instructions online to guide them through the process. Extensive technical ability is not easy and the project is inexpensive and easy to complete. Using these devices will give homeowners a leg up on home-made energy and a pathway to increased energy savings.



## 1. Why You Absolutely Need Renewable Energy at Home

The reasons why you absolutely need renewable energy at home... When you consider the environmental effects of energy generation based on coal and gas it is hard to escape the reality of their contribution to pollution.

## 2. 7 Things You May Not Know About Solar Energy

[Do you know everything about solar energy?](#) Here are 7 things you might not know: 1] In times of great strain on energy resources from non renewable coal and gas fired power plants, it is great

to know there is one supply source that we can all access, will never run out and is free! Yes it's the sun!

### 3. How to Make Your House into a Green Home

To save more money from your bills, you have to know about how to make your house into a green home. Nowadays, it is ideal to make your home green. This will not only help you save more money but it can also make your lifestyle healthier.

### 4. Why You Should Consider Integrating Your Energy Systems

Things like powering lights, running your computer, and heating water for the shower/bath all use a huge amount of energy and electricity. You may want to consider integrating your energy systems.

### 5. What is Renewable Energy?

It is not only you who want to know what is renewable energy. Nowadays, a lot of people are looking for means to save more money and the option they have is to make use of alternative energy.

### 6. What Renewable Energy System is Right For You?

The decision about renewable energy as a supplement to your current source of power or as a complete replacement towards self sufficiency is at least a step in the right direction – away from the emission producing fossil fuel plants.

### 7. Why You Should Install a Wind Powered Generator

The most telling fact about energy is that non renewable sources will continue to force your utility costs up and expose you to times of outage when demand outstrips capacity.

### 8. 10 Reasons Why You Should Go Solar Today

There are so many reasons why you should go solar today.... Here are 10: 1] Non renewable sources of energy are fast running out, becoming more and more expensive to find and distribute, and most of all produce lasting negative effects on the health of the planet.

### 9. How to Utilize Solar Power in Your Home

Before heaters, heat pumps, and air conditioning units were invented, homes were designed to take advantage of the power of the sun.

### 10. Easy Ways to Stop Wasting Electricity

A lot of people depend on electricity, including business, household use, and many more. We use electricity so much that our electricity bill goes up drastically. Having said this, it is best to know some easy ways to stop wasting electricity.

### 11. Energy from the Phone – What You Need to Know About It

Most of us do not realize that the phone lines that allow our landline phones to function also [provide a free source of energy.](#)

### 12. How Much Money Can Home Made Energy Save You?

Home-made energy is alternate energy sources that reduce or eliminate dependency on traditional energy sources. They also are environmentally friendly and do not contain by-product toxins to pollute and contaminate the air as does traditional energy sources.

13. What is Home Made Energy?

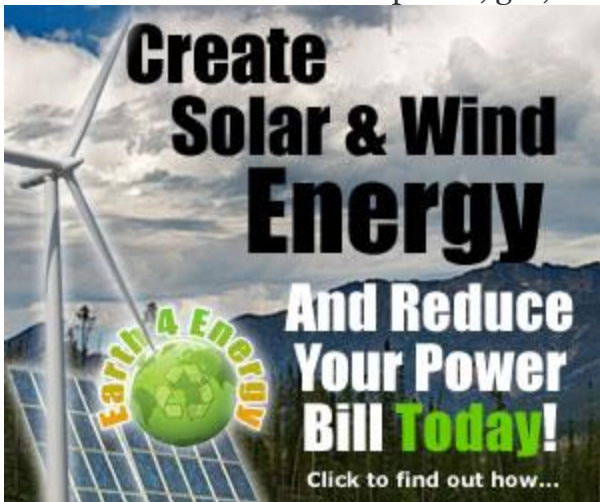
Home-made energy is alternate energy sources that reduce or eliminate dependency on traditional energy sources. They also are environmentally friendly and do not contain by-product toxins to pollute and contaminate the air.

14. Learn to Generate Your Own Electricity

Although it may take research time, you can learn to generate your own electricity and become independent of the major power companies in order to supply your home or business with power.

15. Living Off Grid

As you might already know, living off-grid seems the in-thing for many homeowners seeking to reduce on their bills – power, gas, and water.



Filed Under: [DIY](#), [PREPPING](#) Tagged: [DIY ENERGY](#), [HOME MADE ENERGY](#), [PURCHASED FOR ANY SIZE HOME](#)

# Endless Food Systems: Fish-Powered Aquaponic Gardens

Posted on DECEMBER 26, 2013 Written by [NATIONALGEOGRAPHIC.COM](#) [LEAVE A COMMENT](#)



# Endless Food Systems: Fish-Powered Aquaponic Gardens

*On the third season of Doomsday Preppers, we follow Chad Hudspeth as he builds an underground escape tunnel. And while the 140-foot pipeline may be one of his biggest preps, it's certainly not his only one. Brooklyn Bagwell recently caught up with Chad at the Self-Reliance and Preparedness Expo in Prescott Valley, Arizona, where he was offering a line of aquaponics products from his company, Endless Food Systems. We asked Chad to tell us a little about aquaponics and why it is such a crucial prep to have. [\[Read more...\]](#)*

Filed Under: [DIY](#), [GARDENING](#), [YOU SHOULD KNOW](#) Tagged: [AQUAPONIC](#), [ENDLESS FOOD SYSTEMS: FISH-POWERED](#)  
[AQUAPONIC GARDENS](#), [GARDENS POWERED](#)

# Build A Rocket Stove, Step-By-Step

Posted on NOVEMBER 16, 2013 Written by [P HENRY](#) [LEAVE A COMMENT](#)

One common concern for prepping is how you will be able to heat up and cook any [food](#) if you don't have the nice stainless steel range to cook on? You might have a freezer full of the best steaks but they are awful *tough eatin* (yes that is the correct spelling) if they aren't cooked to a nice medium rare at a minimum. A great Prep to either have or know how to make is a Rocket Stove.

Rocket Stoves were developed by a man named Sam Baldwin back in the early 80's. What makes them so great is that the Rocket Stove concept achieves efficient combustion of whatever you are burning (normally small pieces of wood) at a really high temperature. It can do this because the unique design of the Rocket Stove allows a good air draft into the fire and this ensures you have a near complete combustion of the fuel and associated gases. Because of its simple yet ingenious design, it has been used for [cooking](#) purposes in many third-world locales (notably Rwandan refugee camps) as well as for space and [water](#) heating.

LDSPrepper has taken this idea and a [\[Read more...\]](#)

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## DIY Survival Food

*Posted on* **NOVEMBER 13, 2013** *Written by* [SOOMAN](#) [LEAVE A COMMENT](#)

# Make your own survival food for the trail or the bugout bag

Commercial survival food — like MREs and freeze-dried food — is a nice option, but it can be expensive. Today we'll take a quick look at a fast, easy, cheap and delicious recipe for do-it-yourselfers. This recipe resembles a shortbread, so it's delicious even to the kids, but with more fiber, protein, and complex carbs, it's much more nutritionally balanced.

## Qualities of good survival food

- Dense — you want to carry lots of calories in a small package
- Tasty — if you're going to eat the same thing every meal, it had better be good
- Durable — you need something that stores well. This recipe contains no preservatives, but you can give it a long shelf life by dehydrating it completely, like hard tack. That will make it hard to eat, but at least you won't starve. **Note: The high fat content of this food makes it harder to store. Refrigerate until needed.**
- Easily reproduced — sure, you can buy survival food now, but what if you have no choice but to make it someday? This recipe is cheap and easy. Just watch the video. [\[Read more...\]](#)

*Filed Under:* [DIY](#) *Tagged:* [BUGOUT BAG](#), [FEATURED](#), [SURVIVAL FOOD](#), [TRAIL MIX](#)



# DIY Preparedness: The 5 Minute Tin Olive Oil Lamp

Posted on **NOVEMBER 5, 2013** Written by [SURVIVAL SHERPA](#) [LEAVE A COMMENT](#)

Got a minute or 5? Last night I made an emergency lamp out of a breath mint tin, wick, and olive oil... in 4:41 minutes. It will probably take you less time but I'm slow.

I love to re-think and re-purpose common items we usually throw in the landfill. I build my signature "outhouse" birdhouse out of old barn wood and used pallets. I'll have to post a DIY article on that soon. Back to today's quick DIY adventure.

An easy project is this oil lamp. You can use any container you like. I chose a breath mint tin since I have a large collection of them from each school year. I always hated teachers bending down at my desk and breathing horrid, putrid breath on me. So I eat lots of mints teaching. I also like the tins with lids so I can throw one in my bag for wilderness trips. Just render some animal fat for fuel and you've got a long-lasting source of light. It creates great ambiance after the meat has been cooked over the open fire and the flies around the campfire begin to fly. Whatever!

Here's how I made mine. You'll probably make one that beats mine like a drum. Please share if you do. [\[Read more...\]](#)

Filed Under: [DIY](#) Tagged: [BREATH MINT TIN](#), [DIY](#), [DIY PREPAREDNESS](#), [OLIVE OIL LAMP](#)

# 13 HOMEMADE TOOTHPASTE RECIPES

Posted on **OCTOBER 10, 2013** Written by [KEN JORGUSTIN](#) [LEAVE A COMMENT](#)

Why make your own homemade toothpaste?

It saves money, gives you a feeling of self-sufficiency and accomplishment, and allows you to leave out all the potentially harmful ingredients.

Here's how-to... The list of ingredients in commercial toothpastes is a little frightening, to say the least. On the labels of many mainstream brands, you're likely to find one or more of the following ingredients: [\[Read more...\]](#)

Filed Under: [DIY](#), [PREPPING](#) Tagged: [HOMEMADE ~ TOOTHPASTE ~ RECIPES](#)

# DIY: Antiseptic Ointment

Posted on **SEPTEMBER 30, 2013** Written by [RED O BRYANT](#) [LEAVE A COMMENT](#)



For treating minor cuts, scrapes, abrasions and whatnot, most people will reach for the Neosporin or some other antiseptic ointments.

These are great items to keep in your first aid kit, but hold on just a second before you rush out the the pharmacy to stock up on these...

Did you know that instead of wasting \$5 to \$10 on ointment, you can make your own DIY antiseptic from scratch?

This homemade antiseptic ointment is packed with germ-killing properties that will help treat those everyday minor cuts, scrapes, and abrasions you might have, and best of all, it's really easy to make. [\[Read more...\]](#)

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